CISM International Athletics Conference 2023

"Athletics and Military Physical Readiness"
To: See Distribution List
Subject: CISM INTERNATIONAL ATHLETICS CONFERENCE 2023
Date: 10th to 16th December 2023

Dear CISM friends,

The CISM International Athletics Conference 2023 in “Athletics and military physical readiness” organized by the UAE Delegation in cooperation with the CISM Academy and the CISM Sport Science Commission will be held from 10th to 16th December 2023 in Abu Dhabi (UAE).

In my capacity as President of the International Military Sports Council, I have the honor to invite a delegation representing your country to take part in this event.

I look forward to meeting you on that occasion.

Friendship through Sport!

Sincerely Yours,

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Colonel Nilton Gomes Rolim Filho
President of CISM
Dear CISM friends,

As the Chief of the UAE Delegation to CISM and on behalf of the Minister of Defence, I have the honor to invite you to the CISM International Athletics Conference 2023 in “Athletics and military physical readiness”, which will be held in Abu Dhabi, from 10th to 16th December 2023. For the UAE Delegation to CISM, your presence at the CISM International Athletics Conference is very important, in order to contribute to the formation of modern perception and extroversion of the CISM country members’ Armed Forces, through sports science and values.

Looking forward to seeing you in Abu Dhabi in December of 2023.

Sincerely yours,

Col. Ahmed Mohamed Belhussa
Chief of the UAE Delegation to CISM
ENCLOSED:

- Distribution List
- General Program
- General Information
- Annex 1 Preliminary Agreement
- Annex 2 Final Entry
All CISM member nations are warmly invited and strongly encouraged to participate in this Academic Event. A complete list of current CISM member nations is available on the CISM website.

**Right to participate in the CISM International Athletics Conference 2023**

Only CISM active member nations have the right to participate in the CISM International Athletics Conference 2023 (as per CISM Regulations, Article 1.10). An inactive nation intending to take part in the event must pay its annual fee before the deadline established by the Organizing Committee of the CISM International Athletics Conference 2023 for sending the final entry. If it is not done, the delegation will not be able to take part in the event.
<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Activity</th>
<th>Place</th>
<th>Dress</th>
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</thead>
<tbody>
<tr>
<td>Sunday 10.12.2023</td>
<td>All day</td>
<td>The arrival of CISM HQ Staff, SportScience Commission members, and participants</td>
<td>Abu Dhabi / Dubai International Airports</td>
<td>Casual</td>
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<td></td>
<td>09:00 – 09:30</td>
<td>Conference Registration</td>
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<td>09:30 – 10:00</td>
<td>Opening Ceremony and Official Photo</td>
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<td>10:00 – 11:00</td>
<td>Future vision of the development strategies of athletics towards universality</td>
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<td>11:00 – 11:15</td>
<td>Coffee Break</td>
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<td>Uniform Class A</td>
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<td></td>
<td>11:15 – 12:45</td>
<td>Artificial intelligence and Information Technology and their role in the development of military sports</td>
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<td>12:45 – 13:00</td>
<td>Coffee Break</td>
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<td></td>
<td>1300 – 14:30</td>
<td>The role of technology in the development of comprehensive physical readiness of military personnel.</td>
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<td>14:30 – 16:30</td>
<td>Lunch</td>
<td>Restaurant</td>
<td>Casual</td>
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<tr>
<td>Monday 11.12.2023</td>
<td>09:00 – 10:30</td>
<td>The institutional role in excellence in Athletics globally</td>
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<td>10:00 – 11:00</td>
<td>Measures of physical achievement in the military field</td>
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<td>12:30 – 14:00</td>
<td>Determinants of motor performance for moving with a combat load in various environments</td>
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<td>14:00 – 16:00</td>
<td>Lunch</td>
<td>Restaurant</td>
<td>Casual</td>
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<tr>
<td>Tuesday 12.12.2023</td>
<td>09:00 – 10:00</td>
<td>Breaking World Records in athletics competitions from a scientific perspective</td>
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<td>10:30 – 10:45</td>
<td>Coffee Break</td>
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<td></td>
<td>10:45 – 12:15</td>
<td>Functional strength training and its role in the development of military skills</td>
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<td>12:15 – 12:30</td>
<td>Coffee Break</td>
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<tr>
<td></td>
<td>12:30 – 14:00</td>
<td>Planning of physical training in the military field</td>
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<td>14:00 – 16:00</td>
<td>Lunch</td>
<td>Restaurant</td>
<td>Casual</td>
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<tr>
<td>Wednesday 13.12.2023</td>
<td>09:00 – 10:30</td>
<td>Leading experiments in World Athletics</td>
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<td>10:30 – 10:45</td>
<td>Coffee Break</td>
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<td>10:45 – 12:15</td>
<td>Tactical nutrition and improving the level of</td>
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<td>Time</td>
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<td>Venue</td>
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<td>12:15 – 12:30</td>
<td>Coffee Break</td>
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<td>12:30 – 14:00</td>
<td>Models for simulation exercises in an operational environment</td>
<td>Restaurant</td>
<td>Casual</td>
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<td>14:00 – 16:00</td>
<td>Lunch</td>
<td>Restaurant</td>
<td>Casual</td>
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<td>19:30 – 21:30</td>
<td>Gala dinner</td>
<td>TBD</td>
<td>Class A</td>
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<td><strong>Friday</strong></td>
<td><strong>15.12.2023</strong></td>
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<td>09:00 – 10:00</td>
<td>Closing Ceremony</td>
<td>Hotel Conference</td>
<td>Class A</td>
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<tr>
<td>12:00 – 20:00</td>
<td>Cultural event</td>
<td>TBD</td>
<td>Casual</td>
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<td><strong>Saturday</strong></td>
<td><strong>16.12.2023</strong></td>
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<tr>
<td>All day</td>
<td>Departure of all participants</td>
<td>Abu Dhabi / Dubai international airport</td>
<td>Casual</td>
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**Notes:**
An updated program will be published during the last week of October on the CISM website ([https://www.milsport.one/cism-academy/academic-events](https://www.milsport.one/cism-academy/academic-events))
GENERAL INFORMATION

1. Focus of the CISM International Athletics Conference

To deal with the developments taking place in all fields and sciences and to achieve a world level of knowledge, coordination, and integration in the physical readiness of the army to help deal with the emerging dangers and challenges, the UAE Ministry of Defence will host the CISM International Athletics Conference under the heading “Athletics and Military Physical Readiness”. The Conference will bring together a group of renowned scientists and experts in athletics and military sports from around the world to exchange knowledge, ideas, and experiences in light of new advances in the Military Physical Preparation System and other relevant fields and to present the latest developments in sports science.

The conference will provide members of the International Military Sports Council (CISM) with the opportunity to hear from a group of speakers and renowned experts during program sessions that will address valuable topics, which will allow participants to interact with the serious attitudes in the sports sector, military and showcase the latest developments in sports science.

Conference Vision
Deliver the highest possible outputs of sustainability and sports development.

Conference Mission
To rely on knowledge, ideas, and experiences to develop Athletics.

The Goals of the Conference:
- Spreading the culture of innovation and excellence in military sports sciences.
- Supporting the outputs aimed at sustaining sports development in Athletics.
- Presenting the experiences and applied practices.
- Staying up-to-date with the latest developments in Athletics.
- Utilizing Artificial Intelligence and Information technology.
- Capitalizing on international experiences to develop the work system.

The Conference will address the following elements:
- The role of technology in achievement.
- The latest developments in athletics (in the third millennium).
- Newly-utilized equipment and tools in military sports sciences.
- The comprehensive physical readiness and its role in enhancing the combat performance of all armed forces.
- Leading international experiences.

https://www.milsport.one/cism-academy/academic-events
2. Composition of the Mission

Initially, each Delegation can be represented by a maximum of 7 participants. Exceptions would be possible due to the number of registered countries at the moment of the Final Entry and can be asked of the Organizing Committee opportunistically.

3. Eligibility

Participants must be part of an active CISM member nation.

4. Condition of stay

All participants will be accommodated at:

Erth Hotel, Abu Dhabi (https://erth.ae/)

10th December - 16th December, 2023

Full board and lodging will be paid by the participants upon their arrival, as follows:

<table>
<thead>
<tr>
<th>HOTEL NAME</th>
<th>Single room</th>
<th>€140 / night</th>
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<tbody>
<tr>
<td></td>
<td>Double room</td>
<td>€180 / night</td>
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</tbody>
</table>
ATTENTION:

- The booking for the stay must be sent by the Delegation – ANNEX 2.
- You must book your stay before the 10th of October, 2023 – ANNEX 2.
- Payment for the stay can be made by cash or by credit card in the host hotel.
- The first seventy Chiefs of Delegations/ Chiefs of Missions from active nations registered at the conference according to the Final Entry will be received by the UAE Ministry of Defence with complimentary accommodation.

For possible early arrivals before 10th December or late departure after 16th December same rates will be applied concerning the hotels in Abu Dhabi.
Unfortunately, we cannot provide medical care and local transportation during the extra stay.

Additional people will not be accepted without official written permission from the Organizers.
All the relevant information will be uploaded on CISM’s website, in the Accommodation part.
For possible early arrivals before 10th December or late departure after 16th December different rates can be applied concerning the hotel.

5. Medical care

The Local Organizing Committee provides medical assistance to the mission members including first aid and transport to the hospital during the Conference. However, the Local Organizing Committee is NOT responsible for:
- surgical operation or other special treatments,
- complicated return transport due to illness/accident,
- other expenses on account of illness/accident such as compensations, loss of income, etc.
To cover the above-mentioned risk, participants must arrange sufficient insurance in their home countries.

6. Transportation

The cost of travel to the point of arrival in Abu Dhabi will be in responsibility of each participating mission as well as the cost of travel from the point of departure back home. The transport from and back to the arrival point (Abu Dhabi / Dubai international airports to the designated hotel) will be provided by the organizer.
CONSEIL INTERNATIONAL DU SPORT MILITAIRE
UNITED ARAB EMIRATES DELEGATION TO CISM
CISM International Athletics Conference
“Athletics and Military Physical Readiness”
ABU DHABI, UAE
(10th to 16th December 2023)

Points of arrival:

By plane:

1. Abu Dhabi International Airport
2. Dubai International Airport

7. Customs and Visa Procedures

For information on requirements, please contact the UAE Embassy or Consulate serving your country or our nearest diplomatic representative. Application for a VISA is the responsibility of participating delegations.

8. Weather conditions

The average temperature in December in Abu Dhabi is 17° to 26° C.

9. Cultural activities

The cultural day will be organized for all participants in Abu Dhabi as it is shown in the daily program.

10. Language

Presentations will be given in English and Arabic only (with interpretation provided for other languages).

11. Registration forms

- Preliminary Agreement (Annex 1) to be returned before 10th September 2023.
- Final Entry (Annex 2) to be returned before 10th October 2023.

12. Uniforms

Uniform Class A is mandatory for the Opening and Closing Ceremony, Opening Lunch, and Closing Banquet, as well as for the invited military lecturer during the respective presentation. Civilians should follow the same dress code.
13. **Spouses**
According to the availability, cultural activities will be organized.

14. **Registration**
- Regarding Public registration for the conference will be open but pre-registration through the Conference's website (the link will be shared on the CISM website as soon as possible) is mandatory (for civilians).
- No registration will be accepted on-site.

15. **Currency**
The dirham is the official currency of the United Arab Emirates. There are many points of exchange:
- Airports
- Hotel desk
- Local Exchanges

16. **Correspondence**
All correspondence concerning the Conference should be sent to the following address:
United Arab Emirates Delegation to CISM
Al Saif Road, 26, Dubai.
United Arab Emirates.
Tel: (+)971552111222, (+)971551000042
E-mail: uae@milsport.one; cism@mod.gov.ae