

CISM INTERNATIONAL SYMPOSIUM 2025	
POSTERS	
S/N	Authors & Titles
1	Danielli Braga de Mello, Gelson Luiz Pierre Junior, João Paulo Vargas, Alvaro Vargas, George Almeida Silva, Thiago Rodrigues, Rudnei Palhano Microclimate Stress in Tactical Athletes: Monitoring Heat Retention under Combat Uniforms
2	Paula Fernandez Ferreira, Marcio Antonio de Barros Sena, Flavia da Consolação Dias, Sabrina Celestino, Rodrigo Bandeira Silva, Marcos Fortes Longitudinal association between cardiorespiratory fitness and cardiometabolic risk factors
3	Celestino, Sabrina e Oliveira, Davi Martins de The Impact of The High-Performance Athletes Program (PAAR) to well-being and mental health of athletes
4	Celestino, Sabrina Alves, Felipe Carvalho Cotian, Michela de Souza Silva, Rodrigo Bandeira Social Support as Indicator of Mental Health in High-Performance Athletes: Literature Review
5	Marcio Antonio de Barros Sena, Paula Fernandez Ferreira, Samir Ezequiel da Rosa, Aline Tito Barbosa Silva, Rodrigo Bandeira Silva, Marcos Dias Pereir, Flávia da Consolação Dias da Silva, Sabrina Celestino, Danielli Braga de Mello Correlation between anthropometric indicators and biochemical markers of cardiovascular risk and their prevalence in Brazilian Army personnel
6	Jefferson Martinez Monjardim Couto; Hassan Guimarães de Oliveira; Alexandre Ferfaglia Possebon; Daniel Heber Max Guimarães; Vinícius de Oliveira Damasceno; Alexander Barreiros Cardoso Bomfim Development and validation of Physically Demanding Combat Tasks for Brazilian Air Force Infantry military personnel
7	Guillermo Brito Portugal, Marcos Antônio de Souza Filho, Alexandre Ferfaglia Possebon, Vinícius de Oliveira Damasceno, Alexander Barreiros Cardoso Bomfim Detection of Physically Demanding Combat Tasks for Marine Corps Soldiers in Brazil
8	Oleg S. Botsman, Tatyana A. Selitrenikova Methodological Approaches to Monitoring the Functional State in the Process of Physical Education and Sport
9	Francisco Lima D'Urso, André Brand Bezerra Coutinho, Silvio Rodrigues Marques Neto, Thiago Teixeira Guimarães Integrated Monitoring of Overtraining Syndrome Signals in Military Personnel During Training Course: A Pilot Study
10	Francisco Lima D'Urso, André Brand Bezerra Coutinho, Silvio Rodrigues Marques Neto, Thiago Teixeira Guimarães Integrated Signs of Overtraining Syndrome in Brazilian Air Force Military Personnel: Psychophysiological Impact, Physical Performance, and Academic Achievement
11	Hazeem Almesafri The Impact of Structured Nutritional Strategies on Military Performance: A Call for Reform in Camp-Based Diet Systems
12	Francisco Lima D'Urso, Mariana Inocência Matos, André Brand Bezerra Coutinho, Silvio Rodrigues Marques Neto, Thiago Teixeira Guimarães Characteristic Signs of Overtraining Syndrome in Military Personnel: A Scoping Review of Original Studies
13	Salem Al Kaabi Physical Readiness and Resilience in the Armed Forces: Foreseeing the Future Challenges
14	Ioana-Alexandrina Nodis, Colonel Teodor Florin Popa Psychological Training for Elite Athletes: Enhancing Mental Health, Performance, and Resilience through Cognitive-Behavioral Approaches

NOTES:

- This scientific program came up after the evaluation of the submitted abstracts and the registration from the respective Delegations.
- All presentations have **10 min** duration, apart from the keynote speeches.
- Authors of accepted poster abstracts are not required to be physically present; however, their contributions will still form an integral part of the Symposium's scientific content.