



**GENERAL PROGRAM CISM SYMPOSIUM 2021  
& CISM BoD Meeting 2021/3**



Blue: Athens

Yellow: Ancient Olympia – Symposium

Green: Ancient Olympia - BoD meeting

Date	Time	Activity	Place	Dress
<b>Sunday 31.10.2021</b>	11 :50	Arrival of CISM HQ Staff - transportation to Ancient Olympia	Athens Airport to IOA Premises in Ancient Olympia	Casual
	Afternoon/ Evening	Lunch (depends on arrival time) Dinner	IOA Premises in Ancient Olympia	Casual
	All day	Arrival of BoD members & Science Commission members - Accommodation to Athens	Athens Airport to Hotel Grand Hyatt Athens	Casual
	Afternoon/ Evening	Lunch (depends on arrival time) Dinner (Specific time all participants simultaneously)	Grand Hyatt Athens	
<b>Monday 1.11.2021</b>	TBD	Preliminary Meeting (HQ – OC)	Meeting room in IOA Premises	Service Uniform
	08 :30 – 09 :00	Put luggages in the busses	Grand Hyatt Athens	Casual
	09 :00 – 12 :00	Cultural Day for BoD & Science Commission members	Athens	
	12 :30 – 14 :00	Lunch for HQ Staff	IOA Premises in Ancient Olympia	Casual
	12 :30 – 14 :00	Lunch for BoD & Science Commission members	Athens (TBD)	Casual
	14 :00 – 18 :00	Transportation to Ancient Olympia for BoD & Science Commission members	IOA Premises in Ancient Olympia	Casual
	19 :30 – 21 :30	Dinner for all		
<b>Tuesday 2.11.2021</b>	All day	Arrival of Symposium participants in Athens – Accommodation in Athens	Athens Airport to Grand Hyatt Athens	Casual
	Afternoon/ Evening	Lunch (depends on arrival time) Dinner for Symposium participants	Grand Hyatt Athens	
	TBD	SSC Meeting	Meeting room IOA Premises	Service Uniform
	09 :00 – 10 :00	Opening Ceremony for BoD Meeting	Pierre de Coubertin	Class A
	10 :00 – 11 :30	BoD Meeting - 1 <sup>st</sup> Session	IOA Premises in Ancient Olympia	Service Uniform
	11 :30 – 11 :45	Coffee Break		
	11 :45 – 13 :00	BoD Meeting - 1 <sup>st</sup> Session		
	13 :00 – 14 :30	Lunch for BoD Meeting participants		
	14 :30 – 16 :30	BoD Meeting - 2nd Session		
	16 :30 – 17 :00	Coffee Break		
17 :00 – 19 :00	BoD Meeting - 2nd Session			
20 :00 – 22 :00	Dinner for BoD Meeting participants			

Date	Time	Activity	Place	Dress	
<b>Wednesday 3.11.2021</b>	08 :30 – 09 :30	Put luggages on the buses	Grand Hyatt Athens	Casual	
	09 :00 – 12 :00	Symposium participants Cultural Day in Athens	Athens		
	09 :00 – 11 :00	Cultural Activity for BoD participants	Ancient Olympia Archaeological Site	Casual	
	11 :30 – 13 :30	BoD Meeting - 3 <sup>rd</sup> Session	IOA Premises	Service Uniform	
	13 :30 – 14 :30	Lunch for BoD Meeting participants			
	12 :30 – 14 :00	Lunch for Symposium participants	Athens (TBD)	Casual	
	14:00 – 18:30	Symposium participants transportation to Ancient Olympia	IOA Premises		
	15 :00 – 16 :15	BoD Meeting - 3 <sup>rd</sup> Session	IOA Premises	Service Uniform	
	16 :30 – 17 :00	Gift exchange & Closing Ceremony for BoD Meeting			
	18 :00 – 19 :00	Symposium Press Conference	TBD	Class A Uniform	
	20 :00 – 21 :30	Dinner for all	IOA Premises	Casual	
	<b>Thursday 4.11.2021</b>	08 :30 – 09 :30	Symposium Registration	IOA premises in Ancient Olympia	Service Uniform
09 :30 – 10 :00		Symposium Opening Session			
		<u>Topic day 1</u> From Ancient Olympia to Modern Times: <u>The History of military sports</u>			
10 :00 – 11 :00		<u>1<sup>st</sup> session:</u> The History of Military Sports			
11:00 – 11:20		<u>CISM Lecture</u> “The Route of Truce”			
12:00 – 13:15		<u>2<sup>nd</sup> session:</u> Sports as an aspect of military life through the ages Warrior Fitness through the ages			
13:30 – 15:00		Lunch for all			
15:00 – 19:00		Departure to Athens for BoD members not participating to Symposium	IOA Premises to Athens	Casual	
15:00 – 16 :30		Coffee time Symposium	IOA premises in Ancient Olympia	Service Uniform	
16 :30 – 17 :30		<u>3<sup>rd</sup> Session:</u> Warrior fitness through the ages			
17 :30 – 18 :00		<u>Invited Lecture</u> “Gymnastics as a means of promoting the national morale and military ability of modern Greeks inside & outside Greece until 1922: The case of Macedonia and Thrace			
19:00 – 20:00		Symposium Opening Ceremony			Uniform Class A
20:00 – 20:30		Welcome Drink			
20:30 – 22:30		Official Dinner			

Date	Time	Activity	Place	Dress
Friday 5.11.2021		<u>Topic day 2</u> "Sport Science Behind Lines: Preparing the Soldier – Caring for the Veteran"	IOA Premises	Service Uniform
	08:30 – 11:15	<u>1<sup>st</sup> &amp; 2<sup>nd</sup> session:</u> Operational Fitness		
	11:15 – 11:45	<u>3<sup>rd</sup> session:</u> Basic Science		
	11:45 – 12:15	<u>4<sup>th</sup> session:</u> Basic Science – Thermal stress		
	12:15 – 13:30	<u>5<sup>th</sup> session:</u> Preparing the soldier for battle in adverse environmental conditions		
	13:30 – 15:00	Lunch for all		
	15:00 – 16:00	Coffee – Rest – Change outfit		
	16:00 – 16:30	Lecture "The Route of Truce – Bridging the ancient and modern"		
	17:00 – 18:30	Fun Run "Kleosthenis Route of Truce"		
	20:00 – 22:00	Greek food Festival		Casual
Saturday 6.11.2021		<u>Topic day 3</u> <i>"Military Sport Events Management: Social and Political Aspects"</i>	IOA Premises	Service Uniform
	08:30 – 10:30	<u>1<sup>st</sup> session:</u> Military Sports		
	10:30 – 11:30	<u>2<sup>nd</sup> session:</u> Safeguarding from violence and abuse in sport Preparation Sports and the Veteran		
	11:30 – 13:30	Cultural Day - Archaeological site & Museum	Ancient Olympia	Casual
	14:00 – 15:30	Lunch for all	IOA Premises	Service Uniform
	15:30 – 16:00	Coffee time		
	16 :00 – 17 :30	<u>3<sup>rd</sup> session</u> Sports and the Veteran		
	17 :30 – 18 :00	<u>Invited Lecture</u> "Invictus Games"		
	18 :00 – 18 :30	<u>Invited Lecture</u> "Revival of the modern Olympic Games"		
	19:00 – 20:30	Closing Ceremony		Uniform Class A
20:30 – 22:30	Closing Banquet	TBD		
Sunday 7.11.2021	TBD	Departures of the participants to Athens – Accommodation to Athens	Grand Hyatt Athens	Casual
Monday 8.11.2021	All day	Departures of the participants (only from Athens)	Athens International Airport	Casual

\* Class A Uniform (long sleeves) required to the lecturers/presenters.