



International Military Sports Council

Sports Committee CYCLING

Rules and Regulations

English Edition 2020

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Chapter I: General

1.1 UCI

The CISM Cycling events (e.g. Championship, World Games, etc.) takes place in accordance with the rules and regulations of the International Cycling Federation (UCI). Exceptions will be applicable when stated in these CISM Sports Committee Cycling (CSC Cyc) Regulations.

Other exceptions will be permitted in coordination with the PCSC. All participants will be made aware of the changes during the technical briefing. A communiqué can also be used, as well as specific rules and regulations for the event.

(text modified on 01.01.20)

1.2 Organizing Country and Organization

The aim is to organize a cycling championship each year in at least one discipline.

The organization can be purely military. However, it is suggested to approach civilian organizers to assist organizing the Championship(s). Civilian organizers can indeed facilitate the organization of the race.

The organizing country is asked to contact the President CSC Cyc (PCSC) to discuss all information concerning the race. This includes technical aspects (e.g. track and distances) as well as logistical aspects (e.g. lodging and transportation athletes). If necessary a visit of the PCSC and members of the CSC will be organized.

It is advised to develop the event in cooperation with the respective national federation.

In order to keep an overview of the actions, a brief check list is provided at Annex A.

1.3 The CISM Cycling event

1.3.1 Series

The organizing country decides which disciplines they want to organize. All combinations of disciplines and sub disciplines are allowed at the discretion of the organizing country. These combinations can be traditional (Road and TT or only Cyclo Cross) or they can be creative (e.g. Para cycling Road and MTB).

1.3.2 Titles of the CISM Cycling event

The events will have a consecutive number, independent of the disciplines organized.

1.4 Competitors

1.4.1 Participation criteria

All competitors need to be in possession of a license from their respective national cycling federation and need a military ID (as mentioned in CISM regulations). The names of the athletes will be confirmed at the license check which will be held during the technical meeting.

(text modified on 01.01.20)

1.4.2 Men participation

For participation in events on the CISM calendar, riders' Men categories are determined by the age of those competing as defined by the difference between the year of the event and the year of birth of the rider.

Elite

This category shall comprise riders aged 18 and above.

Masters

This category shall comprise riders of 35 years and above who elect this status. The choice of masters status shall not be open to a rider belonging to a team registered with the UCI.

(text modified on 01.01.20)

1.4.3 Women participation

CISM policy is to strongly encourage all nations that host a championship to include a women category (without any separation of categories).

(text modified on 01.01.20)

1.5 Classifications

1.5.1 General

All classifications will be based on time.

1.5.2 Individual classification

Each event has a particular individual classification.

1.5.3 Team classification

- Men competitions: the time of the four (4) best riders per team will be taken in consideration for all disciplines. Teams with 3, 2 or 1 rider(s) will be placed by time after the teams with 4 riders at the finish in order to have a complete classification per nation. For all other disciplines of cycling the time of the three best riders will be taken into consideration for the team classification. When the time is equal, the teams will be ranked by the placing of their best rider in the individual classification.
- Women competitions: the time of the two (2) best riders per team will be taken in consideration for all disciplines. Teams with 1 rider at the finish will be placed by time after the teams with 2 riders at the finish in order to have a complete classification per nation. When the time is equal, the teams will be ranked by the placing of their best rider in the individual classification.

(text modified on 01.01.20)

1.6 Awards

1.6.1 Official medals

The organizing country will offer Individual medals, as well as team medals, according to the CISM Regulations.

1.6.2 Team awards

The top three (3) teams of each event (with a team classification) can be awarded with cups or other artistic awards.

1.6.3 Fair Play award

A fair play award can be given to anyone who is involved in the competition. The decision will be taken in consensus between the OCR (chairman), the PCSC or CSC member, the president of the Jury and a person appointed by the organizing Country.

(text modified on 01.01.20)

1.6.4 Award ceremony

Unless otherwise stated by the PCSC, riders shall appear at official ceremonies wearing competition clothing. First three riders shall appear at official ceremonies no later than 15 minutes after the arrival of the third rider, unless under exceptional circumstances.

(text modified on 01.01.20)

1.7 World Cycling Championship

1.7.1 Validity of a CISM World Cycling Championship

- Man competitions: A championship for men will be valid when a minimum of eight (8) competitors take part out of at least eight (8) different nations from (2) continents.
- Women competitions: A championship for ladies will be valid when a minimum of eight (8) competitors take part out of at least three (3) different nations.

(text modified on 01.01.20)

1.7.2 Jersey CISM World Cycling Championship

The organizing country who will held a CISM World Cycling Championship must provide a unique jersey for the winner of an individual race.

(text modified on 01.01.20)

1.8 Invitation – Registration – Participation

1.8.1 Invitation

At least six (6) months before the scheduled date of the event, the organizing country will send an official invitation to member nations, and if desired, to invited nations. The official invitation will be drafted according to the CISM Regulations.

(text modified on 01.01.20)

1.8.2 Composition of a mission

The composition of a mission includes per nation (team) at least a minimum of: 1 team director, 1 mechanic and 1 competitor. A coach and a masseur can be added to the mission. Full mission compositions are identified within the event specific regulations beginning with Chapter II.

1.9 Agenda of the competitions

The duration of competitions will be between five (5) and seven (7) days. The opening ceremony will, in principle, be organized on the second day. At the end of the event a closing

ceremony will be organized. A simple cultural moment can be foreseen at the discretion of the organizing country.

1.10 Anti-Doping Control

Each World Championship/World Games event will be subject to anti-doping tests. These tests will be in accordance with WADA rules and regulations as well as the CISM Regulations. As a rule, minimum four tests per competition will be organized (e.g. one after the Time Trial Men, one after Time Trial Women and two after Road Race men) stated by the CISM Anti-Doping Commission.

During other CISM events are anti-doping tests possible stated by the PCSC. As a rule, minimum two tests per competition will be organized (e.g. one after Road Race men and one after Road Race Women).

(text modified on 01.01.20)

Chapter II: Road

2.1 Road Races

2.1.1 General

The road race will be organized according to the UCI rules and regulations Part 2.

www.uci.org

All aspects of the competition will be discussed between the PCSC and the organizer. The topics to be discussed can be found at Annex A. If necessary a site visit will be organized.

2.1.2 Distance

A road race will be organized over a distance of ~125 Km for men elite and over a distance of ~75 Km for women and men masters. The distance can be covered using laps (e.g. 10 laps of 7,5 Km for a race for women athletes). The cycling track of a triathlon completion can also be used.

(text modified on 01.01.20)

2.1.3 Team Composition

Each team will be composed of a minimum of 1 rider. The maximum number of men riders per team is eight (8) and four (4) for women.

2.1.4 Photo finish

In order to exclude discussions or challenges after the race, a system of cameras will be used at the finish line.

2.1.5 Team cars

Team cars will be allowed in the race, except when otherwise agreed between the organizing country and the PCSC. If necessary, the organizing country will provide a team car per team, except when otherwise agreed between the organizing country and the PCSC.

The team car order will be defined by drawing of lots.

- Men Road Race: the drawing of lots will be organized in three (3) rounds:
 - 1. teams with 8 riders
 - 2. teams with 4 to 7 riders
 - 3. Teams with 1 to 3 riders
- Women Road race: the drawing of lots will be organized in two (2) rounds:
 - 1. teams with 4 riders
 - 2. teams with 1 to 3 riders

2.2 Individual Time Trial (ITT)

2.2.1 Distance

The distance will be at the discretion of the organizing country. Usually ~25 Km for men and ~15 Km for women is proposed for organizational purposes. Different laps can be used to cover the distance.

(text modified on 01.01.20)

2.2.2 Participants

Two riders maximum per nation can compete in the individual TT. These can be part of the Road race team or can be separately appointed by their respective nation.

2.2.3 Starting order

The order will be defined by drawing of lots per nation. The TT will be organized in two (2) waves using the same starting order per nation.

2.2.4 Warming up area

A warming up area of ~800 meters long will be foreseen near the starting area.

2.3 Team Time Trial (TTT)

2.3.1 Distance

The distance will be at the discretion of the organizing country. . Usually ~25 Km for men and ~15 Km for women is proposed for organizational purposes. Different laps can be used to cover the distance. For mixed relay the riders must cover ~25 Km (~70% by men and ~30% women).

(text modified on 01.01.20)

2.3.2 Team Composition

Minimum three (3) riders per team will be take the start and maximum six (6) will be allowed to take the start in the men category.

Minimum two (2) riders per team will be take the start and maximum four (4) will be allowed to take the start in the woman category.

For mixed relay events, the number of riders per gender is two men and one women.

In case a Road race is also organized, the riders may be selected from the Road race team.

(text modified on 01.01.20)

2.3.3 Starting Order

The order will be defined by drawing of lots per nation at the end of the Technical Meeting.

At the mixed relay, men start first and relay to their women teammate.

(text modified on 01.01.20)

2.3.4 Results

The time of the third (3th) place rider will count for the team result. Teams who arrive with 2 or 1 rider will be placed in the result list in that order, as the time of the second place rider will be taken into account. After that the individuals will be placed.

The overall finishing time during the mixed relay event will be taken on the female rider.

(text modified on 01.01.20)

2.3.5 Warming up area

A warming up area of about 800 meters long will be foreseen near the starting area.

Chapter III: Track

3.1 General

The track race will be organized according to the UCI rules and regulations Part 3.

www.uci.org

All aspects of the competition will be discussed between the PCSC and the organizer. The topics to be discussed can be found at Annex A. If necessary a site visit will be organized.

3.2 Disciplines of Track Races

The organizing country will propose the disciplines they would like to organize to the PCSC. The PCSC will discuss the proposal within the CSC.

3.3 Team composition

The team composition will depend on the disciplines proposed by the organizing country.

Chapter IV: Mountain Bike (MTB)

4.1 General

The organizing country can decide which discipline of MTB they want to organize (e.g. Cross Country or Marathon), according to the UCI rules and regulations Part 4.

www.uci.org

All aspects of the competition will be discussed between the PCSC and the organizer. The topics to be discussed can be found at Annex A. If necessary a site visit will be organized.

4.2 Team composition

Each team will consist of minimum 1 and maximum 6 riders. The same number is applicable to men or women competitions.

For mixed relay events, the number of riders per gender is two men and one women.

(text modified on 01.01.20)

4.3 Starting Order

The order will be defined by drawing of lots.

At the mixed relay, men start first, relay to his women teammate and relay to her men teammate.

(text modified on 01.01.20)

4.4 Duration

Cross-country Olympic - XCO

A XCO race will be organized over a duration (in hours and minutes from 1:15 to 1:30 for men Elite and over a duration from (in hours and minutes) 1:00 to 1:15 for women and men masters. It is recommended to race in laps (lap length from 4 Km to 6 Km).

Cross-country Marathon – XCM

The distances of the marathon are minimum 60 km to maximum 150 km for men elite and minimum 50 km to maximum 120 km for women and men masters.

Cross-country team relay: XCR (Team Relay)

The distance of the team relay will be three laps in total: each rider one lap.

(text modified on 01.01.20)

4.5 Results

The overall finishing time during the mixed relay event will be taken on the second men rider.

(text modified on 01.01.20)

Chapter V: Cyclo Cross (CC)

5.1 General

The Cyclo Cross event will be organized according to the UCI rules and regulations Part 5.

www.uci.org

All aspects of the competition will be discussed between the PCSC and the organizer. The topics to be discussed can be found at Annex A. If necessary a site visit will be organized.

5.2 Duration

In principle, the race will be organized over one (1) hour for the winner of the race.

5.3 Composition of the teams

Each team will have a minimum of one (1) rider and a maximum of four (4) riders.

5.4 Starting order

The starting order will be determined by drawing of lots. Each nation will choose its lane according to the draw.

Chapter VI: Para cycling

6.1 General

The Para cycling event will be organized according to the UCI rules and regulations Part 16.

www.uci.org

All aspects of the competition will be discussed between the PCSC and the organizer. The topics to be discussed can be found at Annex A. If necessary a site visit will be organized.

6.2 Disciplines of Para cycling

The organizing country will propose the disciplines they would like to organize to the PCSC. The PCSC will discuss the proposal within the CSC.

6.3 Team composition

The team composition will depend on the disciplines proposed by the organizing country.

6.4 Categories

The next categories (7) will be used during CISM Paracycling events. Each category will be separate for men and women (14 categories in total) :

- IRB1 (UCI C1-C3)
- IRB2 (UCI C4-C5)
- IRB3 (MFI/Open & physical impairment)
- IHB1 (UCI H1-H3)
- IHB2 (UCI H4-H5)
- IreB1 (Recumbent Bike)
- ITBI Tandem Bike (Visual Impairment requiring a pilot rider)

(text modified on 01.01.20)

Annex A: Brief check list for the Organizing Country

- Disciplines to organize and sub disciplines if applicable
- Date on CISM, UCI and National Federation calendar
- Invitation file (to be sent 6 months prior the event)
- Appoint key Personnel for Logistics and for national technical aspects of the race
- Contact National Federation & PCSC
- Determine key aspects in a technical/program guide for the race. This guide will cover all details of organization, and at minimum:
 - mention of the fact that the race will be run under UCI and CISM regulations;
 - where applicable, the local anti-doping legislation which will be applicable in addition to the CISM's anti-doping regulations;
 - the categories of riders;
 - the opening hours of the race headquarters;
 - the venue and time for the confirmation of starters and the distribution of identification numbers;
 - the venue and time of the sports directors' meeting;
 - the exact location of race headquarters, the testing station for anti-doping tests;
 - the frequency used for radio-tour;
 - the finishing time limits;
 - awards ceremony procedures;
 - prices and jersey (s) for the riders;
 - the procedures for applying the times recorded during team time trial stages to individual classifications;
 - the presence of the neutral support service via motorcycle, if any;
 - feeding points, if any, during time trial events or stages and the relevant procedures;
 - the criteria used to determine the starting order of a time trial event or prologue; the criteria shall determine the order of teams; each team shall determine the starting order of its riders.
 - a description of the course or the stages with profile (profile if necessary), distances, feeding points and, where applicable, circuits;
 - obstacles on the course (tunnels, rail road crossings, danger points, etc.);
 - a detailed route and the schedule anticipated;
 - intermediate sprints,
 - exact start and finish points;
 - the list of hospitals contacted by the organizer in order to receive any injured
 - VIP area
 - At least one VIP car in the Road Race
 - Opening and closing ceremony
 - Cultural moment, if applicable.....

(text modified on 01.01.20)