



International Military Sports Council  
12<sup>th</sup> CISM World Military Lifesaving Championships  
May 17<sup>th</sup> – May 25<sup>th</sup> 2024  
Montpellier, France



# 12<sup>th</sup> CISM World Military Lifesaving Championship

May 17<sup>th</sup> – May 25<sup>th</sup> 2024

Montpellier / France

*CISM*

*“Friendship through Sport”*





International Military Sports Council  
12<sup>th</sup> CISM World Military Lifesaving Championships  
May 17<sup>th</sup> – May 25<sup>th</sup> 2024  
Montpellier, France



Dear chief of delegations,

The International Military Sports Council has entrusted the organization of the 2024 CISM World Military Lifesaving Championship to France.

On behalf of the French Armed Forces, I have the honour to invite each nation to participate in this competition and thus be able to represent your country.

The Centre National des Sports de la Defense (CNSD) and the French Lifesaving Federation (FFSS) welcome you to the 12th World Military Lifesaving Championship (WMLC 2024).

This major international military sporting event is being organised with the support of the Southern Defence and Security Zone of the French Armed Forces and the Languedoc-Roussillon Region. It will start on Friday 17<sup>th</sup> May 2024 and will end on Saturday 25<sup>th</sup> May 2024.

On the eve of the 2024 Paris Olympic and Paralympic Games, the Hérault and Gard departments (34, 30) and the municipalities of Montpellier, Palavas-les-Flots and Le Grau du Roi welcome you to a rich and varied tourist region offering a wide choice between land and sea!

Brigadier General Paul Sanzey  
Chief of the French Delegation to CISM  
General Officer Commanding the CNSD

*Attached you will find:*

- *Annex 1: Preliminary Agreement*
- *Annex 2a: Final Entry – Composition of the Mission*
- *Annex 2b: Commitment by the Chief of Mission*
- *Annex 3: Final Entry - Travel Data*
- *Annex 4: Final Entry – Entry Time*



## 1. Distribution List

**All CISM member nations are warmly invited and strongly encouraged to participate in this World Championship.**

1. *President of CISM.*
2. *Official CISM Representative.*
3. *The CISM Vice-President for Europe.*
4. *CISM Secretary General.*
5. *The Chief of the European Liaison Office.*
6. *President and Members of CISM Sport Committee.*
7. *Representatives of the CISM Partners and Sponsors.*
8. *To the Chiefs of Delegation of the CISM Member Countries*

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## 2. Right to participate in the 12<sup>th</sup> CISM World Military Lifesaving Championship

Only CISM active member nations have the right to participate in the 12th CISM World Military Lifesaving Championship taking place between the Friday 17<sup>th</sup> May and the Saturday 25<sup>th</sup> May 2024 in France.

Any inactive nation, intending to take part in the event must pay its annual fee before the deadline established by the Organizing Committee of the World Military Championship for the submission of the final entry. Failing to do so, the delegation will not be able to participate.

France will be able to accommodate a maximum of 200 people for this competition. Applications from nations will be studied and finalised by the local organising committee (LOC) in close coordination with CISM Headquarters (HQ) as well as the President of the relevant CISM Sports Committee (Swimming & Lifesaving).

The selection of participants will be carried out according to the principle of prioritizing at least 2 nations per continent. Vacancies will be then allocated in due course.



### 3. General program of the championship

<b>Friday, 17<sup>th</sup> May</b>	<ul style="list-style-type: none"><li>- Arrival of Delegations</li><li>- Registration</li><li>- Training</li></ul>
<b>Saturday, 18<sup>th</sup> May</b>	<ul style="list-style-type: none"><li>- Arrival of delegations before 12.00</li><li>- Technical Meeting</li><li>- Opening Ceremony</li><li>- Training</li></ul>
<b>Sunday, 19<sup>th</sup> May</b>	<ul style="list-style-type: none"><li>- Competition: 1<sup>st</sup> day Beach Events</li></ul>
<b>Monday, 20<sup>th</sup> May</b>	<ul style="list-style-type: none"><li>- Competition: 2<sup>nd</sup> day Beach Events</li></ul>
<b>Tuesday, 21<sup>st</sup> May</b>	<ul style="list-style-type: none"><li>- Morning:<ul style="list-style-type: none"><li>o Training Pool</li><li>o Discovery Activities</li></ul></li><li>- Afternoon:<ul style="list-style-type: none"><li>o Pool Events day 1: Qualifications</li></ul></li><li>- Chief of Mission gala dinner meal and Gift Exchange</li></ul>
<b>Wednesday, 22<sup>nd</sup> May</b>	<ul style="list-style-type: none"><li>- Morning: Pool Events day 1: Finals</li><li>- Afternoon: Pool Events day 2: Qualifications</li></ul>
<b>Thursday, 23<sup>rd</sup> May</b>	<ul style="list-style-type: none"><li>- Morning: Pool Events day 2: Finals</li></ul>
<b>Friday, 24<sup>th</sup> May</b>	<ul style="list-style-type: none"><li>- Cultural Day (Welfare)</li><li>- Closing Ceremony</li></ul>
<b>Saturday, 25<sup>th</sup> May</b>	<ul style="list-style-type: none"><li>- Departure of Delegations</li></ul>

According to ILS & CISM Rules, the following events will be held with events for men and women. The events are listed below.



Lifesaving Ocean Events	Lifesaving Pool Events
<p><i>Individual</i></p> <ul style="list-style-type: none"> <li>➤ 90m Beach sprint</li> <li>➤ Beach Flags</li> <li>➤ 2km Beach Run</li> <li>➤ Board Race</li> <li>➤ Surf Ski Race</li> <li>➤ Surf race</li> <li>➤ Ocean (Wo)man</li> </ul> <p><i>Relay</i></p> <ul style="list-style-type: none"> <li>➤ Board Rescue Race (x2)</li> <li>➤ Beach sprint Relay (x4)</li> <li>➤ Oceanman/oceanwoman Relay</li> <li>➤ Rescue Tube Rescue relay</li> <li>➤ Mixed Ocean Lifesaver Relay</li> </ul>	<p><i>Individual</i></p> <ul style="list-style-type: none"> <li>➤ 50 manikin carry</li> <li>➤ 100 manikin carry with fins</li> <li>➤ 100 manikin tow with fins</li> <li>➤ 100 rescue medley</li> <li>➤ 200 obstacles</li> <li>➤ 200 super lifesaver</li> </ul> <p><i>Relay</i></p> <ul style="list-style-type: none"> <li>➤ Line throw X2</li> <li>➤ 4x25m manikin relay</li> <li>➤ 4x50m medley relay</li> <li>➤ 4x50m obstacles relay</li> <li>➤ 4x50m lifesaver relay (mixed)</li> </ul>

<b>1<sup>st</sup> day: ocean &amp; beach events</b>	<ul style="list-style-type: none"> <li>- Surf race</li> <li>- Board race</li> <li>- Rescue tube rescue relay (x4)</li> <li>- Board rescue race (x2)</li> <li>- Beach Flags</li> <li>- 2 km beach run</li> </ul>
<b>2<sup>nd</sup> day: ocean &amp; beach events</b>	<ul style="list-style-type: none"> <li>- 90 beach Sprint</li> <li>- Beach sprint relay (x4)</li> <li>- Surf ski race</li> <li>- Ocean (wo)man</li> <li>- Ocean (wo)man relay (x4)</li> <li>- Mixed ocean lifesaver relay</li> </ul>
<b>3<sup>rd</sup> day: pool events</b>	<ul style="list-style-type: none"> <li>- 200m obstacle swim</li> <li>- 4x50m Obstacle Relay</li> <li>- 100m manikin carry with fins</li> <li>- Mixed Relay</li> </ul>
<b>4<sup>th</sup> day: pool events</b>	<ul style="list-style-type: none"> <li>- 100m Manikin Tow with fins</li> <li>- 50m Manikin carry</li> <li>- 4x25 manikin relay</li> <li>- 200m Super Lifesaver</li> <li>- 4x50m medley relay</li> <li>- Line throw</li> </ul>

Please find above the breakdown of the events.



#### 4. Composition of the mission

Chief of Mission	1
Team Captain	1
Coach	1 or 2*
Physician	1
Male Athletes	6
Female Athletes	6
<b>Total</b>	<b>17 (maximum)</b>
CSC members	1**
Referees	1***

\*Missions can only bring 1 coach if there are less than 10 athletes. Two coaches are permitted only if the mission has 10 or more athletes in attendance.

\*\*Only for the countries that have approved members on the CISM Sport Committee (CSC) Swimming. CSC members are not included in the maximum number of participants. The CSC members are the only personnel permitted to arrive 2 days earlier to oversee/coordinate the final preparations prior to the commencement of the competition.

\*\*\*Each country has the possibility to bring in 1 referee, it is not mandatory.

According to the CISM Regulations, Edition July 2023, Article 7.23, item A and item D only military personnel in active duty and in possession of a valid military ID card may participate in the competition.

Additional visitors will not be accepted without official written permission of the organizing committee. The costs for board and lodging are at their own expenses.



## 5. Access to the location of the competition

The Pool events will take place in the city of Montpellier:

- Olympic pool Angelotti: 195 avenue Jacques Cartier 34000 Montpellier

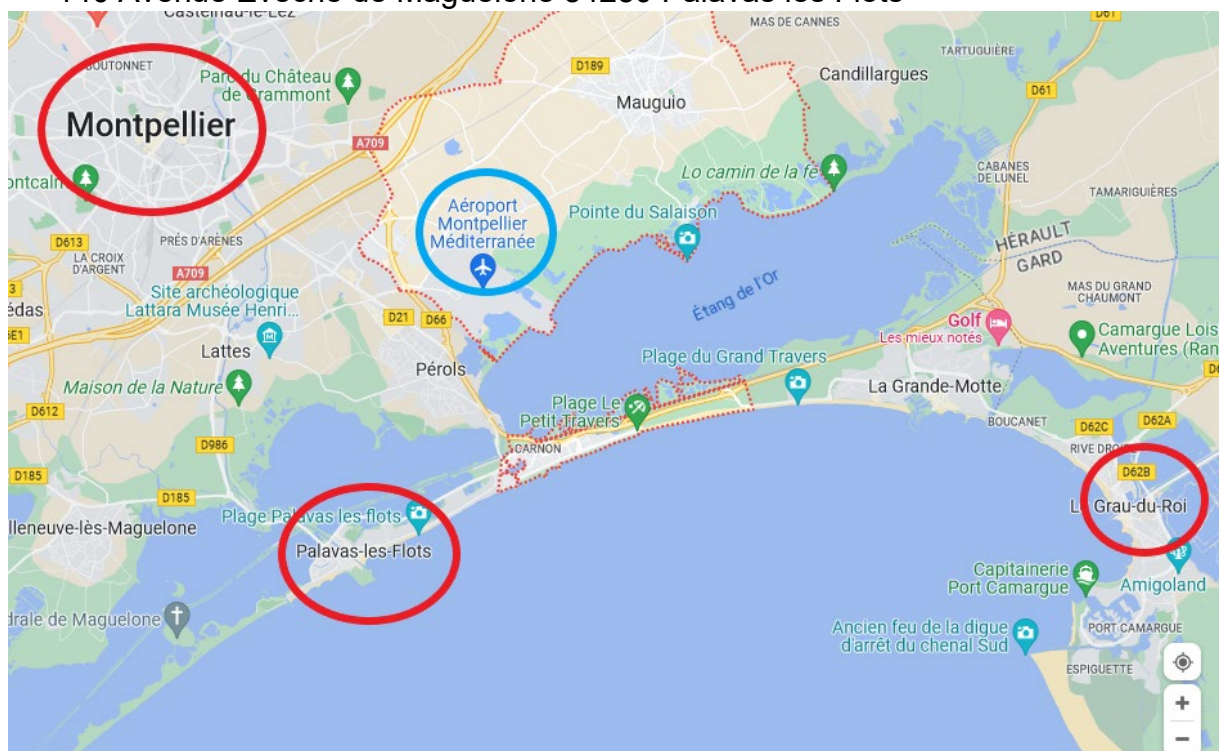
The Beach events will take place in the city of Le Grau du Roi:

- Plagette beach on the right bank: rue du Vidourle 34240 Le Grau-du-Roi

Traveling expenses, to and from France, will be the responsibility of the participating country. The organizing committee will provide round-trip transportation from the place of arrival to the place of stay in France and the transport during the competition.

Places of arrival and departure (see enclosed map):

- By plane:  
Airport Montpellier Méditerranée  
D172 CS 10001 – 34137 MAUGUIO CEDEX,  
GPS: 43.58022,3.96687
- By train:  
Gare SNCF Saint Roch 34000 Montpellier
- By road:  
140 Avenue Eveche de Maguelone 34250 Palavas les Flots



### 5.1. Accommodation Address

*CENTRE DE VACANCES IGESA*

*140 avenue Evêché de Maguelone 34250 PALAVAS-LES-FLOTS*



## 6. Conditions of stay

During their stay in France the missions will be guests of France Armed Forces from May 17<sup>th</sup> to May 25<sup>th</sup> 2024.

Board and lodging will be provided by the organising committee free of charge. Mission members will be accommodated in barracks. Additional food & beverage and special requirements (telephone, laundry, etc.) must be paid by the concerning mission. WIFI is free in the centre only.

There is no way to provide official accommodation prior to and after the invitation dates. Any costs incurred before the date of arrival and/or after the date of departure, must be covered by the participants.

Additional personnel will not be accepted without official written permission of the Organisers.

## 7. Food and beverage :

The use of bottled water is not necessary. Tap water is safe to drink.  
Menus are widely varied.

**In case of dietary or religion-related requirements, please let us know**

## 8. Medical Support :

The French Delegation will take care of medical support (first aid) on site. Further costs for medical support are at the expense of the participants. Participant's health insurance must be valid in France and a copy must be handed over if applicable.

## 9. Championship Regulations

The championship will be governed by the CISM Regulations (Edition July 2023) the CISM Life Saving Regulations (Edition 2021), the current ILS Regulations and CISM anti-doping Regulations.

## 10. Anti-doping

Anti-Doping tests will be conducted in accordance with the CISM Regulations – Chapter IX, CISM

Anti-Doping Rules, the concerned CISM Sports Regulations, the concerned International Federation

Rules, and all WADA rules, mainly the World Anti-Doping Code, and the International Standard for Testing.

The number and type of tests, as well the athletes to be tested shall be determined by the CISM Anti-Doping Commission. These procedures will follow the concerned CISM Test Distribution Plain (TDP).





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In case an athlete has a Therapeutic Use Exemption (TUE), the Chief of Delegation should send this TUE to the CISM GS until 30 days before the Opening Ceremony. This TUE will be submitted to the TUE Commission for analysis and further approval.

Below are the Organizations Accredited by WADA to carry out the tests during the Championship:

Sampling authority:

Agence Française de lutte contre le dopage

8 rue Aubert 75009 Paris

<https://www.wada-ama.org/en/code-signatories>



Accredited Laboratory for sample analysis:

Agence Française de lutte contre le dopage

Département des analyses 143 avenue Roger Salengro 92290 Châtenay-Malabry

<https://www.wada-ama.org/en/what-we-do/science-medical/laboratories/accredited-laboratories>



## 11. Uniforms

Service/Ceremony uniform is mandatory for the opening and closing ceremony.

Class A Uniform and derived Summer pattern Class A uniform is acceptable.

National Teamwear is required for Training and Competitions.

Each participating country is required to bring their flag, and the Chief of Delegation must check if their respective national anthem, available on the CISM Extranet (<http://members.milспорт.one/officialdocuments/protocol-events-guidelines>), is up to date and can be used in sports competitions.

## 12. Equipment

*The host nation will provide the equipment to be used during the competition (boards, surfskis, manikin, tow).*

In Ocean events, caps – securely fastened under the chin – must be worn on the competitors' heads at the start of each event. Competitors need to bring **their own caps and lycra**.

A wetsuit (open water, surf, etc.) is required for Open Sea / Beach Events if the water is below 16°C degrees.

## 13. Customs and Visa Procedures

Recommend the participants to contact the French Embassy in your own country.

In order to avoid problems with deadlines for granting Visas adopted by different countries and embassies, we recommend that participants contact the French Embassy in your own country and schedule an appointment **soon after sending the Preliminary Agreement**.

## 14. Weather conditions

The temperature in July in Montpellier is between 12°C – 22°C but depending on the year, temperature can drop as low as 2°C and rise as high as 31°C.

Average temperature is about 17°C. Average water temperature is 16.8°C. The probability for rain is 10%.

The weather can be very windy in Montpellier.

## 15. Registrations from deadlines

- Preliminary Agreement (Annex 1) **30<sup>th</sup> January 2024**
- Final Entry (Annex 2a, 3) **13<sup>th</sup> April 2024**.
- A valid and operated phone number and email address are required on the final entry form in case the organizing committee needs to contact you.



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## 16. Points of Contact

All official correspondence concerning the competition should be sent to:

Ministère des Armées

Centre National des Sports de la défense

Direction technique du Sport militaire

Cellule compétitions internationales

Rue des archives – CS 90266 – 77305 FONTAINEBLEAU CEDEX

Tel: +33 1 79 916 224

Preferably through email:

[wmc.lifesaving.2024@gmail.com](mailto:wmc.lifesaving.2024@gmail.com)

EV1 Olivier LEFEVRE,

[olivier1.lefevre@intradef.gouv.fr](mailto:olivier1.lefevre@intradef.gouv.fr)

or: [cnsd-sports-elite.redac.fct@intradef.gouv.fr](mailto:cnsd-sports-elite.redac.fct@intradef.gouv.fr)

CBA FERRE Nicolas

[nicolas.ferre@intradef.gouv.fr](mailto:nicolas.ferre@intradef.gouv.fr)



## 17. Preliminary Agreement

### ANNEX 1

To be returned before: **30<sup>th</sup> January 2024**

<p><b>French Delegation to CISM:</b></p> <p>CNSD          EV1 (OF1) Olivier Lefèvre          2024 Lifesaving WMC Project Lead          Tel: +33 1 79 916 224          E-mail: <a href="mailto:wmc.lifesaving.2024@gmail.com">wmc.lifesaving.2024@gmail.com</a></p>	<p><b>CISM Headquarters:</b></p> <p>CISM HQ          LtCol Jan Van den Dool          CISM Sports Director          Mobile: +31 630861878          E-mail: <a href="mailto:cismsportsdepartment@milsport.one">cismsportsdepartment@milsport.one</a></p>
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NATION:

TOTAL NUMBER OF PARTICIPANTS:

	Officials	Athletes	CSC members	Referees	Total
Men					
Women					
<b>Total</b>					

- Does your delegation need a visa to travel?  YES  NO.
- If the answer is **YES**, start the process immediately.

Do your athletes need TUE?  YES  NO.

If the answer is **YES**, you can already start the process.

MEANS OF TRANSPORT: \_\_\_\_\_

DATE: \_\_\_\_\_

SIGNATURE OF CHIEF OF DELEGATION

RANK/NAME: \_\_\_\_\_

	<b>Rank/Name</b>	
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<b>Your Contact</b>	<b>Phone</b>	
	<b>Fax</b>	
	<b>E-Mail</b>	



**18. Final Entry – composition of the mission**

**ANNEX 2a**

To be returned before day/month/year: **13<sup>th</sup> April 2024**

<p><b>French Delegation to CISM:</b></p> <p>CNSD          EV1 (OF1) Olivier Lefèvre          2024 Lifesaving WMC Project Lead          Tel: +33 1 79 916 224          E-mail: <a href="mailto:wmc.lifesaving.2024@gmail.com">wmc.lifesaving.2024@gmail.com</a></p>	<p><b>CISM Headquarters:</b></p> <p>CISM HQ          LtCol Jan Van den Dool          CISM Sports Director          Mobile: +31 630861878          E-mail: <a href="mailto:cismsportsdepartment@milsport.one">cismsportsdepartment@milsport.one</a></p>
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NATION :

#	Function	Rank	Name and Surname
1.	Chief of Mission		
2.	Team Captain		
3.	Trainer		
4.	Trainer		
5.	Physio		
6.	Referee		
7.	Male athlete		
8.			
9.			
10.			
11.			
12.			
13.	Female athlete		
14.			
15.			
16.			
17.			
18.			



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19.	CSC Member		
20.	Ad Libitum		

In strict compliance with applicable **CISM Regulations – Chapter VII, Art. 7.23**, I, the undersigned Chief of Delegation, hereby officially confirm that all athletes representing my nation in the CISM event are on active duty in my nation’s Armed Forces. I understand that sanctions may be imposed against my nation, my mission, my team, individual athletes, or myself for violation of this provision (**CISM Regulations Chapter I, Art. 1.12**).

- Does your delegation need a visa to travel?  YES  NO.
- If the answer is **YES**, start the process immediately.

Do your athletes need TUE?  YES  NO.

DATE: \_\_\_\_\_

SIGNATURE OF CHIEF OF DELEGATION

RANK/NAME: \_\_\_\_\_



## 19. Final Entry – commitment by the chief of mission

### ANNEX 2b

NATION :

The undersigned, Chief of Mission declare that he has read the **CISM Regulations** and moreover understood the following prescriptions:

#### Article 1.10. RIGHTS OF MEMBER NATIONS

A. Active member nations have the right to:

Be invited to all CISM Championships.

B. Inactive member nations have the same rights as active member nations except that:

They do not participate in any CISM event until they have met their financial obligations.

An inactive nation, intending to take part in the event must pay its annual fee before the deadline established by the Organizing Committee of the world military championship for sending the final entry. If it is not done, the delegation will not be able to take part in the event.

#### Article 7.23. PARTICIPATION - MILITARY STATUS

A. Only military personnel on active duty in Armed Forces may take part in competitions organized by CISM.

B. No one may be recalled to active duty in the Armed Forces for the purpose of participating in a CISM competition. In the case of an intermittent military service, the athletes regularly recalled may not take part in CISM competitions, under any circumstances, if more than 18 months have elapsed between this recall and the end of their last call to arms.

C. Exceptions to the above may be authorized by the General Assembly, upon recommendation of the Board of Directors.

D. All military participants in a CISM event shall be in possession of proper documentation which signifies active military service of the member nation he represents. The documentation can be:

1. a valid military identity card for those athletes who are authorized to present their military identity cards abroad,

2. a form of verification (in English and/or French) of military status accompanied by a passport.

E. By signing the final entry, the Chief of Delegation confirms the military status of the participating athletes. If there are last minute changes in the participation of the athletes, the verification file may be signed by the Chief of Mission, but shall be confirmed by the Chief of Delegation by official letter.

F. If one of these documents is not available, participation will be refused.





## **Article 7.32. CHIEF OF MISSION**

### **A. Chief of Mission**

1. Chiefs of Mission shall be familiar with CISM regulations.
2. Missions must not only participate or be present at sports events, they are also required to participate in information conferences on CISM, study days, commemorative and cultural events and ceremonies organized by the host nation.

### **B. Conduct of a mission**

1. The Chief of Mission is responsible for the behaviour of his team in sports and general discipline. He shall ensure that members of his mission respect the rules and directives prescribed by CISM and organizers of the championship. The respect of schedules is particularly important as they form the basis for the effective conduct of competitions and ceremonies.

2. The Chief of Mission shall also enforce the rules concerning behaviour and dress during the ceremonies. He plays an important role in promoting the CISM spirit among his mission, a spirit represented by friendly attitude towards other missions, courtesy towards organizers and fair-play in competition.

## **Article 8.6. ABSENCE OF A MISSION WITHOUT NOTIFICATION**

If a mission which submits a preliminary agreement and/or final entry is absent without notifying the host nation in time, a sanction will be imposed (CISM Regulations, Art. 1.12).

## **Article 8.17. RULES OF STAY**

### **A. General**

1. The Chiefs of Mission are responsible for the discipline of their mission. The missions fall under the jurisdiction of the organizing nation. During events, all athletes present on the playing fields are equal before the jury, the referees and to themselves. No one may use his rank to impose his views on sports matters.

2. Civilian members of the missions shall conform to the discipline accepted by all other participants.

### **B. Military uniforms**

1. Unless otherwise approved by the Official CISM Representative, all participants shall wear military uniform during official ceremonies such as the opening and closing ceremonies and medal-awarding ceremonies. Individuals without proper uniform will not be allowed to participate in the championship.

2. The presentation of medals takes place, in principle, during the closing ceremony. The presentation of medals may be done in sports uniform, if for organizational reasons it is not possible to wear military uniforms. This is the case e.g. when the presentation immediately follows a championship sports event. Sports uniforms shall respect the corresponding national criteria (training suit, sports shoes, etc.) Displaying the national flag on the podium by the recipient (athlete or team) at a medal awarding ceremony is forbidden. Individuals failing to respect these prescriptions shall not receive their medal(s) during the official ceremonies.



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C. Forbidden actions

1. In conformity with the statutes and traditions of CISM, any political or religious propaganda during a CISM event, in particular the dissemination of documents, pictures, brochures, reviews, etc. is strictly forbidden.

2. Any contravention shall result in the exclusion of the mission from further competition and may result in additional sanctions (Regulations Art. 1.12).

**Article 8.19. ACCOMODATIONS**

E. All missions, including those of the host nation, shall be accommodated under the same conditions. If the conditions are in accordance with the CISM norms and standards, the missions are expected to accept the accommodation provided by the organizing nation.

G. (...) Any mission that does not accept the accommodations provided by the organizing nation and judged as adequate by the Official CISM Representative will not be allowed to participate in the championship.

DATE: \_\_\_\_\_

\_\_\_\_\_  
SIGNATURE OF CHIEF OF MISSION

RANK/NAME: \_\_\_\_\_



**20. Final Entry – Travel Data**

**ANNEX 3**

To be returned before day/month/year: **29 march 2024**

<b>French Delegation to CISM:</b>  CNSD EV1 (OF1) Olivier Lefèvre 2024 Lifesaving WMC Project Lead Tel: +33 1 79 916 224 E-mail: <a href="mailto:wmc.lifesaving.2024@gmail.com">wmc.lifesaving.2024@gmail.com</a>	<b>CISM Headquarters:</b>  CISM HQ LtCol Jan Van den Dool CISM Sports Director Mobile: +31 630861878 E-mail: <a href="mailto:cismsportsdepartment@milsport.one">cismsportsdepartment@milsport.one</a>
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NATION :

	PLACE	DATE	FLIGHT N° TRAIN N° BUS N°	TIME
ARRIVAL				
DEPARTURE				

MEANS OF TRANSPORT: \_\_\_\_\_

DATE: \_\_\_\_\_

SIGNATURE OF CHIEF OF DELEGATION

RANK/NAME: \_\_\_\_\_

<b>Your Contact</b>	<b>Rank/Name</b>	
	<b>Phone</b>	
	<b>Fax</b>	
	<b>E-Mail</b>	