



**CONSEIL INTERNATIONAL DU SPORT MILITAIRE
UNITED ARAB EMIRATES DELEGATION TO CISM
CISM International Athletics Conference
ABU DHABI, UAE (10th to 16th December 2023)
GENERAL PROGRAM**



INTERNATIONAL ATHLETICS CONFERENCE 2023				
Date	Time	Subject Title	Speakers	Moderators
Monday 11.12.2023	09:00 – 09:30	Conference Registration		
	09:30 – 10:00	Conference Opening Session Official Photo		
	10:00 – 11:00	Future vision of the development strategies of athletics towards universality		
	11:00 – 11:15	Coffee Break		
	11:15 – 12:45	Artificial intelligence and Information Technology and their role in the development of military sports		
	12:45 – 13:00	Coffee Break		
	1300 – 14:30	The role of technology in the development of comprehensive physical readiness of military personnel.		
	14:30 – 16:30	Lunch		
Tuesday 12.12.2023	09:00 – 10:30	The institutional role in excellence in Athletics globally		
		Workshop-1		
	10:30 – 10:45	Coffee Break		
	10:45 – 12:15	Measures of physical achievement in the military field		
	12:15 – 12:30	Coffee Break		
	12:30 – 14:00	Determinants of motor performance for moving with a combat load in various environments		
	14:00 – 16:00	Lunch		
Wednesday 13.12.2023	09:00 – 10:30	Breaking World Records in athletics competitions from a scientific perspective		
		Workshop-2		
	10:30 – 10:45	Coffee Break		
	10:45 – 12:15	Functional strength training and its role in the development of military skills		
	12:15 – 12:30	Coffee Break		
	12:30 – 14:00	Planning of physical training in the military field		
	14:00 – 16:00	Lunch		
Thursday 14.12.2023	09:00 – 10:30	Leading experiments in World Athletics		
		Workshop-3		
	10:30 – 10:45	Coffee Break		
	10:45 – 12:15	Tactical nutrition and improving the level of performance in the operational environment		
	12:15 – 12:30	Coffee Break		
	12:30 – 14:00	Models for simulation exercises in an operational environment		
	14:00 – 16:00	Lunch		
	19:30 – 21:30	Gala dinner		