

**SPORT IN THE ARMED FORCES
A FACTOR OF SOCIO-CULTURAL INTEGRATION OF THE
SOCIETY IN A COUNTRY WITH BAD TECHNOLOGICAL CONDITIONS**

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The sharpness of the tragedy in Tchernobyl nuclear station remains the past. The present complex economical and ecological situation in Ukraine and our concerns about our bread reminded to us about the events in 1981. Nevertheless, the consequences of the tragedy are continuing to influence our soldiers - sportsmen and people living in these conditions.

The World Health Organisation every year is representing a statistic report of the diseases and the reasons of the death casualties around the world. For a long time the heart diseases were predominating and in the present time the cancer disease are predominating.

In the first two years after the collapse in Tchernobyl in the main military hospital of the Ministry of Defence of Ukraine were hospitalised 1,5 thousand soldiers.

In this hospital were tested about 300 sportsmen of different radionuclear and chemical elements of the table of Mendeleev.

The whole table of the chemical elements we find in the human organism of the sportsmen.. There were tested swimmers, boxers, weight lifters, cyclists and other sportsmen.

Those sportsmen were sent to sanatorium of the Ministry of Defence, which has mineral water supply. After they had come back, they were tested again. Our assumptions were confirmed. The content of radionuclear and chemical elements from the table of Mendeleev were smaller to 25% - 30%. My advice is to drink more mineral water. This method is the most effective and natural one.

In addition we implemented some other methods
