

„... to be the spirit and the representative of sports within all the armed forces of the world.“

„... explain, promote, stimulate and spread its vision and philosophy in the largest possible way towards the armed forces of the world, in order to favour, encourage and develop sports, from the daily sportsman up to the worldclass athlete.“

(Mission statement of CISM)

Introduction

Sport in its widest sense has been influenced in a decisive way by the military and conversaly has in many ways influenced the military, especially with regard to training. This interaction has reached hitherto unknown proportions.

Significant political and/or economical changes in many countries all over the world are the reason why many armed forces now undergo reorganizations, which includes a restructuring of their training systems, including sport and physical training (education).

Consistant attempts to achieve optimal solutions will call for valid theoretical concepts that meet the demands set by many criteria and for methodological abilities to put these concepts into practice..

In this context the understanding of sport as part of the whole training regime will play an eminent role and will finally decide both, the future contribution of the military to the promotion of competitive sports as well as whether in the normal training process a direct mediatorship of sport (physical training) is emphasized or sport is seen as a field of education in its own right, which mainly is a goal in itself and which leads to better bodily fitness for general military training as a spin-off.

The prevailing period of restructuration/reformation together with the 50th anniversary of CISM seem to be a suitable occasion to approach the great social phenomenon *sport* of today from various, not very common points of view.