



International Military Sports Council

CISM Sports Committee JUDO

Rules and Regulations

English Edition 2026

CISM JUDO COMPETITIONS REGULATIONS

(JAN, 2026)

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CHAPTER I: GENERAL INTRODUCTION

1.1 The International Military Sport Council - CISM

The International Military Sports Council, commonly referred to as CISM, is a distinguished international sports organization comprising the armed forces of member nations approved by the General Assembly. CISM extends its inclusivity to the armed forces of all nations. The primary objective of CISM is to foster athletic engagement and physical education among military personnel, thereby reinforcing global peace. This aspiration is encapsulated in the CISM motto, "FRIENDSHIP THROUGH SPORT."

1.2 Background

In the aftermath of World War I, American General John Pershing recognized the need to break down linguistic and cultural barriers and promote friendship and morale among soldiers of Allied Forces. As a result, he established the Allied Forces Sports Council in 1919 and organized the first international military sports event, the Inter-Allied Games, in France. These games involved 18 nations from five continents and 1500 athletes in 24 sports.

Following the conclusion of the Second World War, the Allied Forces Sports Council was reinstated, culminating in the second Inter-Allied Games, which took place in 1946 in Berlin. Significantly, allies from both Western and Eastern Europe participated in a spirit of camaraderie. Regrettably, due to escalating political tensions, the Allied Forces Sports Council was dissolved in 1947. Nevertheless, the concept was revitalized the following year with the establishment of CISM and the emergence of a more global vision.

In fact, CISM was founded on 18 February 1948 in Nice, France. The five (5) founding nations were Belgium, Denmark, France, Luxembourg, and the Netherlands.

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1.3 Scope and Activity

Currently, 142 nations from Europe (42), Africa (48), Asia (33), and the Americas (19) are esteemed members of CISM. In addition to a plethora of continental and regional championships, CISM orchestrates over 22 World Championships annually and hosts the Military World Games every four years, attracting approximately 6,000 participants, including Olympic medalists and World Champions. Furthermore, CISM extends clinics, technical guidance, and solidarity assistance to its member nations.

1.4 Structure

The supreme authority of CISM is the General Assembly, in which all member nations represent. It ratifies statutory matters, strategic initiatives, and annual operational plans, convening once annually. The General Assembly elects a Board of Directors, which serves as the policy-making entity, presided over by an elected CISM President. This assembly convenes at least biannually. The General Secretariat, situated in Brussels, functions as the permanent executive and administrative authority.

Liaison Offices are established in Europe, Africa, Asia, and the Americas to coordinate regional activities. Technical Committees are also established to manage, develop, and supervise the technical aspects of each sport.

CISM fosters robust relationships with national and international sports federations, as well as esteemed global organizations such as the International Olympic Committee (IOC).

It encapsulates the objectives, frameworks, and undertakings of the CISM, in which the judo championship constitutes a significant component.

It is imperative to recognize the role you are anticipated to fulfill in CISM, whether as an organizer or a competitor. You embody the Armed Forces of your respective nations, and consequently, you are tasked with upholding your colors. However, you are also a member of an expansive fraternity, CISM, whose guiding principle is: "Friendship through Sport."

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1.5 A Brief Historical Overview of the CISM Judo Event

Nearly 140 years ago, Jigoro KANO, a distinguished Japanese professor, amalgamated various self-defense systems to conceive a novel sport known as Judo. In 1882, the inaugural Judo contest transpired, heralding the advent of a discipline that has since attained global prominence. Judo is recognized and practiced across all five continents, boasting approximately 40 million practitioners engaged in this esteemed sport.

The International Judo Federation (**IJF**) consists of 204 member countries (Africa – 54, Americas – 36, Asia – 42, Australia & Oceania – 21, Europe – 51), and the sport is still growing in popularity. In 1956, the first world championship carried out. Since 1964, Judo has been counted as an Olympic sport. By the development of contest rules, the sport enabled efficient competitions based on the former self-defense systems. The close contact between Japan and the western nations in matters of culture and economy together with the increasing physical activities led to a rise in this sport. KANO and his followers paved the way for Judo.

But the question is why a martial art like Judo, which contains the determinations of acting, aggressiveness, fast reaction, and physical fitness, is not part of the training program of all the armed forces? Before Judo, the systems of self-defense were a part of the combat techniques of the former warriors not only in Japan, but in the whole Far East. Moreover, these systems have their origins in China and India. The philosophic and ethical words of these systems for close combat were adopted by KANO and Judo. Therefore, Judo is suited for the training of soldiers. Also, its technical knowledge is also important for military uses. The training of the fighting spirit, physical endurance, courage, resoluteness, strength of mind, and quickness in movements are essential for the soldiers' success. Without these conditions, a Judoka cannot be successful either. Judo is not only a sport with advantages for military virtues, but also requires great mental engagement. Physical ambitions alone would not be sufficient for success, if there were no knowledge and structure of the human body (vital points). Every Judoka should be aware of the dangers of training

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and fighting in a competition. Furthermore, they have to act in a way that keeps the risk of injuries as low as possible. The principle "**give way to win**" does not mean to deceive the opponent, but to use the other's power for your success. The ideal of Judo is to find unity between the body and the spirit.

In many countries, special troops have had close combat training based on the known self-defense techniques and Judo long before World War II. The reports about successful actions of commandos using the principles of Judo training are good examples of the value of this training.

Judo was firmly established in the CISM calendar by the initiative of a CISM Executive Committee member (General LUTGENDORF - Austria), the first CISM Judo championships were organized in Vienna (Austria - in 1966). Although the calendar was not perfect at the beginning, the annual conduction of a championship was a goal, which has come true.

The majority of the CISM member nations practice Judo in their armed forces and the number of nations participating in CISM. Judo shows great interest in sport of armed forces. From 7 nations in the first CISM Judo championship in Vienna, 1966, up to 25 in Warendorf , Germany, 2025 which the 43rd edition of which was held for the first time alongside wrestling and taekwondo competitions, under the title of the Martial Arts Championship, represents that there has been a long road to achieving this success. Participants taking part in CSIM Judo championships, after winning the title, achieve Olympics and World medals. Well-known names are including.

Judo, because of its strict forms, fairness, and politeness, is a good example for the CISM motto "**Friendship through Sport**".

(The complete history of the World Military Judo Championships, along with all relevant details, is available on the official Cism Judo Committee website.)

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1.6 The Presidents of Permanent Technical Judo Committees

1973-1974: Major General Dr. Schtippl Sonwalden (AUT)

1974-1990: Brigadier General Josef Herzog (AUT)

1991 - 1994: Captain Tom Kempkens (NED)

1995 - 2008: Colonel Prof. Roman Maciej Kalina, Ph. D (POL)

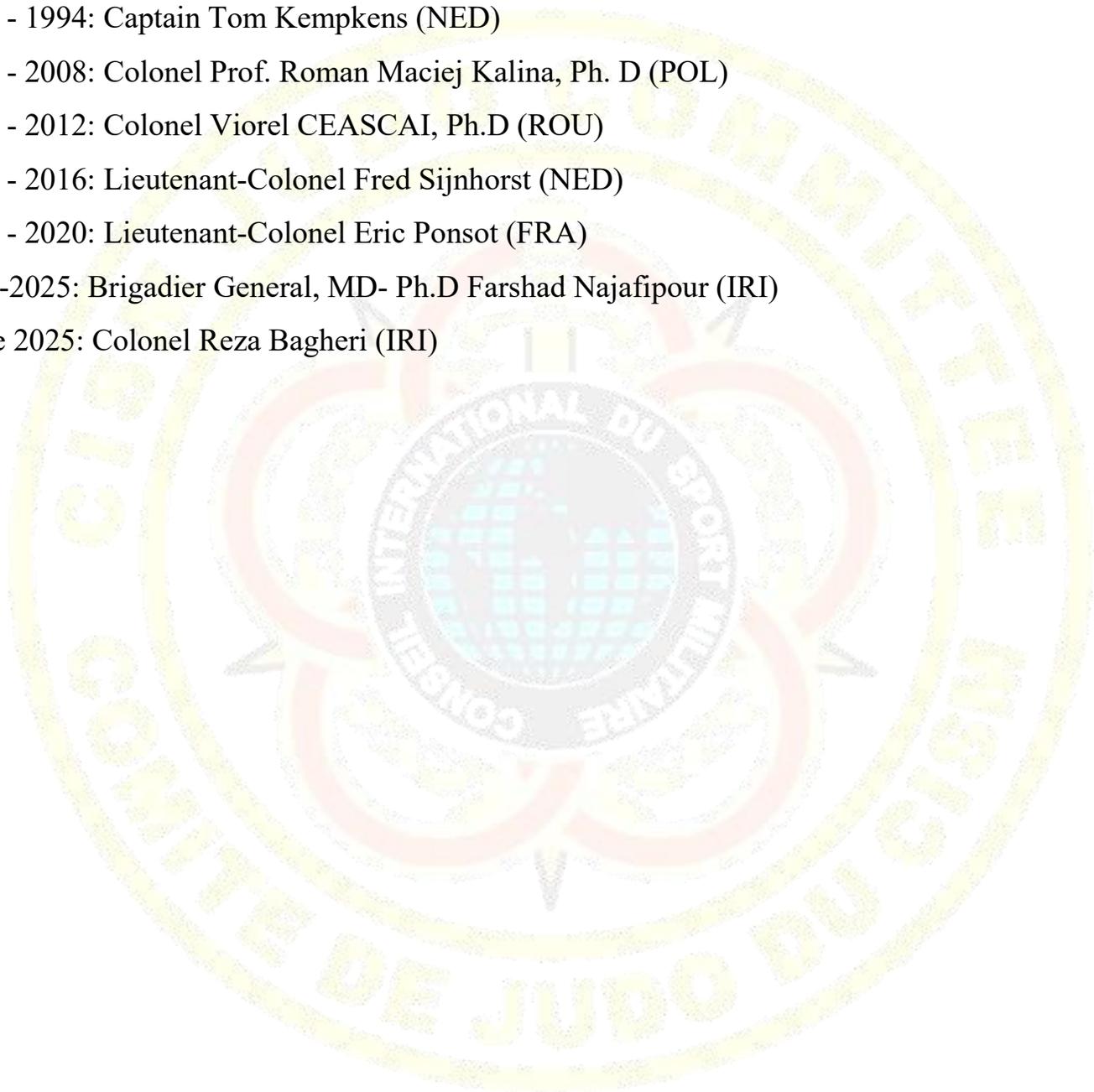
2008 - 2012: Colonel Viorel CEASCAI, Ph.D (ROU)

2012 - 2016: Lieutenant-Colonel Fred Sijnhorst (NED)

2016 - 2020: Lieutenant-Colonel Eric Ponsot (FRA)

2020-2025: Brigadier General, MD- Ph.D Farshad Najafipour (IRI)

Since 2025: Colonel Reza Bagheri (IRI)



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CHAPTER II: SPECIFIC REGULATIONS FOR JUDO

2.1 General Rules

2.1.1 Sponsoring Country & Rights Holder

1. The Judo championship, in principle, takes place annually in a volunteer country, under the auspices of the International Military Sports Council (CISM). Also, the World Military Games are held every four years, and judo is one of its main disciplines.

2. The championship should be held preferably in accordance with the International Judo Federation (IJF) Calendar.

2.1.2 Eligibility and Required Documentation

2.1.2.1 This championship is open exclusively to active-duty athletes from CISM member nations.

2.1.2.2 To participate, each athlete must present the following documents:

2.1.2.3 A valid military identity card;

2.1.2.4 A military status verification form (in English and/or French), accompanied by a passport;

2.1.2.5 A letter of authorization from the Head of Mission.

2.1.3 Rules

2.1.3.1 **The Championship will be organized according to the latest IJF's Sporting Code, inclusive of the accepted changes (we follow the current rules of the International Judo Federation «IJF»).**

2.1.3.2 The organizing procedure for competition will go with the current rules of the International Judo Federation (IJF) .

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2.2 Competitions

Competitions include two Individual and Team main events:

2.2.1 Individual Competition:

2.2.1.1 The individual competition for men in seven (7) categories.

2.2.1.2 The individual competition for women in seven (7) categories.

2.2.1.3 The individual competition for disabled (blind and visually impaired)*.

2.2.2 Team Competition:

2.2.2.1 The Team Competitions for men.

2.2.2.2 The Team Competitions for women.

2.2.2.3 The Mixed-Team-Competitions.

2.2.2.4 Kata Competitions (NAGE-NO-KATA)**.

*&**

Important Note

The registration of a **Para athlete** and **Kata team** within a composition of the mission does not automatically guarantee their participation in the event.

Should the required minimum quorum not be achieved in the respective category, and in accordance with Article 8.30 of the CISM Regulations, the Host Nation will, after the final entry deadline, review the total number of confirmed entries. Following this evaluation—and in coordination with the CISM Secretariat and the Judo Committee—the Host Nation will officially notify the concerned country regarding the approval or non-approval of the Para athlete or Kata team.

2.2.1 Individual Competitions

Competitions will be organized in the following weight categories:

2.2.1.1 Men: -60, -66, -73, -81, -90, -100, +100 Kilograms.

2.2.1.2 Women: -48, -52, -57, -63, -70, -78, +78 Kilograms.

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2.2.1.3 Disabled (blind and visually impaired): Men (-73, -90, +90 kg), Women (-57, -70, +70 kg) The details and executive provisions are set out in Article 2.3.

2.2.1.4 Entries:

1. Each country may nominate a maximum 22 competitors (9 men, 9 women, 2 men kata athletes and 2 women kata athletes and 1 disabled man or woman), although with a maximum of 2 male and 2 female competitors per weight class.

2. All teams, including the host, must register the names of their athletes and other mission members using the official Final Entry form included in the competition invitation file. This form must be submitted by the deadline specified in the invitation to the host and CISM Headquarters, with a copy sent to the President of the CISM Judo Committee. Only athletes listed on the submitted Final Entry form are eligible to participate in individual and team competitions. Additionally, all participants must be properly registered in the roster of accredited competitors, and their entries must be validated before the preliminary Technical Meeting.

3. Men's and women's individual competitions will last 4 minutes. In case of equal result in the main time, the golden score time will apply.

4. The order of contests shall begin with the lightest weight category and conclude with the heaviest.

5. One weight category must be finish in one (1) day.

2.2.2 Team Competitions

All team competitions—including:

2.2.2.1 Men's Team,

2.2.2.2 Women's Team,

2.2.2.3 Mixed Team,

2.2.2.4 Kata Team,

Will be organized and conducted in accordance with CISM Regulations (Art. 8.30).

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2.2.2.1 Men's Team

1. For the Separate Gender Team Competition (Men's Team), a team must consist of five (5) categories. The weight categories extra-light (-60 kg) and half-heavy (-100 kg) will be excluded.
2. Each team will consist of three to five (5) judokas and is allowed to have up to four (4) reserves. A team must consist of a minimum of three (3) judokas. A total of 9 judokas can be formed with a maximum of two (2) judokas per category.
3. In the context of team events (male), each judoka is permitted to compete within his or her designated weight category or in the subsequent higher category, provided that the minimum weight requirements are satisfied.
4. Just one (1) coach per team is allowed to enter the field of Play to coach.
5. During the contests, the non-competing judokas must stay within a marked area on the field of play and behind the coaches' chair. Reserve judokas must not enter the field of play.
6. The contests in female and male team matches will be fought from the lightest to the utmost.
7. Before each contest, the team captain must select the judokas for each contest and also team captain is permitted to select a single judoka from the two nominated in each category and subsequently informs the competition committee of his or her decision.

2.2.2.2 Women's Team

1. For the Separate Gender Team Competition (Women's Team), a team must consist of five (5) categories. The weight categories extra-light (-48 kg) and half-heavy (-78 kg) will be excluded.
2. Each team will consist of three to five (5) judokas and is allowed to have up to four (4) reserves. A team must consist of a minimum of three (3) judokas. A total of 9 judokas can be formed with a maximum of two (2) judokas per category.
3. In the context of team events (female), each judoka is permitted to compete within his or her designated weight category or in the subsequent higher category, provided that the minimum weight requirements are satisfied.

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4. Just one (1) coach per team is allowed to enter the field of Play to coach.
5. During the contests, the non-competing judokas must stay within a marked area on the field of play and behind the coaches' chair. Reserve judokas must not enter the field of play.
6. The contests in female and male team matches will be fought from the lightest to the utmost.
7. Before each contest, the team captain must select the judokas for each contest and also team captain is permitted to select a single judoka from the two nominated in each category and subsequently informs the competition committee of his or her decision.

2.2.2.3 Mixed Team

1. Mixed-Teams of nations announce their readiness, having a complete team, must have judokas able to compete in 6 categories. Each team will consist of up to six (6) judokas (3 women and 3 men) and manage to have up to six (6) reserves (3 women and 3 men). If there were injuries or illnesses during the competition, a team could compete with a minimum of four (4) judokas. A total of 12 judokas can form Mixed-Team-Competitions with a maximum of two (2) judokas per category.
2. Weights of male judokas are -73, -90, and +90 kg, and female judokas -57, -70, and +70 kg. In Mixed-Team-Competitions, each judoka has the right to compete in his/her weight or a higher category.
3. During the contests, the non-competing judokas must stay within a marked area on the field of play and behind the coaches' chair. Reserve judokas must not enter the field of play.
4. Two (2) coaches per team are allowed to enter the Field of Play to coach.

2.2.2.4 Kata Team**

will be held with a maximum of 4 athletes (2 men and 2 women) representing each nation, serving as an optional event for participating countries.

**Important Note

The inclusion of a kata teams in a composition of the mission does not constitute final confirmation of the team's participation in the event.

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In the event that the minimum quorum is not reached in the relevant category, and in accordance with Article 8.30 of the CISM Regulations, the Host Nation—after the final entry deadline—will conduct a final assessment of the number of registered teams. Based on this assessment, and in coordination with the CISM Secretariat and the Judo Committee, the Host Nation will formally inform the concerned country whether the participation of the kata team is approved.

Important Considerations for Team Competitions:

To foster a friendly and intimate atmosphere, while moving beyond the competitive edge, it's essential to generate excitement at the event and encourage closer connections between nations. One potential solution could be the introduction of multinational teams in team-based competitions, especially in cases where countries lack the required number of participants for such events.

2.3 Executive System & Essential Considerations

The competitions (Individual and Team Competitions) conduct according to the following system:

2.3.1 Five competitors or fewer: Round-robin (group stage) format and it means if in one weight category (or in the team events), 4 or 5 competitors take part, according to the rules (IJF), every competitor (teams) must fight against every other competitors (teams). The number of matches determined by the formula: $N(n-1) / 2$ (n = number of competitors / teams).

2.3.2 Six competitors or more: Elimination brackets with systematic repechage or double repechage.

2.3.3 Combination of two (2) weight categories (individual competitions):

If in one weight category, there were one (1), two (2), or three (3) competitors, this category will immediately combine to above one.

2.3.4 Before each match, the captain must select the judokas for each contest (4 up to 6 competitors) and introduce them to the competition committee. Of the maximum two judokas forming in each category, one can just be selected.

2.3.5 In a match, a judoka cannot rest for one match and plays in the return game unless being replaced by the other introduced judoka.

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2.3.6 If a team has no judoka in a category, the captain should select the “no competitor” option and notify the competition committee.

2.3.7 For the first round, the lists must be returned to the competition committee, maximum 30 minutes before the start of the competition. For the next rounds, maximum 10 minutes after receiving the list from the competition committee, it must be restored. Notice that returned list is not changeable.

2.3.8 Duration of each contest: Men's and women's competitions will last 4 minutes, if in case of equal result in the main time, the golden score time will apply. After the team bow, the byes are displayed on the scoreboard and winners will be announced.

Example1: If blue team has one empty category: **1:0**

Example2: If both teams have different empty categories: **1:1**

Example3: If both teams have the same category empty: **0:0** (this is the only case when we stop a match when a team has reached 3 wins).

2.3.9 These byes are skipped later. There is no need for a player return to tatami to bow again if there is no contest to be fought.

2.3.10 All judokas listed for the match must compete until the team reaches the winning result and the first team reaching the majority of wins is declared as the winner. The remaining contests will not be fought. In other words the first team to win the majority of individual matches is declared the winner. Remaining matches are not contested.

2.3.11 If a judoka refuses to compete, the team will be disqualified and considered losers.

2.3.12 If a team does not attend a match, the other team will be declared the winner.

2.3.13 If there are an equal number of wins at the end of the match, a draw is done from all categories regardless if the team has a player or not (if both teams didn't have a player in the same category, this category would be not included in the draw). In other words in the event of a tied match, a draw will

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determine which weight category—present on both teams' match sheets—will be used for the tiebreak. A new contest will be held in that category with Golden Score rules (first score wins).

2.3.14 The judokas in the drawn categories will re-fight a golden score contest.

2.3.15 The draw is done by computer and displayed for judoka on public (big screen) scoreboards.

2.3.16 Judokas provided as having minimum weight in their category, can compete in the weight category in which they have competed in individual competitions or a higher weight category.

2.3.17 For the Team Competitions, it is allowed to change the line-up before each team competition.

2.3.18 Only one coach accompanies each competitor and wearing a Class A military uniform (or a tuxedo for civilian personnel) is mandatory for coaches whose athletes are competing in final or classification matches (gold, silver, and bronze medal contests). Coaches who do not comply with this requirement will not be permitted to occupy the coaching position during these matches if dressed in sportswear or civilian clothing.

2.3.19 Team Composition Documentation for Event Result Book: The composition of the athletes forming each team, which must be submitted to the organizing committee prior to the team event, should be recorded separately for each competition in the final event Bbook Results. This is crucial because, in the event of a violation by any athlete or a **positive doping test**, the absence of this documentation would make it impossible to assess the violation and take necessary actions, such as re-ranking, withdrawal of medals, or cups.

2.3.20 Any questions of the manner of performance must be decided at the preliminary Technical Meeting and will execute by the chairman of the judo committee after final approval.

2.3.21 REGULATIONS OF PARA-JUDO COMPETITIONS OF BLINDS AND VISUALLY IMPAIRED*:

2.3.21.1 Competitions for judokas who have suffered suffering eye injuries during military service for any reason, based on (IBSA) Regulation, are absolutely blind (B1), blind - visually impaired (B2), or visually impaired (B3), within the framework of Judo CISM Committee Regulation and

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the International Association of Sports for the Blind and Visually Impaired (IBSA) are allowed to participate in the World Military Judo Competition (CISM).

2.3.21.2 Men's weights (-73kg, -90kg and +90 kg).

2.3.21.3 Women's weights (-57 kg, -70 kg and +70 kg).

2.3.21.4 For participating in the competitions, each country (team) is only allowed to introduce a male or female athlete of one weight and a maximum of one athlete to the executive committee, and it is necessary to send the documents related to the categories (B1, B2, B3)

2.3.21.5 In order to create more motivation among the participating countries and athletes, the medals won by judokas in this category will be included in the team ranking of the competitions.

2.2.21.6 These competitions are planned and implemented according to the Sports Rules and Regulations of CISM. They also will technically be subject to the Rules and Regulations of the Judo CISM Committee and IBSA.

2.3.21.7 After evaluating the quality of the event and its impact on the development of judo among the disabled personnel in future courses, the number of participating judokas in each country may increase to two or three.

B1: Slight to no light perception in either eye and must wear blackout glasses.

B2: Up to visual acuity of 2/60 and/or a visual field of fewer than 5 degrees.

B3: Up to visual acuity of 6/60 and/or a visual field of fewer than 20 degrees

Important Note*

The inclusion of a disabled athlete in a Composition of the Mission does not constitute final confirmation of the athlete's participation in the event.

In the event that the minimum quorum is not reached in the relevant weight category, and in accordance with Article 8.30 of the CISM Regulations, the Host Nation—after the final entry deadline—will conduct a final assessment of the number of registered athletes. Based on this

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assessment, and in coordination with the CISM Secretariat and the Judo Committee, the Host Nation will formally inform the concerned country whether the participation of the disabled athlete is approved.

2.4 Drawing for Team and Individual Competitions

2.4.1 The draw will take place in the first round for the first step. The following steps will start with the next rounds, respectively.

Example: Mixed-Teams - drawn category is -73 kg starts as follows and continues until the end:

1st round: -73, -70, -90, +70, +90, -57 kg.

2nd round: -70, -90, +70, +90, -57, -73 kg.

Quarter-final: -90, +70, +90, -57, -73, -70 kg.

Repechage and semi-final: +70, +90, -57, -73, -70, -90 kg.

Ranking and final: +90, -57, -73, -70, -90, +70 kg.

2.4.2 The four (4) highest-ranked competitors present at the previous year's CISM World Championships or World Games are considered "seeded."

2.4.3 The top four (4) teams in last year's CISM Team Championship rankings are seeded in team competitions.

2.4.4 Two judokas from the same country in one weight category are also seeded and separated by at least a quarter of the draw.

2.5 Official and Random weigh-in

2.5.1 The official weigh-in shall be conducted on the day preceding the competition.

2.5.2 No accompanying persons are permitted inside the weigh-in room.

2.5.3 Random weigh-ins may be conducted on the morning of the competition, starting one hour before the competition begins and ending 30 minutes prior to its start. A tolerance of 5% of the athlete's body weight is allowed during random weigh-ins.

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2.5.4 If the team event follows an individual competition:

- ✓ Athletes participating on the final day of the individual event and registered in the +90kg and +70kg categories are not required to weigh in for the team.
- ✓ All athletes in the lower categories must weigh in.
- ✓ A weight tolerance of +5% will be granted to athletes (no tolerance will be granted to registered athletes who did not pass the official weigh-in for the individual competition).
- ✓ If an athlete participating on the final day of the individual event is registered in the -66, -73, -81, -90kg or -52, -57, -63, -70kg categories, they must weigh in. In this case, the athlete must report to the weigh-in, which will take place at the same time and location as the random weigh-in.

2.6 Refereeing

2.6.1 Competitions will go with the current rules of the International Judo Federation (IJF) and also refereeing will be conducted by IJF certified international referees, ensuring consistency with IJF standards.

2.6.2 Every delegation should include in its mission composition up to two International Referee License.

2.6.3 If two referees are announced and sent from the same country, one of them must at least have a World-Class International A Refereeing License.

2.6.4 If a country intends to include two referees in its team composition, it is strongly recommended that at least one of them—besides fulfilling the requirements outlined in Sub-Article 8.3—be an officially certified, internationally recognized, and currently active Kata referee.

2.6.5 Refereeing disabled (blind and visually impaired) competitions are according to regulations and rules of IBSA.

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2.7 Invitation

At least six (6) months before the scheduled date of the event, the Organizing Country will send an official invitation to member nations, and if desired, to invited nations. The official invitation will be drafted according to the CISM Regulations.

2.8 Composition of the Mission

2.8.1 According to the Cism Regulations and Rules the World Military Judo Championships, must include competitions for both men and women. It is not permitted for a host nation to limit or allocate the championship to only one gender.

2.8.2 The mission of a country participating in a CISM Judo Championship may include a max of 31 members and will be composed as follows:

- ✓ 1 Chief of Mission
- ✓ 1 Team Captain
- ✓ 2 International Referee (IJF) (See Article 2.5)
- ✓ 3 Coaches (If the number of judokas in each group of men or women are 5 (five) or more, the missions can deploy 3 (three) coaches (1 head coach and 2 coaches). Otherwise, for each group of men and women 1 coach will be sent. "total of 2 instructors")
- ✓ 1 "Ad Libitum"
- ✓ 9 Male Competitors (7 competitors + 2 reserves including 1 competitor for per category + 2 men in categories of their choice)
- ✓ 9 Female Competitors (7 competitors + 2 reserves including 1 competitor for per category + 2 women in categories of their choice)
- ✓ 2 Male KATA Athlete*.
- ✓ 2 Female KATA Athlete*.
- ✓ 1 Disabled Athlete* (Blind or Visually Impaired)

2.8.3 All participants must be registered on the list of accredited competitors, and their registrations must be confirmed before the start of the technical meeting.

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***Important Note**

The registration of a Para athlete or a Kata team within a composition of the mission does not automatically guarantee their participation in the event.

Should the required minimum quorum not be achieved in the respective category, and in accordance with Article 8.30 of the CISM Regulations, the Host Nation will, after the final entry deadline, review the total number of confirmed entries. Following this evaluation—and in coordination with the CISM Secretariat and the Judo Committee—the Host Nation will officially notify the concerned country regarding the approval or non-approval of the Para athlete or Kata team.

2.9 Program or stay- Schedule

The duration of stay is eight to nine (8-9) days.

2.9.1 Calendar

Day 1 Arrival of missions, control of military ID-cards, teams training.

Day 2 Opening Ceremony, Preliminary/Technical Meeting, Preliminary/Referees meeting, Pre - event Training, Non - official Weigh-in, Official Weigh-in and Draw for Individual Competition.

Day 3 Individual Competition for weights: -60, -66, -73 men and -48, -52, -57, -63 women and Official Weigh - in.

Day 4 Individual Competition for weights: -81, -90, -100, +100 men, -70, -78, +78 women and Para-Judo.

Day 5 Official Weigh - in and Draw for Team Competition.

Day 6 Women and Men Team Competitions .

Day 7 Official Weigh-in for Mixed Team Competition and Draw for Mixed Team Competition
Rest for Competitors & KATA Competition (If applicable and scheduled by host)

Day 8 Mixed Team Competition and Cultural Day – not compulsory / remain at the disposal of host country.

Day 9 Departure of Mission.

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2.10 Judogi Requirements

2.10.1 Only IJF-approved judogi are permitted (including green or red trims on pants and jacket, if applicable).

2.10.2 The judogi must be uniform in color across all components.

2.10.3 Judogi must be clean and free of blood stains.

2.10.4 All judogi must comply with IJF sizing standards.

2.10.5 Each judoka is required to bring at least one white judogi and one blue judogi.

2.10.6 The judoka who is called first shall wear the white judogi.

2.11 Anti-Doping Control

2.11.1 Among the wider public, doping is often understood to be the use of prohibited substances and methods. But there is a variety of other offenses, for example possession and trafficking in prohibited substances, or refusing to undergo doping testing procedures.

2.11.2 CISM takes great importance on maintaining a fair and clean sports environment. Because doping undermines the fundamental values of sport, such as health, fairness, commitment, integrity, and equal opportunities, it is strictly forbidden within CISM and Judo.

2.11.3 The rules governing clean sport are established at the international level by the World Anti-Doping Agency (WADA). The International Sports Federations (e.g. IJF), National Anti-Doping Organizations, National Olympic Committees, and Major Event Organizers such as CISM, which have signed up to the WADA regulations are then legally bound by them.

2.11.4 In the CISM Regulations, Chapter IX is devoted entirely to anti-doping regulations, based on the overarching, prescriptive and most current WADA guidelines and standards.

2.11.5 The Prohibited List is a list of prohibited substances and methods. The updated list is published annually by WADA on January 1st. More detailed information must always be gained from WADA's website.

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2.11.6 There are situations in which a judoka needs to take a prohibited substance or use a prohibited method, as specified by the Prohibited List, for health reasons. The anti-doping rules therefore stipulate therapeutic use exemptions, or TUE for short. The TUE Application procedure can be found on CISM's website.

2.11.7 At every CISM judo event designated as a World Championship or part of the World Military Games, doping control is mandatory. Tests may be conducted randomly or based on ranking, in full accordance with WADA and CISM anti-doping regulations.

2.11.8 The document that regulates the total number of anti-doping tests and which substances to be tested for is the Test Distribution Plan (TDP). The TDP for every CISM Judo Championship is provided annually by the CISM Anti-Doping Manager and is shared with the Local Organizing Committee well before the beginning of the Championship.

2.11.9 At every World Championship a CISM Anti-Doping Commission (ADC) is formed. The composition of the Commission is as follows:

- ✓ The Official CISM Representative (OCR) is the president of the commission.
- ✓ The President of the CISM Sports Committee (PCSC Judo).
- ✓ An Anti-doping representative of the organizing committee of the championship who may be seconded by the Doping Control Officer of the Sample Collection Authority.

2.11.10 Every judoka can be designated for a doping test! Whether the athlete selection is made on the basis of final classification, drawing of lots, or something else, is the responsibility of the ADC.

2.12 Prizes and Awards

2.12.1 Prizes for the Individual Competitions:

The hosting country is obligated to present official medals as follows:

1. To the winner of each category: the CISM gold medal and diploma.
2. To the second-placed competitor in each weight category: the CISM silver medal and diploma.

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3. To the joint third place competitors in each weight category: the CISM bronze medal and diplomas.

2.12.2 Prizes for the Team Competition

The hosting country is obliged to present official medals as follows:

To all accredited competitors of a team, announced to the central table at the beginning of the competition day.

1. First place: the CISM gold medal and diploma.
2. Second place: the CISM silver medal and diploma
3. Third place: the CISM bronze medal and diplomas.

Important Note for Team Competitions Medal Distribution:

In the **Team Competition** event, which includes both **Mixed-Team** and **Separate-Gender** categories, medals will be awarded not only to the athletes of the top three teams (up to a maximum of 9 medals) but also to the coaches (up to 3 individuals), the team captain (1 individual), and the Chief of Mission (1 individual). It is important to note that only athletes who possess medals are eligible to receive certificates.

2.12.3 Other Awards

Other awards may be presented at the option of the hosting country (commemorative medal, cups, medals, souvenirs etc.).

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CHAPTER III: MEDAL DISTRIBUTION REGULATIONS

The Regulations for medal distribution in individual and team competitions (Individual-Men, Individual-Women, Separate-Gender-Team, Mixed-Teams and Kata-Competition if applicable) fully adhere to the CISM Regulations relevant rules of the International Olympic Committee (IOC). Where the minimum participation requirements outlined in the mentioned Regulations are met, the medals awarded in both individual and team events (separate-gender, mixed and also Kata) must be officially counted in the overall Games medal table as follows:

3.1 Disciplines

3.1.1 Men's Individual Competitions

A total of **7 gold, 7 silver, and 14 bronze medals** (with two bronze medals awarded per weight category) will be officially distributed. All **28 medals** must be reflected in the official medal tally of the Games for the respective nations.

3.1.2 Women's Individual Competitions

A total of **7 gold, 7 silver, and 14 bronze medals** (with two bronze medals awarded per weight category) will be officially distributed. All **28 medals** must be counted in the Games' overall medal table for the winning countries.

3.1.3 Para-Judo's Individual Competitions

A total of **1 gold, 1 silver, and 2 bronze medals** (with two bronze medals awarded per weight category) will be officially distributed. All **4 medals** must be counted in the Games' overall medal table for the winning countries.

3.1.4 Men's Team Competition

A total of **5 gold, 5 silver, and 10 bronze medals** (with joint third-place teams) will be distributed. For the purposes of the overall medal table, **only one medal per nation** (according to final position) will be counted. It is important to note that in this discipline, medals will also be awarded to the coaches, team captains, and chiefs of mission.

3.1.5 Women's Team Competition

A total of **5 gold, 5 silver, and 10 bronze medals** (with joint third-place teams) will be distributed. Each country's final position will be reflected as **one medal** in the overall Games medal tally. It is important to note that in this discipline, medals will also be awarded to the coaches, team captains, and chiefs of mission.

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3.1.6 Mixed-Team-Competition

A total of **6 gold, 6 silver, and 12 bronze medals** (with joint third-place teams) will be awarded. As with other team events, **one medal per nation** will be included in the official medal table based on final ranking. It is important to note that in this discipline, medals will also be awarded to the coaches, team captains, and chiefs of mission.

3.1.7 Nage-no-Kata-Competitions

If included in the Judo CISM Regulations, the host has the discretion to organize these competitions. It's important to note that **Kata Competitions** are considered team events. While both men's and women's Kata teams will receive medals, **only one medal per country will be counted in the overall Games table**, in accordance with team competition regulations.

3.1.8 Awarding of the Championship Cups:

The host is responsible for preparing and providing **three separate team championship cups** for the event: one for the **men's team**, one for the **women's team**, and one for the **mixed team**. It is important to note that the overall cup, which is determined by the combined results of the men's and women's teams in the World Military Judo Championships, **should not be awarded**. Furthermore, this provision regarding the awarding of the team cup applies exclusively to the World Military Championships and does not extend to the CISM Games.

3.1.9 Fair Play Cup Award, Selection of the Best Male Player, Best Female Player, and Best Referee:

The CISM Judo Committee is responsible for selecting the recipient of the Fair Play Cup, as well as the Best Male Player, Best Female Player, and Best Referee during the Judo and CISM events. This process will be conducted in cooperation with members of the Judo and CISM Committee, the representative of the World Judo Federation present at the event, the Chairman of the Technical Committee of the Local Organizing Committee, the Chief Referee of the Championship, and the OCR. **Ultimately, the final decision regarding the selection of the nations and individuals listed above rests with the President of the CISM Judo Committee.** Additionally, the host is responsible for providing a prize for each of the awardees. It is important to note that the host has the discretion to enhance the grandeur of the ceremony by introducing additional titles, such as "Best Coach" and others, during the event. In such cases, the host may request that the relevant PCSCs be tasked with selecting recipients for these titles.

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3.2 Counting Table

<i>Event</i>	<i>Discipline</i>	<i>Number of Gold Medals</i>	<i>Number of Silver Medals</i>	<i>Number of Bronze Medals</i>	<i>Status of the Medals in the Overall Games Table</i>
X th Cism Summer Games	Individual Men Judo Competition	7	7	14	All Distributed Medals must be counted
X th Cism Summer Games	Individual Women Judo Competition	7	7	14	All Distributed Medals must be counted
X th Cism Summer Games	Para-Judo Competition	1	1	2	All Distributed Medals must be counted
X th Cism Summer Games	Men Team Judo Competition	1	1	2	Just 4 Medals must be counted
X th Cism Summer Games	Women Team Judo Competition	1	1	2	Just 4 Medals must be counted
X th Cism Summer Games	Mixed Team Judo Competition	1	1	2	Just 4 Medals must be counted
X th Cism Summer Games	Men Team Naga No Kata Competitions	1	1	2	Just 4 Medals must be counted (if applicable)
X th Cism Summer Games	Women Team Naga No Kata Competitions	1	1	2	Just 4 Medals must be counted (if applicable)

Note:

All regulations concerning the distribution of medals in Judo and their counting in the overall Games table are in accordance with the latest CISM Regulations (Article 8.30). For better clarity, the relevant article from these regulations is provided below. It's important to note that, based on the structure of the Judo events, two bronze medals will be officially awarded in each discipline, meaning there will be two official third-place finishes.

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3.3 Article 8.30. Official Medals (CISM Regulations)

A. Attribution

As a guide, official CISM medals are awarded to:

1. the first three (3) teams (gold, silver, bronze - 1 medal per member).
2. the first three (3) individual competitors (gold, silver, bronze).

B. Criteria

Medals will be awarded only if the criteria of minimal participation set in the hereafter table are met:

Events		Able				Disable			
		Men and mixed participation		Women		Men and mixed participation		Women	
		Athletes	Teams	Athletes	Teams	Athletes	Teams	Athletes	Teams
MWG and WMC	Gold, Silver & Bronze	6 or more	6 or more	6 or more	4 or more	5 or more	5 or more	4 or more	4 or more
	Gold & Silver	5	5	5	-	4	4	3	3
	Gold	4	4	4	-	3	3	2	2
Continental Championship	Gold, Silver & Bronze	5 or more	5 or more	5 or more	4 or more	4 or more	4 or more	5 or more	4 or more
	Gold & Silver	4	4	4	3	3	3	3	3
	Gold	3	3	3	-	2	2	2	2
Regional Championship	Gold, Silver & Bronze	4 or more	4 or more	4 or more	4 or more	4 or more	4 or more	5 or more	4 or more
	Gold & Silver	3	3	3	3	3	3	3	3
	Gold	2	2	2	2	2	2	2	2

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CHAPTER IV: REGULATIONS TO BE APPLIED

4.1 The official language in which this regulation was established is English. Therefore, that version shall prevail in case of any protest.

4.2 All cases which are not covered by the present regulations shall be decided according to the regulations of the International Judo Federations (IJF).

4.3 In the case of any ambiguity in the **implementation of** current rules of the competition and the rules of the International Judo Federation (IJF), the opinion of the CISM Judo Committee will be the criterion.

4.4 The present regulations include 4 main chapter, 26 article, 69 sub-articles and 2 annexes will be implemented from January 2026.

4.5 This Regulations is further supported by two additional guidelines: the **"Medal Distribution Regulations for Judo Competition"** and the **"Technical Manual on Venues and Design Standards for Competition Venues."** Both documents are available for download on the official website of the CISM Judo Committee.

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Annex A: Brief check list for the Organizing Country

This checklist provides the key points to be addressed when preparing a CISM Judo event. It is intended as practical guidance for the Organizing Committee, the PCSC, the OCR, and all stakeholders.

General Planning

- ❑ Define the disciplines and sub-disciplines to be organized (if applicable).
- ❑ Confirm the event date on the CISM, IJF, and National Federation calendars.
- ❑ Send the official invitation at least six (6) months before the event.
- ❑ Appoint key personnel for logistics and for national technical aspects of the competition.
- ❑ Coordinate early with the National Federation and the PCSC.

Technical and Organizational Guidelines

The Organizing Committee must prepare a comprehensive technical/program guide. At minimum, it must:

- ❑ Confirm that the competition will be conducted under IJF and CISM Regulations.
- ❑ Where applicable, comply with national Anti-Doping legislation in addition to the CISM Anti-Doping Regulations.
- ❑ Define the competition categories to be included (e.g., Individual Men, Individual Women, Team Competitions, Mixed Team Competition and Kata) and specify eligibility criteria.
- ❑ State the opening hours of the Competition headquarters.
- ❑ Specify the venue and program for confirmation of event.
- ❑ Specify the venue and time of the Sports Directors' Meeting.
- ❑ Identify the exact location of competition venues and the doping control station.
- ❑ Provide electronic and technical equipment for World-Class Judo competitions.(Electronic Scoring Systems, Video Replay Systems, Electronic Timing Devices, Judging and Referee Technology, Electronic Weigh-In Systems, LED Lighting and Display Systems, Data Management and Analytics, Audio Systems)
- ❑ Define award ceremony procedures.
- ❑ List prizes and jerseys to be awarded.
- ❑ Establish procedures for applying medals and trophies in accordance with the attached instructions and this regulations.
- ❑ Confirm the availability of Provide additional judogi for athletes in the event of insufficient supply, ensuring compliance with technical regulations..
- ❑ Specify safety zones in venue during event and standard warm up venue .
- ❑ Define the criteria for determining the starting order of a Time Trial or prologue (team order determined by draw; teams set internal rider order).

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- ❑ Determine the required equipment, location, and timing in accordance with technical regulations. Additionally, ensure the designated area for weight loss is suitable, with separate facilities for male and female athletes.
- ❑ Provide standard tatami mats in sufficient quantities to accommodate the scale of the competition, ensuring readiness for all matches in world-class events..
- ❑ Provide the necessary equipment for individual and team draws, ensuring compliance with the latest regulations.
- ❑ Provide the necessary medical equipment and experienced staff to promptly treat injured athletes and facilitate their transfer to specialized medical centers.

Ceremonial and Hospitality

- ❑ Designate a VIP area.
- ❑ Plan opening and closing ceremonies.
- ❑ Include a cultural element, if applicable.

"All the requirements for organizing a large-scale, world-class judo event are outlined in this Regulations, with attached guidelines including 'Medal Distribution Regulations for Judo Competitions' and the 'Technical Manual on Venues and Design Standards for Competition Venues.'"

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Annex B: Overview of substantive changes

This annex provides an overview of the substantive changes between the 2024 and 2026 editions of the CISM Judo Regulations. Only material modifications have been included. Editorial changes such as corrections of typos, grammar, or formatting have not been listed.

No	Article	Change	Summary
1	2.1.2 Eligibility and Required Documentation	This section has been included to ensure the identification of participants in compliance with CISM regulations.	Requesting the submission of national and military documents from athletes.
2	2.1.3 Rules	Ensure Cism Judo Regulations compliance with (IJF) rules.	Automatically alignment with global standards.
3	2.2 Competitions	Mixed-Team-Competitions event added	Compliant with IJF regulations and promoting gender equality
4	2.2 Competitions	Kata Competitions added as optional	Compliant with IJF regulations, while also honoring and motivating veteran athletes
5	2.2.1.3Disabilities	The final entry shall be submitted in full compliance with the provisions of Article 8.30.	After deadline, final assessment; host confirms approval.
6	2.2.1.3 Entries Official athlete introduction and registration	This section has been added based on past experiences to ensure fairness and equality in the number of athletes participating in the event. It addresses situations in which the host team might otherwise enter an excessive number of athletes in team events compared to other participants.	The names of all host athletes and guest participants, in both individual and team events, must be recorded in the Final Entry form included in the invitation. Only the individuals listed in this form are permitted to participate in the event.
7	2.2.2 Team Competitions	The previous minimum limit of 16 teams has been lifted	Given the special scope and intricate logistics of CISM judo competitions, it was deemed impractical to implement in a tangible manner.

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8	2.3 Executive System & Essential Considerations	The competition's administrative system clearly outlines the Round-robin (group stage) and Elimination brackets, with systematic repechage or double repechage, depending on the number of participants and teams.	If the number of participants is up to 5, the Round-robin (group stage) will be used. For 6 or more participants, the Elimination brackets will apply, with systematic repechage or double repechage.
9	2.3.10 Determination of the winner	It provides a clear explanation of how the winner is determined in team events.	the first team to win the majority of individual matches is declared the winner. Remaining matches are not contested.
10	2.3.13 Determining the winner of a team match in the event of a tie	It clearly describes the process for deciding the winner in team events when the match concludes with a tie.	in the event of a tied match, a draw will determine which weight category—present on both teams' match sheets—will be used for the tiebreak. A new contest will be held in that category with Golden Score rules (first score wins).
11	2.3.18 Accompanying the athlete during the competition and the coach's uniform	It clearly specifies both the number of coaches permitted to accompany the athlete during competition and the prescribed coach's uniform.	Only one coach is permitted to sit in the coach's chair. In finals and classification competitions, the assigned coach must wear either a Class A military uniform or a tuxedo.
12	2.3.19 Team Composition Documentation for Event Result Book	This section was introduced in response to past experiences, with the goal of ensuring that, when team member violations arise—such as positive doping results discovered after the competition—appropriate and equitable penalties or sanctions can be implemented in accordance with the severity and nature of the violation	All participating athletes—also in team competitions—must have their names recorded in the competition results book.
13	2.4 Drawing for Team and Individual Competitions	A new section has been added to provide clear guidance on the draw and	It is necessary to seed the top four teams and athletes from previous Cism Events

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		seeding procedures for the event.	as well as to appropriately seed athletes from the same nationality.
14	2.5 Official and Random weigh-in	This new section clearly outlines the procedures for both the official and random weigh-in processes during the event.	the rules for official and random weigh-ins, including timing, weight tolerances, and restrictions on attendants. It also specifies exemptions and requirements for athletes transitioning from individual to team competitions.
15	2.6 Rerereeing	strongly recommendation for presence of an international kata referee at least one.	Inclusion of Kata Category in event.
16	2.7 Invitation	New article added.	The importance of adhering to Cism Regulations when preparing and publishing invitations.
17	2.8 Composition of the mission	Increased from 27 to 30.	Four Kata athletes were added as optional, and one Para athlete was removed and also emphasizing hosting the event in both male and female categories.
18	2.9.1 Program or stay-Schedule -Calendar	Event schedule updated.	The event schedule has been updated due to changes in the mission composition, including the addition of the Kata and Mixed Team programs.
19	2.10 Judogi Requirements	This new section highlights the requirements and standards for appropriate judogi in a World-level event.	A judoka's competition uniform (judogi) must be IJF-approved, clean, and of the standard color.
20	2.11 Anti-Doping	Has been updated to align with the latest WADA regulations.	Section fully rewritten; aligned with WADA Code.
21	2.12.2 Prizes for the Team Competition (Important Note for Team Competitions Medal Distribution)	This new section specifies the number of medals awarded and identifies the individuals eligible to receive them.	

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22	Chapter III- Medal Distribution Regulations	This Chapter has been added to address issues with calculating the overall medal tally for nations during the CISM Games.	This comprehensive article provides all the necessary details and complies with the latest IJF Olympic Regulations for calculating medals in individual, team, mixed, and kata judo competitions.
23	3.1.8 Awarding of the Championship Cups	This article has been added to address issues with how many and in what manner should cups be awarded at events.	Emphasis on awarding championship cups separately in men's and women's team competitions.
24	3.1.9 Fair Play Cup Award, Selection of the Best Male Player, Best Female Player, and Best Referee	This article has been added to address issues with how many and in what manner should cups be awarded at events.	Emphasis is placed on the presentation of special awards by the host to recognize the best athletes and referees. The final selection of award recipients will be determined and approved by the CISM Judo Committee.
25	Chapter IV 4.5 Regulations to be Applied	Two supplementary guidelines have been included: the Medal Distribution Regulations for Judo Competitions and the Technical Manual on Venues and Design Standards for Competition Venues.	These two guidelines offer essential, detailed information on hosting Judo competitions at the World Military Championships and CISM Games, as well as on the calculation and tracking of medals in the Judo event for the CISM Games overall medal table.
26	Annex A	Brief check list for the Organizing Country.	This document provides essential guidelines and basic information for hosting and organizing a CISM Judo event.
27	Annex B	Overview of substantive changes.	This document contains a list and description of all changes made to the CISM Judo Regulations.