



CISM

Friendship through Sport

INTERNATIONAL MILITARY SPORTS
COUNCIL

CONSEIL INTERNATIONAL DU SPORT
MILITAIRE

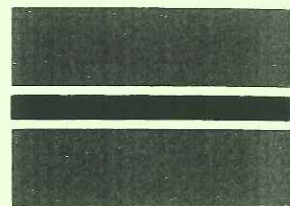
CISM 2000 INTERNATIONAL SCIENTIFIC SYMPOSIUM



GABORONE, BOTSWANA, 23-27 OCTOBER



On "Physical Education
in the Armed Forces"



GABORONE, BOTSWANA, 23-27 OCTOBER

Part 1

Opening Speech
Programme

Symposium – Director

OPENING ADDRESS

Mr. Johnson, Chairman of the Botswana National Sports Council,
General Masire, Deputy Commander of the Botswana Defence Force,
Colonel Kalkaba, Vicepresident for Africa of CISM,
Ladies and gentlemen,
Dear friends of CISM,

It is a great pleasure and honour to me, to welcome you to this important International Symposium of CISM – the first one in the new millenium.

After the successful conclusion of a comprehensive symposia programme in the nineties the **Permanent Commission for Sport** is starting a new series of international symposia. It is the explained intention of the commission to bring these events to other continents than to organize them only in Europe, as it was done in the past.

We are proud to have the first International CISM Symposium of the new millenium in the continent of Africa. Therefore we are very grateful to the Botswana Defence Force for hosting this event in Gaborone. I'm sure that the results and the conclusion of this symposium will have a positive influence on the development of sport and physical education in the whole Southern African region.

Ladies and gentlemen,
for the last few years we have noticed a growing interest in our symposia programme that has to be seen in context to the successful development of CISM and its primary goal to establish permanent relations in the fields of sport and physical education among the Armed Forces of the world.

The number of delegates attending our Symposium here in Gaborone exceeds by far our expectations: more than 80 participants out of 30 nations.

This indicates in my opinion, that the Permanent Commission for Sport is on the right way in offering such events like international symposia or clinics. It gives scientists and other experts of the Armed Forces of the member countries a platform to present their scientific studies and research results to an international forum of delegates and to exchange information about doctrines and the organization of sport and physical education in the Armed Forces, the regulation of procedure, the role of Sports Schools and Sports Centers a.s.o.

Ladies and gentlemen,
the development of a soldier's physical fitness is an indispensable component of military training. About the necessity of a soldier's high physical fitness there exists an agreement among the experts all over the world. But the ways to reach this goal, the applied means and methods are quite different from country to country.

The main aim of this symposium is therefore to offer the participants the opportunity to get to know and to study different approaches to physical education in the Armed Forces.

Ladies and gentlemen,

the International Military Sports Council is organizing this international Symposium in close cooperation with the Botswana Delegation to CISM.

My congratulation goes to the Botswana Defence Force who has played since its adhesion to our world wide movement in 1984 a leading role in the promotion of sports within the military in a spirit of mutual understanding and according to CISM's motto: „friendship through sport“.

Consequently I'm very happy being able to say – at the beginning of this symposium – that the local organizing committee, that all personnel who has taken part in the preparation of this event has done an excellent job up now - and I'm sure they will continue till the end of this week.

Many thanks for your outstanding work. I'm very convinced that this symposium will end with a big success.

Thank you

PROGRAMME
CISM INTERNATIONAL SCIENTIFIC SYMPOSIUM (BOTSWANA) 23-27 OCTOBER 2000

SERIAL NO	DAY/DATE a	TIME b	ACTIVITY/LECTURES c	COUNTRY AND LECTURER d	REMARKS e
1	<i>Monday</i> 23 October	07:00-08:00	<u>BREAKFAST</u>	-	-
2	23 October	08:30-09:15	Opening Ceremony	Mr. T.W.Johnson Reg. Dir Hans Neisberger	Dress: Civilians: Formal Military: No.2
3	23 October	09:15-10:00	Reception and Press Conference	-	-
4	23 October	10:00-10:30	<u>Lecture 1</u> "The Level of Participation as an Indicator of the Health Status of a Nation"	Dr. M.M.Mokgwathi (Botswana)	
5	23 October	10:30-11:00	<u>Lecture 2</u> "Sports as Medicine"	Lt. Col. P. Jenoure (Switzerland)	
6	23 October	11:00-11:30	<u>Lecture 3</u> "Physical Education in Armed Forces: Physical Fitness"	Dr. Ben Kalui (Botswana)	
7	23 October	11:30-12:00	<u>Lecture 4</u> "The Difference Between the Military Sport and Sport in the Army"	Sen. Col. Depei Liu (P.R. China)	
8	23 October	12:00-14:00	<u>LUNCH</u>		
9	23 October	14:00-14:30	<u>Lecture 5</u> "Definition: Sport, Sport for All, Military Sport"	Lt Leo Oasi Itor (Cameroon)	Dress: Civilian
10	23 October	14:30-15:00	<u>Lecture 6</u> "Physical Education in the Armed Forces"	Col (Retd) Bonev (Bulgaria)	
11	23 October	15:00-16:00	<u>BNPC Presentation</u>		

12	23 October	16:00-17:30	Visit to FTE Animal's Awareness Park		Dress: Civilian
13	23 October	1900- 2100	Opening Dinner		Dress: Jacket and Tie

14	Tuesday 24 October	07:00-08:00	BREAKFAST		
15			Topic 1: PHYSICAL TRAINING, SPORT AND RECREATION		
16	24 October	09:00-0930	Lecture 1 "The Integrated Physical Training, Sport and Recreation Concept"	Col. R.P.G. Opperman (South Africa)	
17	24 October	09:30-10:30	Lecture 2 & 3 "Physical Training, Sport and Recreation" 1) A Case Study on the Application of an Integrated Sport for All Model. 2) A Case Study On Involvement of a Military Top Structure in PTSR.	Brig. Albert Jansen (South Africa)	
18	24 October	10:30-11:00	COFFEE BREAK		
19	24 October	11:00-11:30	Lecture 4 "Physical Training, Sports and Recreation in Botswana Defence Force".	Maj. M.C. Mophuting (Botswana)	
20	24 October	11:30-12:00	Lecture 5 "Sport, Sport for All, Military Sport"	Maj. C.T. Polisa (Lesotho)	
21	24 October	12:00-14:00	LUNCH		
22	24 October	14:00-14:30	Lecture 6 "Policy For Fitness Training"	WOII I. Gumbo (Zimbabwe)	
23	24 October	14:30-15:00	Lecture 7 "Development in Physical Education and Training in the Irish Defence forces."	Capt. Harry O' Connor (Ireland)	
24	24 October	15:00-15:30	COFFEE BREAK		
25	24 October	15:30-16:00	Lecture 8 "Organisation et Restructuration du Sport Militaire en France"	Commandant Eric Paineaud (France)	
26	24 October	16:00-16:30	Lecture 9 "Strategy for Positive Fitness".	Capt. Bruno Welter (Belgium)	

27	<i>Wednesday</i>	0700- 08:00	<u>BREAKFAST</u>		
28	25 October		Topic 2 : PHYSICAL FITNESS		
29	25 October	09:00-09:30	<u>Lecture 1</u> "Development and Implementation of Physical Fitness Standards for Canadian Forces Personnel"	Mrs Sue Jaenen (Canada)	
30	25 October	09:30-10:00	<u>Lecture 2</u> "Physical Fitness in the United States Navy"	Lt. Julie Althoff (USA)	
31	25 October	10:00-10:30	<u>Lecture 3</u> "Battle Focused Physical Training - A Career Long Commitment"	Col. Jeanne M. Picariello (USA)	
32	25 October	10:30-11:00	COFFE BREAK		
33	25 October	11:00-11:30	<u>Lecture 4</u> "The Norwegian Injury Prevention Programme."	Dr. Trond Heir (Norway)	
34	25 October	11:30-12:00	<u>Lecture 5</u> "Physical Training Behavior in French Military Population and the New Physical Evaluation in the Army Recruiting Centres"	Médecin en Chef Francis Huet (France)	
35	25 October	12:00-14:00	LUNCH		
36	25 October	14:00-14:30	<u>Lecture 6</u> "Role of Physical Fitness on Health"	Capt. Dr. M. Butale (Botswana)	
37	25 October	14:30-15:00	<u>Lecture 7</u> "The Influence of Temperature on Physical Fitness"	Lt. M. Mashiane (South Africa)	
38	25 October	15:00-1530	COFFE BREAK		
39	25 October	15:30-16:30	<u>Lecture 8</u> "Health Aspects on Physical Fitness"	Supint Mbaku Clifford Tikum (Cameroon)	
40	25 October	16:00-16:30	<u>Lecture 9</u> "Negative and Positive Effects of Training on Human Health"	Major Dr. SMT Mudambo (Zimbabwe)	
41	25 October	19:00-21:00	DINNER		

42	Thursday 26 October	07:00-08:00	<u>BREAKFAST</u>		
43	26 October	09:00-09:30	<u>Lecture 10</u> "High Relationship between Verification of Movement Abilities and Quality Exercise Training Planning"	Major Maks Zitko (Slovenia)	
44	26 October	09:30-10:00	<u>Lecture 11</u> "Calculations of Differences in Heart Rate Frequencies on 4 Equations"	Dr. Damir Karpjuk (Slovenia)	
45	26 October	10:00-10:30	<u>Lecture 12</u> "The Need for Military Fitness in Fitness-Renodelling"	Commandant Ronald Nijs(Belgium)	
46	26 October	10:30-11:00	<u>COFFEE BREAK</u>		
47	26 October	11:00-11:30	<u>Lecture 13</u> "Combat Sports most willingly practiced by Cadets and Prisons"	Col R.M. Kalina (Poland)	
48	26 October	11:30- 12:00	<u>Lecture 14</u> "Conference Sur La Formation Physique Au Sein De L'Armee Libanaise "	General Soulieman Bou Rizk (Lebanon) (Commandant de la Dixieme Brigade)	
49	26 October	12:00-14:00	<u>LUNCH</u>		
50	26 October	14:00-14:30	Topic 3 : EDUCATION AND TRAINING OF PE/PT OFFICERS AND NCO's <u>Lecture 1</u> "The Red Line "	Capt B. Bergsten (Denmark)	
51	26 October	14:30-15:00	<u>Lecture 2</u> "Physical Education and Sport Organisation"	Col. Peter Rommelse(Netherlands)	
52	26 October	15:00-1530	<u>COFFEE BREAK</u>		
53	26 October	15:30-16:30	Closing Session and Conclusion		
54	26 October	16:30-17:00	Closing Ceremony		

55	<i>Friday</i> 27 October	06:00-06:30 07:00-12:30	<u>BREAKFAST</u> Cultural and Historical Tour (JWANENG DIAMOND MINE TOUR.)	<u>DRESS:</u> CIVILIAN CLOTHES NB: PLEASE WEAR CLOSED SHOES (COMPULSARY FOR MINE TOUR)	
56	27 October	19:00-22:00	Closing Banquet	<u>DRESS:</u> JACKET & TIE	<u>DRESS:</u> Jacket & Tie
57	<i>Saturday</i> 28 October	07:00-- 0800 08:00-17:00	<u>BREAKFAST</u> Departure of Delegates		