



Closing remarks

Reg. Dir. H. NEISBERGER (Germany),
Symposium Director.

Ladies and gentlemen,

It's a principle of CISM to give within a symposium the floor to the participants as often as possible and to listen to them.

We did so - three long days we listened to 25 lectures. Our local organizing committee has composed a dense full-day-programme.

The great number of lecturers shows the need of giving people who are concerned with sports science the opportunity to introduce their elaborations to a public of experts, to discuss the results of their studies, to hear other arguments, to compare them with the own point of view.

I was surprised and pleased about the advanced level of contributions given by highly competent lecturers.

The aim of this symposium was, to study the present and future collaboration between physical education instructors, sports coaches and the sports medical team. Now I can declare we have reached our aim - although plenty of questions have to be put.

It is a characteristic of scientific research that behind an answer we found - ten new questions will emerge.

In a symposium like ours in Warsaw we can only do a first step - to give scientists, researchers, teachers the opportunity to inform their audience about their studies and results.

It is normally not enough time to discuss these subjects intensively.

So often the lecturers don't get an adequate feedback - and they are perhaps a little disappointed.

On the other hand is it for audience hardly possible to put more than one or two questions.

So the deeper sense of our symposium can only be to give a stimulation to the participants - lecturers and audience.

The second step must the participants make themselves.

How does this work ? The key word is : communication !



Everybody here in the auditorium who is really interested in a lectured subject had and has still the opportunity of communicating with the lecturer - to discuss problems, to change arguments.

Friendship through sport means in our opinion : communication - perhaps exchange of documents - not only in these 4 days of the symposium - but in the following weeks, months - perhaps years.

Have you got the address of some lecturers ? Did you discuss with them in the coffee-break ?
Did you probably arrange a new meeting with them ?

Everybody should ask himself !

You can write, phone, fax, send a diskette for the personal computer. We live in the century of communication. Use the technic to get and to give information !

So - if you will make this second step - then we have not only reached the aim of our symposium - then we had a great success - that promotes our intention for the future, to create a close relationship between the sports and sports medical scientists, the teachers, instructors and sports coaches of the member nations of CISM - according to the motto : "Friendship through Sport".

Let me end with the full thesis if

JUVENAL
OPTANDUM EST UT SIT
MENS SANA IN CORPORE SANO

That is to say, let us do the utmost in the field of education to bring into the healthy bodies of our soldiers and athletes a healthy spirit of sports and fair play.