



CISM JUDO REGULATIONS

(2020)

Part 1: INTRODUCTION

THE INTERNATIONAL MILITARY SPORTS COUNCIL - CISM

The International Military Sports Council, known by its acronym "CISM", is an international sports association composed of the armed forces of member nations accepted by the General Assembly. CISM is open to the armed forces of all nations. The fundamental aim of CISM is to promote sport activity and physical education between armed forces as a means to foster world peace. This ideal is encapsulated in the CISM motto "FRIENDSHIP THROUGH SPORT".

Background

CISM was founded on 18 February 1948 in Nice, France. The five founding nations were Belgium, Denmark, France, Luxembourg, and the Netherlands.

In the aftermath of World War I, an American, General John Pershing, recognised the need to breakdown linguistic and cultural barriers and to promote friendship and morale among soldiers of Allied Forces. As a result, he established the Allied Forces Sports Council in 1919 and organised the first international military sport event, the Inter Allied Games, in France. These games involved 18 nations from five continents and 1500 athletes in 24 sports.

Following the Second World War, the Allied Forces Sports Council was revived and the second Inter Allied Games were held in 1946 in Berlin. Most notably, allies from Western

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and Eastern Europe competed in harmony. Unfortunately, because of political discord, the Allied Forces Sports Council was extinguished in 1947. However, the ideal was rekindled the following year with the founding of CISM and the rise of a global vision.

Scope and Activity

Since its founding in 1948 with five European nations, CISM has grown to over 140 member nations from Europe, Africa, Asia and South, Central and North Americas. In addition to many continental and regional championships, CISM organises over 22 World Championships annually and the Military World Games every four years with about 6,000 participants including Olympic Medallists and World Champions. CISM also provides clinics, technical and solidarity assistance to member nations.

Structure

The supreme authority of CISM is the General Assembly in which all member nations are represented. It approves statutory matters, strategic and annual operational plans and convenes once a year. The General Assembly elects a Board of Directors, which is the policy-making body headed by an elected President, the CISM President. It convenes at least twice a year. The General Secretariat, located in Brussels, is the permanent executive and administrative body.

Liaison Offices are established in Europe, Africa, Asia and the Americas to co-ordinate regional activities. Technical Committees are also established to manage, develop, and supervise the technical aspects for each sport.

CISM maintains close relationships with national, international sport federations and other international organisations such as the IOC.

This is the summary of the aims, structures and activities of the organisation, which is sponsoring the Judo championship.

It is important to be aware of the role you are expected to play in CISM either as an organiser or as a competitor. You represent the Armed Forces of your different countries and as such

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you are called upon to defend your colours. However, you are also member of a big family - CISM - whose motto is: "Friendship through Sport"

HISTORY OF CISM JUDO

More than 100 years ago, Jigoro KANO, a Japanese professor, combined several systems of self defence and created a new sport called Judo. In 1882, the first Judo contest took place and a new sport was born, which can be called a worldwide sports nowadays. Judo is known and practised in all five continents, and there about 40 millions people who train in this sport. The International Judo Federation (**IJF**) consists of 204 members countries (Africa – 54, Americas – 36, Asia – 42, Australia & Oceania – 21, Europe - 51) and the sport is still growing in popularity. In 1956, the first world championship was carried out. Since 1964, Judo has been counted as an Olympic discipline and in 1966 the first CISM championship took place, with the development of contest rules, the sport enabled efficient competitions based on the former self defence systems. The intensified contact between Japan and the western nations in matter of culture and economy together with the increasing physical activities supported the idea. KANO and his followers paved the way for Judo. Why should a combat sport like Judo which contains the determinations of acting, aggressiveness, fast reaction and physical fitness not be in the training program of all the armed forces? The systems of self defence, before Judo were a part of the combat techniques of the former warriors not only in Japan, but in the whole Far East, because these systems have their origins in China and India. The philosophic and ethic words of these systems for close combat were adopted by Judo. Therefore Judo is suited for the training of soldiers and its technical knowledge is also important for military use. The training of fighting spirit, physical endurance, courage, resoluteness, strength of mind also quickness in movements are essential for the soldiers success - without these conditions a Judoka cannot be successful either. Judo is not only a sport with advantages for military virtues, but also requires great mental engagement. Physical ambitions alone would not be sufficient for success, if there were no knowledge and structure of the human body (vital points). Every Judoka has to know about the dangers of

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training and fighting in a competition. They have to act in a way to keep the danger of injuries as low as possible.

The principle "give way to win" does not mean to dodge, but to use the other's power for your own success. The ideal of Judo is to find unity between the body and the spirit. In many countries of the world special troops have had close combat training based on the known self-defence techniques and Judo long before World War Two. The reports about successful actions of commandos by using the principles of Judo training are good examples of the value of this training. Judo was firmly established in the CISM calendar also. By the initiative of a CISM Executive Committee member (General LUTGENDORF - Austria) - the first CISM Judo championships were organised in Vienna (Austria - in 1966). Though the calendar was not perfect in the beginning, the arrangement of a championship every year was a goal and is now possible. More than half of the CISM member nations practice Judo in their armed forces and the number of nations participating in CISM. Judo shows the great interest in this sport. From 7 nations participating at the 1st CISM Judo championship in Vienna up to 58 nations in Wuhan "China", 2019 it has been a long road to success. Participants have already taken part in CISM Judo championships and the list of those CISM champions, who also became Olympic or World champions includes many well-known names. Judo is, because of its strict forms, its fairness, and its politeness, a good example for the CISM motto "Friendship through Sport".

The Presidents of the Permanent Technical Committees Judo were:

1973-1974: Major General Dr. Schtippl Sonwalden (AUT).

1974-1990: Brigadier General Josef Herzog (AUT).

1991-1994: Captain Tom Kempkens (NED).

1995 -2008: Colonel Prof. Roman Maciej Kalina, Ph. D (POL).

2008 - 2012: Colonel Viorel CEASCAI, Ph.D (ROU)

2012- 2016: Lieutenant-Colonel Fred Sijnhorst (NED)

2016- 2020: Lieutenant-Colonel Eric Ponsot (FRA)

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Since 2020: Brigadier General, MD- Ph.D Farshad Najafipour (IRAN)

Part 2: SPECIFIC REGULATIONS FOR JUDO

GENERAL RULES

1. SPONSORING COUNTRY

1.1. The Judo championship is, in principle, organised annually, under the auspices of the International Military Sports Council (CISM).

1.2. The championship should be held preferably in accordance with the International Judo Federation Calendar

2. RULES

2.1. The Championship will technically be organised according to the latest IJF's Sporting Code, inclusive the accepted changes.

2.2. The organising procedure for team competition will base on the rules applied at the World Judo Championships.

2.3. Competitions:

The championship will include four (4) events:

- a) The individual competition for men in seven (7) categories.
- b) The individual competition for women in seven (7) categories.
- c) The team competitions for men.
- d) The team competitions for women.
- e) In case of announcing the readiness and presence of 16 countries or more to participate in mixed team competitions, "c" and "d" items will not be done and mixed team competitions in 6 weights (3 men's weights and 3 women's weights) will be held..

3. INDIVIDUAL COMPETITIONS

3.1. Competitions will be organised in the following weight categories:

Men: -60, -66, -73, -81, -90, -100, +100 Kg

Women: -48, -52, -57, -63, -70, -78, +78 Kg

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3.2. Entries:

Each country may nominate 18 competitors (9 men and 9 women), although with a maximum of 2 male or 2 female competitors per weight-class.

3.3. All participants in the competition must be entered in the list of accredited competitors, and their entries must be confirmed at latest during the preliminary Technical Meeting.

3.4. Men's and women's individual competitions will last 4 minutes, if equal in the main time, the golden score time will apply.

3.5. One weight category has to be finished in one (1) day.

4. TEAM COMPETITIONS

A) If less than 16 countries declare their readiness for the mixed team competitions, the competitions according to the rules (IJF) and also in accordance with the following provisions, will be held under the title of men's and women's team competitions.

4.1. For the team competition, a team consists of five (5) categories. The weight categories extra-light (-60 kg) and half-heavy (-100 kg) will expire.

4.2. Each team will consist of up to five (5) athletes and has the possibility to have up to four (4) reserves. A team must consist of a minimum of three (3) athletes. A total of 9 athletes can be inscribed with a maximum of two (2) athletes per category.

4.3. Just one (1) coach per team will be allowed to enter the Field of Play.

4.4. During female and male team events each athlete in the case of having minimum weight conditions, is entitled to compete in their own weight category or in the next higher category.

4.5. During the contests, the non-competing athletes must stay within a marked area on the field of play behind the coaches' chair. Reserve athletes must not enter the field of play.

4.6. The contests in female and male team matches will be fought from the lightest weight to the highest weight. Before each match the team captain must select the athletes for each contest.

4.7. The team captain from the maximum of two athletes inscribed in each category they can select one.

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B) If 16 or more countries announce their readiness and attendance for mixed team competitions, the competitions, in accordance with the rules (IJF) and the following provisions, will be held as a mixed team.

4.8. Mixed Teams all nations having a full team (must have athletes able to compete in all 6 categories) can enter. Each team will consist of up to six (6) athletes (3 women and 3 men) and has the possibility to have up to six (6) reserves (3 women and 3 men). If there are injuries or illness during the competition a team can compete with a minimum of four (4) athletes. A total of 12 athletes can be inscribed with a maximum of two (2) athletes per category.

4.9. Weights of male athletes 73-, 90- and +90 kg and female athletes are 57-, 70- and +70 kg. In mixed team competitions, each athlete has the right to compete in his own weight or in a higher weight category.

4.10. Competitive system for mixed team championships will be quarter-final repechage.

4.11. During the contests, the non-competing athletes must stay within a marked area on the field of play behind the coaches' chair. Reserve athletes must not enter the field of play.

4.12. Two (2) coaches per team will be allowed to enter the Field of Play.

4.13. A draw will be made for the starting category for the first round. The following rounds will start with the next category in the sequence.

Example: Mixed Teams - drawn category is -73 kg

1st round: -73, -70, -90, +70, +90, -57 kg

2nd round: -70, -90, +70, +90, -57, -73 kg

Quarter-final: -90, +70, +90, -57, -73, -70 kg

Repechage and semi-final: +70, +90, -57, -73, -70, -90 kg

Bronze and final: +90, -57, -73, -70, -90, +70 kg

4.14. Before each match, the head of leader must select the athletes for each contest. From the maximum of two athletes inscribed in each category they can select one. If the team has the possibility to put an inscribed athlete in a category, they must do so.

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4.15. An athlete cannot be rested for one match and return for the next unless they have been replaced by the other inscribed athlete.

4.16. If the team has no athlete in a category, they should select the “no competitor” option.

4.17. For the first round the lists must be returned at least 30 minutes before the start of the competition. For the next rounds, 5 minutes after receiving the list from the competition committee, it must be restored and when the list is returned to the competition committee, it cannot be changed.

4.18. Duration of each contest: women four (4) minutes and men four (4) minutes (realtime). After the team bow the byes are displayed on the scoreboard and wins are given. In addition, if the contest in the main time leads to an equal result, it will go to the golden score.

Example: If blue team has one category empty: 1:0

Example: if both teams have a different category empty: 1:1

Example: if both teams have the same category empty: 0:0 (this is the only case when we stop a match when a team has reached 3 wins).

- ✓ These byes are skipped later, no player needs to return to the tatami to bow again if there is no contest to be fought.
- ✓ The first team reaching the majority of wins is declared the winner. The remaining contests will not be fought.
- ✓ It is compulsory that all athletes listed for the match compete until the team reaches the winning result.
- ✓ If an athlete refuses to compete the team will be disqualified.
- ✓ If one team does not arrive for a match, the other team will be declared the winner.
- ✓ If there are an equal number of wins at the end of the match, a draw is done from all categories regardless if the team has a player or not (if both teams don't have a player in the same category, this category will be not included in draw).
- ✓ The athletes in the drawn category will refight a golden score contest.

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✓ The draw is done by computer and displayed on the athlete and public (big screen) scoreboards.

4.19. Athletes can compete in the weight category in which they have competed in individual competitions or in a higher weight category.

4.20. For team competitions, it is allowed to change the composition of the team before each team competition.

4.21. The team captain must inform the central table about the actual formation of his team (3 up to 5 competitors) before the beginning of each match.

4.22. Only the top four (4) top-ranked teams in last year's CISM Team Championship will be seeded in the Championship.

5. SYSTEM OF PERFORMANCE

The competitions (individual and team competitions) should be conducted according to the following system:

5.1. Combination of two (2) weight categories (individual competitions):

If in one weight category, only one (1), two (2) or three (3) nominated competitors take part, this category and its competitors will be combined with the category immediately above.

5.2. « Each-to each »:

If in one weight category (or in the team events), 4 or 5 competitors take part, according to the rules (IJF), each nominated competitor (teams) must fight against each competitor (teams).

5.3. The number of matches is determined by the formula: $N(n-1) / 2$ (**n = number of competitors / teams**).

5.4. If in one weight category (or in the team event) consist of 6 or more competitors a Two-elimination system with Quarter-final repackage, will be applied.

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6. DRAWING FOR TEAM AND INDIVIDUAL COMPETITIONS

- 6.1. The last year championships medalists, are seeded at the same weight (up to 4 athletes).
- 6.2. Two athletes from the same country in one weight category will also be seeded.
- 6.3. Any questions of the manner of performance must be decided at the preliminary Technical Meeting.

7. REFEREEING

- 7.1. Competitions will be held according to the IJF Rules.
- 7.2. Every delegation should include in its mission's composition an up to two international referee recognised by the IJF.
- 7.3. If two referees are announced and sent from the same country, at least one of them must have a World-Class (A) Refereeing degree.

8. COMPOSITION OF THE MISSION

8.1. The mission of a country participating in a CISM Judo Championship may include max 24 members and will be composed as follows:

- ✓ 1 chief of mission
- ✓ 1 team captain
- ✓ 2 international referee recognised by the IJF (According to above mentioned-7)
- ✓ 3 trainers ((If the number of judokas in each group of men and women is more than 5, the missions can add another trainer to the delegation)
- ✓ 1 "ad libitum"
- ✓ 9 male competitors (7 competitors + 2 reserves)
- ✓ 9 female competitors (7 competitors + 2 reserves)

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9. PROGRAM OF STAY – SCHEDULE

9.1. The duration of stay should be eight to nine (8-9) days.

9.2. Calendar

A- If the number of participating countries is less than 16 countries, the competitions will be held according to the following schedule.

1st Day Arrival of missions, control of military ID-cards, teams training.

2nd Day Opening Ceremony, Preliminary/Technical Meeting, Preliminary /Referees meeting, teams training, drawing of lots for individual competition.

3rd Day Individual Competition for weights- 60, -66, -73 men and -48, -52, -57, -63 women.

4th Day Individual Competition for weights- 81, -90, -100, +100 men and -70, -78, + 78 women.

5th Day Resting Day, Study Day, drawing of lots Team Competition.

6th Day Team Competition and Closing Ceremony.

7th Day Cultural Day – not compulsory / remain at the disposal of host country.

8th Day Departure of missions.

B) If the number of participating countries is 16 or more:

1st Day Arrival of missions, control of military ID-cards, teams training.

2nd Day Opening Ceremony, Preliminary/Technical Meeting, Preliminary /Referees meeting, teams training, drawing of lots for individual competition.

3rd Day Individual Competition for weights- 60, -66 men and -48, -52, -57 women.

4th Day Individual Competition for weights -73, -81 men and -63, -70 women.

5th Day Individual Competition for weights -90, -100, +100 men and -78, + 78 women.

6th Day Resting Day, Study Day, drawing of lots Team Competition.

7th Day Team Competition and Closing Ceremony.

8th Day Cultural Day – not compulsory / remain at the disposal of host country.

9th Day Departure of missions.

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10. ANTI DOPING CONTROL

10.1. Doping is defined as

- ✓ The presence of prohibited substances or its metabolites or markers in an athletes bodily specimen.
- ✓ The use or the attempted use of a prohibited substance or a prohibited method.
- ✓ The refusing, or failing without compelling justification to submit to sample collection after notification.

10.2. Doping, according to this definition, is strictly for bidden in CISM, and according with this in Judo.

10.3. At least at each CISM Military World Judo Championship, if possible also at other major events, anti- doping controls will be carried out according to the latest CISM Anti-Doping Regulation (Chapter IV, CISM Policy Manual) which is fully in line with the Anti-Doping Code of WADA.

Specificities of the IJF Anti-Doping Regulation will be considered when necessary.

10.4. The operative responsibilities of the anti- doping controls will lie with the Anti-Doping Commission formed for the considered event. The composition and tasks of this commission are defined in the CISM Anti-Doping Regulation

10.5. In the World Military Judo Championships, the doping test is performed according to the following provisions.

1. All winners of individual competitions. (7 athletes)
2. Placed second and joint placed third competitors of individual competitions (by drawing lots for one person - a total of 7 athletes)
3. Members of the champion team in team competitions by drawing lots, from 3 athletes.
4. Members of the placed second in team competitions by drawing lots, from 3 athletes.

10.6. The list of prohibited substances and methods used for the anti- doping testing in CISM events will always be the actual WADA list.

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11. PRIZES AND AWARDS

11.1. Prizes for the Individual Competitions:

The hosting country is obligated to present official medals as follows:

1. To the winner of each category: the CISM gold medal and a champion's diploma.
2. To the placed second competitor in each weight category: the CISM silver medal and a champion's diploma.
3. To the joint placed third competitors in each weight category: the CISM bronze medal and a champion's diploma.
4. To the joint placed fifth competitors in each weight category: the CISM bronze medal and a champion's diploma.
5. To the joint placed seventh competitors in each weight category: the CISM bronze medal and a champion's diploma.

11.2. Prizes for the Team Competition

The hosting country is obliged to present official medals as follows:

1. To all accredited competitors of a team, announced to the central table at the beginning of the competition day:
2. Placed first: the CISM gold medal and a champion's diploma.
3. Placed second: the CISM silver medal and a champion's diploma
4. Placed third: the CISM bronze medal and a champion's diploma.
5. Joint placed fifth a gaining rank diploma.
6. Joint placed seventh a gaining rank diploma.

11.3. Other awards

Other awards may be presented at the option of the hosting country (Cash prize, commemorative medal, cups, medals, souvenirs and ...).

12. REGULATIONS TO BE APPLIED

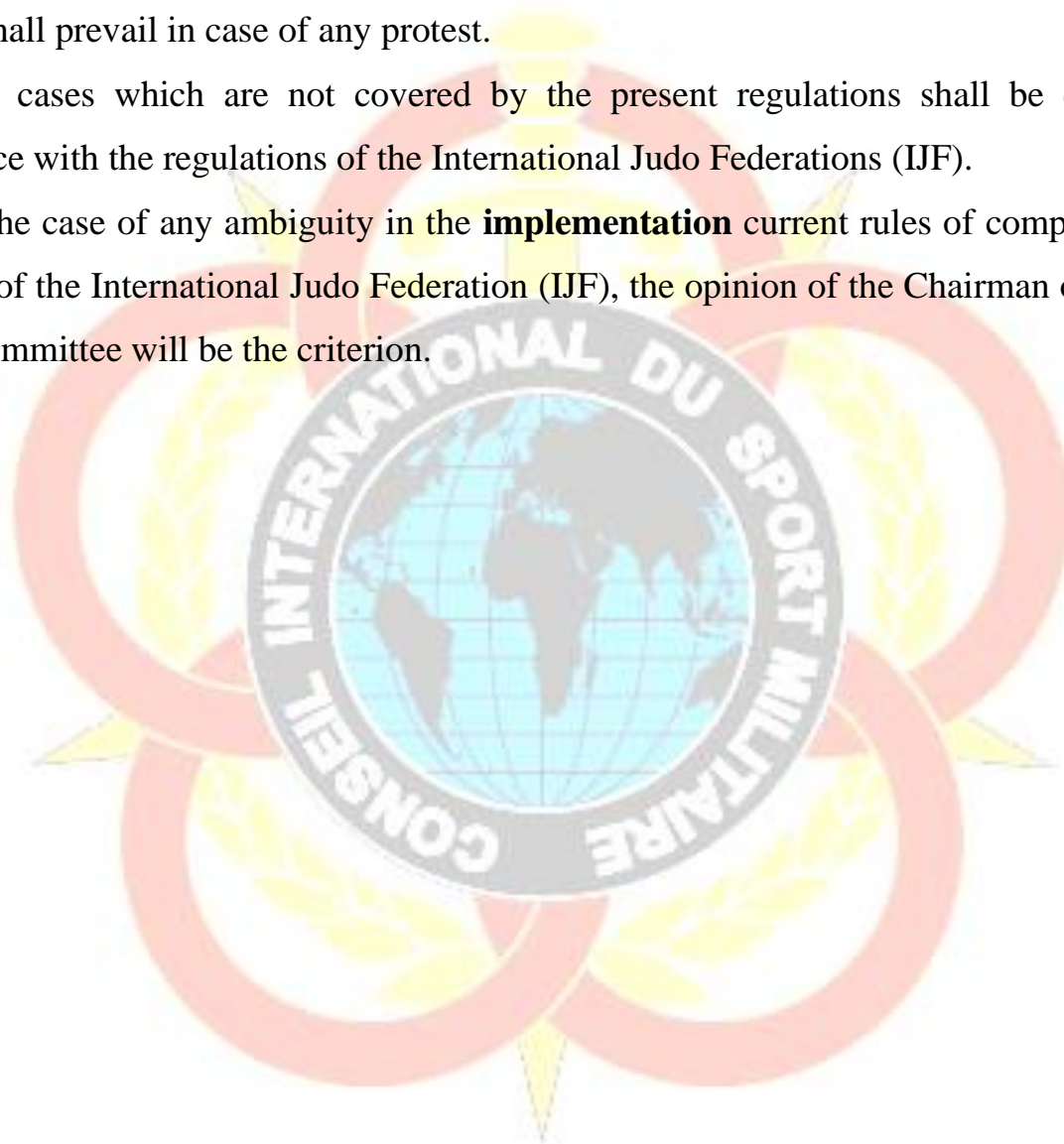
12.1. The present regulations will govern all CISM Judo championships.

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12.2. The official language in which this regulation was established is English. Therefore that version shall prevail in case of any protest.

12.3. All cases which are not covered by the present regulations shall be decided in accordance with the regulations of the International Judo Federations (IJF).

12.4. In the case of any ambiguity in the **implementation** current rules of competition and the rules of the International Judo Federation (IJF), the opinion of the Chairman of the Judo CISM Committee will be the criterion.



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