



CISM INTERNATIONAL SYMPOSIUM 2019



“CISM at 70’s: History & Sport Science working together in the Academy”

PROGRAM

Date	Time	Activity	Place	Dress
Tuesday 04.06	9:00-10:30	Registration	CIESPAL	Class A Uniform
	10:30-11:30	Opening Ceremony		
	12:00-13:30	Lunch		
	13:30-14:30	Opening session <i>CISM and Sports Science through it 70 years course – Maj Athinodoros Moschopoulos (Greece) – PhD candidate</i>		Service Uniform (audience)
	1st session <i>CISM, Armed Forces and civilian institutions as promoters of Sports & Science</i>			
	14:30-15:00	1.a Propuesta de valoración de la condición física al Servicio de Protección Presidencial – Capt Fabian Uquillas (Ecuador)		
	15:00-15:30	1.b The Effects Of Neuromuscular Training On Injury Prevention In Military Personnel: A Meta-Analysis – Lt Priscila Bunn (Brazil) MSc		
	15:30-16:00	Coffee break		
	16:00-16:30	1.c The effect of Initial Physical Fitness-levels on Musculoskeletal Injuries and Operational readiness in the South African National Defence Force – Lt Col Etesia Terblanche (South Africa)		
	16:30-17:00	1.d Changes in physical performance and body composition in relation to initial BMI and aerobic fitness categories during military service – Mr Kai Pihlainen (Finland) MSc		
17:00-17:30	Discussion			
Wednesday 05.06	2nd session <i>Fitness and Performance of Military Sports</i>		CIESPAL	Class A Uniform (lecturers)
	9:00-09:30	2.a Explosive Force Production in Military Pentathlon athletes and female perceptions regarding Obstacle Run – Lt Col Eduardo Borba (Brazil) PhD		
	9:30-10:00	2.b Diferencias biomecánicas entre deportistas militares principiantes y alto rendimiento en lanzamiento de granada – Capt Mayra Burbano (Ecuador) – MSc		
	10:00-10:30	Coffee break		



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Wednesday 05.06	10:30-11:00	2.c <i>Intra-Rater Agreement Of The Musculoskeletal Injury Risk Classification By Dynamic Movement Assessment™: A Pilot Study – Lt Priscila Bunn (Brazil) MSc</i>	CIESPAL	Service Uniform (audience) Class A Uniform (lecturers)
	11:00-11:30	2.d <i>El desarrollo de la fuerza en maratonistas de la Federación Deportiva Militar del Ecuador (FEDEME) – Mrs Edith Suntaxi (Ecuador)</i>		
	11:30-12:00	Discussion		
	12:00-13:30	Lunch		
	3rd session <i>Psychophysiological Military Fitness and Operational Readiness</i>			
	13:30-14:00	3.a <i>The future of Wearable Monitoring for Sports Performance Enhancement – Mr Karl Friedl (USA) PhD</i>		
	14:00-14:30	3.b <i>Mobile Training Applications for preparation of conscripts to Military Service – Mr Thomas Wyss (Switzerland) PhD</i>		
	14:30-15:00	3.c <i>Biomecánica del Tiro de Pistola Calibre 22 y Aire en deportistas de ambos sexos de Pichincha – Cbos Yesenia Hernández (Ecuador)</i>		
	15:00-15:30	Coffee break		
	15:30-16:00	3.d <i>Fit to compete – Fit to fight – Fit for life. Interpreting and reporting metrics in physical fitness – Mr Patrick Gagnon (Canada) PhD</i>		
Thursday 06.06	4th session <i>Science increasing performance inside the military sports</i>		CIESPAL	Service Uniform (audience) Class A Uniform (lecturers)
	9:00-9:30	4.a <i>Strength Training: basics and applications in Military Environment – Mr Heikki Kyröläinen (Finland) PhD</i>		
	9:30-10:00	4.b <i>World Champion: against all odds – Pvt Sara Hjalager (Denmark) PhD</i>		
	10:00-10:30	Coffee break		
	10:30-11:00	4.c <i>Using a Sports Performance Model to build a Military Tactical Athlete Readiness Program – Mrs Jaqueline Laframboise (Canada) PhD</i>		
	11:00-11:30	4.d <i>What makes a team greater than the sum of its parts? From applied sports psychology to optimizing military team functioning – Mr Jamie Collins (Canada) PhD</i>		



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Thursday 06.06	11:30-12:00	Discussions	CIESPAL	Service Uniform (audience) Class A Uniform (lecturers)	
	12:00-13:30	Lunch			
	5th session <i>Management and partnership inside the military sport field</i>				
	13:30-14:00	5.a <i>Update of physiological effects in military swimming – Mr Alfonso Barbosa</i> (Colombia)			
	14:00-14:30	5.b <i>CISM contributions to peace – Col Luiz Fernando</i> (Brazil) - MSc			
	14:30-15:00	5.c <i>Composición Corporal y su relación con el rendimiento deportivo del Equipo de Pentatlón Aeronáutico Militar de la Fuerza Aérea Ecuatoriana – Maj Luis Palacios</i> (Ecuador)			
	15:00-15:30	Coffee break			Class A Uniform
	15:30-16:00	5.d <i>Proprioception in Sports – Mr Anibal Boada</i> (Ecuador)			
	16:00-16:30	Discussion			
	16:30-17:30	Closing session <i>Innovation for developing human capital & resources in sport federations. Perspectives for Sport in the CISM context – Mr Thierry Zintz</i> (Belgium) PhD			
	18:00-18:30	Closing Ceremony			
	20:00-23:00	Closing banquet			
All days	9:00-17:00	<p style="text-align: center;">Posters</p> <p><i>Correlation between visceral adipose tissue and metabolic syndrome risk factors in Brazilian Army military – Maj Laercio Rodrigues</i> (Brazil)</p> <p><i>Dissimilarity of mental skills, personality traits, alexithymia and humor state of shooting sport athletes from the Army Forces – Mrs Angela Neves</i> (Brazil) PhD</p> <p><i>Biomarkers of cell injury in Brazilian military soccer athletes: training session responses at different season time points – Mrs Míriam Mainenti</i> (Brazil) PhD</p> <p><i>Metabolic Risk in Brazilian Military Personnel: Sex-Specific-Differences – Mr Marcos Fortes</i> (Brazil) PhD</p>	Service Uniform		