



**International Military Sports Council
(Portuguese Delegation)**



INVITATION

58th CISM World Military Cross-Country Championship



CISM

“Friendship through Sport”



International Military Sports Council
58th CISM World Military Cross-Country Championship
10 to 14 October 2022
Beja - Portugal



Portuguese CISM Delegation
Comissão de Educação Física e Desporto Militar
Direção Geral de Recursos da Defesa Nacional
Avenida Ilha da Madeira
1400-204 Lisboa
PORTUGAL
Tel: +351 21 303 86 46
E-mail: dgrdn@defesa.pt

To: See Distribution List
Subject: 58TH CISM WORLD MILITARY CROSS-COUNTRY CHAMPIONSHIP 2022
Date: 20/05/2022

Dear Chiefs of Delegation,

Portugal will organize the 58th CISM World Military Cross-Country Championship. The Chief of the Portuguese CISM delegation has the honor to invite a delegation of your country to participate in this event. It will be held in Beja, from 10 to 14 October 2022.

Lisbon, 20th May, 2022

The Chief of the Portuguese CISM delegation,

José Contramestre
Colonel

Enclosed:

- Distribution List;
- Program;
- General Information;
- Annex 1 - Preliminary Agreement;
- Annex 2a - Final Entry – Composition of the Mission;
- Annex 2b – Final Entry – Commitment by the Chief of Mission;
- Annex 3 – Final Entry – Travel data.



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Distribution List:

1. President of CISM;
2. Official CISM Representative;
3. The European Vice-President;
4. CISM Secretary General;
5. The concerned Chief(s) of Liaison Office(s);
6. President and Members of CISM Sport Committee;
7. Representatives of the CISM Partners and Sponsors, and;
8. To the Chiefs of Delegation of CISM Members Countries:

1	Afghanistan	AFG	48	Finland	FIN	95	Norway	NOR
2	South Africa	RSA	49	France	FRA	96	Oman	OMA
3	Albania	ALB	50	Gabon	GAB	97	Uganda	UGA
4	Algeria	ALG	51	Gambia	GAM	98	Uzbekistan	UZB
5	Germany	GER	52	Gorgia	GEO	99	Pakistan	PAK
6	Angola	ANG	53	Ghana	GHA	100	Palestine	PLE
7	Saudi Arabia	KSA	54	Greece	GRE	101	Paraguay	PAR
8	Agentina	ARG	55	Guatemala	GUA	102	Netherlands	NED
9	Amenia	ARM	56	Guinea	GUI	103	Peru	PER
10	Austria	AUT	57	Guinea-Bissau	GBS	104	Philippines	PHI
11	Azerbaijan	AZE	58	Equatorial Guinea	GEQ	105	Poland	POL
12	Bahrain	BRN	59	Guyana	GUY	106	Portugal	POR
13	Bangladesh	BAN	60	Hungary	HUN	107	Qatar	QAT
14	Barbados	BAR	61	India	IND	108	Korea, D. P. R.	PRK
15	Belgium	BEL	62	Indonesia	INA	109	Romania	ROU
16	Benin	BEN	63	Iran, I. R.	IRI	110	Rwanda	RWA
17	Bolivia	BOL	64	Iraq	IRQ	111	Senegal	SEN
18	Bosnia Herzegovina	BIH	65	Ireland	IRL	112	Serbia	SRB
19	Botswana	BOT	66	Italy	ITA	113	Sierra Leone	SLE
20	Brazil	BRA	67	Jamaica	JAM	114	Slovakia	SVK
21	Bulgaria	BUL	68	Jordan	JOR	115	Slovenia	SLO
22	Burkina Faso	BUR	69	Kazakhstan	KAZ	116	Sudan	SUD
23	Burundi	BDI	70	Kenya	KEN	117	Sri Lanka	SRI
24	Cameroon	CMR	71	Kyrgyzstan	KGZ	118	Sweden	SWE
25	Canada	CAN	72	Kuwait	KUW	119	Switzerland	SUI
26	Cape Verde	CPV	73	Lesotho	LES	120	Suriname	SUR
27	Central African Republic	CAF	74	Latvia	LAT	121	Eswatini	SWZ
28	Chile	CHI	75	Lebanon	LBN	122	Syrian Arab Republic	SYR
29	China	CHN	76	Libya	LBA	123	Tanzania, U. R.	TAN
30	Cyprus	CYP	77	Lithuania	LTU	124	Chad	CHA
31	Colombia	COL	78	Luxembourg	LUX	125	Czech Republic	CZE
32	Comoros	COM	79	North Macedonia	MKD	126	Thailand	THA
33	Congo	CGO	80	Madagascar	MAD	127	Togo	TOG
34	Congo, D. R.	COD	81	Malawi	MAW	128	Trinidad And Tobago	TTO
35	Republic Of Korea	KOR	82	Mali	MLI	129	Tunisia	TUN
36	Cote D'voire	CIV	83	Malta	MLT	130	Turkmenistan	TKM
37	Croatia	CRO	84	Morocco	MAR	131	Turkey	TUR
38	Denmark	DEN	85	Mauritania	MTN	132	Ukraine	UKR
39	Djibouti	DJI	86	Monaco	MON	133	Uruguay	URU
40	Dominican Republic	DOM	87	Mongolia	MGL	134	Venezuela	VEN
41	Egypt	EGY	88	Montenegro	MNE	135	Vietnam	VIE
42	United Arab Emirates	UAE	89	Mozambique	MOZ	135	Yemen, R	YEM
43	Ecuador	ECU	90	Myanmar	MYA	136	Zambia, R.	ZAM
44	Eritrea	ERI	91	Namibia	NAM	138	Zimbabwe, R.	ZIM
45	Spain	ESP	92	Nepal	NEP			
46	Estonia	EST	93	Niger	NIG			
47	United States of America	USA	94	Nigeria	NGR			



A. Right to participate

Only CISM active member nations have the right to participate in the 58th CISM World Military Cross-Country Championship.

An inactive nation, intending to take part in the event must pay its annual fee before the deadline established by the Organizing Committee of the world military championship for sending the final entry. If it is not done, the delegation will not be able to take part in the event.

B. General Program of the Championship

DATE	ACTIVITY
Monday, 10 th October	<ul style="list-style-type: none"> Arrival of Participants
Tuesday, 11 th October	<ul style="list-style-type: none"> Opening Ceremony Technical Meeting Training
Wednesday, 12 th October	<ul style="list-style-type: none"> Competitions
Thursday, 13 th October	<ul style="list-style-type: none"> Cultural day Closing Ceremony
Friday, 14 th October	<ul style="list-style-type: none"> Departures of Participants

C. Composition of the Mission

- According to the CISM Regulations (Art. 7.23, item A) only military in active duty and in possession of a valid military ID card may participate in the competition;
- The table below gives the composition of the delegation when it participates with three (3), two (2) or one (1) complete team:

FUNCTION	PARTICIPATION	
	3 complete teams: M; W; R	Another cases:
Chief of Mission	1	- With 1 complete team (except relay) consider just 1 person as Coach of the Team.
Chief of the Team	1	
Coaches	2	
Athletes (Men race – 10Km)	4 - 6	
Athletes (Women race – 7/8Km)	4 - 6	
Athletes Relay Mix Cross (1.5/2Km each)	0 or 4	
Total	12 - 20	

Symbols used: Men's Cross (M); Women's Cross (W); Relay Cross (R)

- Participation with complete team(s) and individuals:
 - A nation can participate in the Cross-Country Championship with 1 complete team and individuals in the others races;
 - In this last case, the delegation cannot include more than two (2) persons as maximum beside the appointed athletes.



4. Participation with individuals
 - (a) A nation can participate in the Cross-Country Championship with individuals in each one event (except the relay competition);
 - (b) In this case, the delegation can include only one (1) person to be with them.

D. Access to the Location of the Competition

1. The location of the competition will be inside the Beja Air Force Base. Travel expenses to and from Lisbon airport (LIS) or Beja airport (BYJ) will be the responsibility of the participating country. The organizing committee will arrange transportation to and from the place of arrival at the place of stays in Beja and transportation during the competition;
2. Place of arrival and departure:
Lisbon Airport (LIS) and Beja Airport (BYJ), Portugal;
3. All the participants should use one of the indicated above arrival/departure point.

E. Conditions of Stay

1. During their stay in Beja, the Delegations of the participating countries will be guest of the Defense Ministry from 10th to 14th of October;
2. The Delegations and Official guest will be lodged in the Beja Air Force Base;
3. The Organizer will cover normal board and lodging as well as local transportation, and also medical first aid care;
4. The Organizer will not be responsible for any advanced medical expenses, including hospital stays, surgical procedures, or other medical care beyond first aid. Get a medical insurance is strongly recommended;
5. Any extra expenses must be paid by the consumer.
6. Additional people will not be accepted without official written permission of the Organizers.

F. Regulations of the Championship

The current CISM Regulations, Edition December 2021, the current IAAF Rules, the current CISM Sports Regulation, Edition October 2016, as well as rules given below will apply throughout. Rules:

1. Event's Distance:
 - Men's Cross: 10,0km
 - Women's Cross: 7/8km
 - Mix Relay: 4 x 1.5/2km
2. Running Dress
Should be clean, conceived and put on in a way not to offend (Art 143.1. IAAF Regulation).
3. Shoes
Athletes can run barefooted, with one or with a pair of shoes within the limits of the regulation (Art. 143.4. IAAF Regulation).



4. Classifications

For each of the three (3) organized events, it is established a general team classification and an individual classification (except the relay event).

5. General individual classification

A number of points are attributed to each concurrent. The number corresponds to the competitors place in the arrival order.

- 1 point to the 1st.
- 2 points to the 2nd.
- 15 points to the 15th, etc.

6. General team classification

From the general individual classification, it is established a general team classification for every event using the following procedure:

- Men's and women's Cross:
Only the points attributed to the first (4) runners of each team are counted.
- Relay Mix:
The team classification will be the arrival order.

7. Final results

The team, which gets the lowest number of points, will be declared winner (Article 250.8. IAAF Regulation).

In an equal case: the advantage will be given to the team whose last runner will be the nearest to the winner.

8. Incomplete teams

If, before the beginning of the events (except relay), a team is reduced to four (4) athletes, the team will participate in the team classification. In any other case, the concurrents will depart and take part only in general individual classification.

G. Anti-doping

Anti-Doping tests will be conducted in accordance with the CISM Regulations – Chapter IX, CISM Anti-Doping Rules, the concerned CISM Sports Regulations, the concerned International Federation Rules, and all WADA rules, mainly the World Anti-Doping Code, and the International Standard for Testing.

The number and type of tests, as well the athletes to be tested shall be determined by the CISM Anti-Doping Commission. These procedures will follow the concerned CISM Test Distribution Plan (TDP).

CISM Anti-Doping Symbol



In case an athlete has a Therapeutic Use Exemption (TUE), the Chief of Delegation should send this TUE to the CISM GS until 30 days before the Opening Ceremony. This TUE will be submitted to the TUE Commission to analysis and further approval.



Below are the Organizations Accredited by WADA to carry out the tests during the Championship:

- Sample Collection Authority (SCA): Anti-Doping Authority of Portugal - ADoP (<https://www.wada-ama.org/en/code-signatories>)
- Accredited Laboratory: Barcelona Laboratory - Catalanian Antidoping Laboratory – Fundació Institut Hospital del Mar d'Investigacions Mèdiques (IMIM) (<https://www.wada-ama.org/en/accredited-laboratories>)

H. Uniforms

Uniforms are mandatory, National team tracksuit and Service Uniform (can be Combat Uniform) for daily use, and Class A Uniform for ceremonies.

I. Customs and Visa Procedures

For information regarding passport and visas for entry into Portugal, please contact the Portuguese Embassy in your country or the respective Embassy serving your country in Portugal.

J. Weather Conditions

Averages temperatures, in October, in Beja - Portugal are between 12,5°C – 23°C and the probability for rain is 30%.

K. Registration Forms Deadlines

1. Preliminary Agreement, (Annex 1) 14th July 2022;
2. Final Entry, (Annex 2a/b) 9th September 2022.

A valid and operated phone number and email address are required on the final entry form in case the organizing committee needs to contact you.

L. Correspondence

All official correspondence concerning the competition should be sent to Portuguese CISM Delegation:

Ministério da Defesa Nacional
Direção-Geral de Recursos da Defesa Nacional
Comissão de Educação Física e Desporto Militar
Avenida Ilha da Madeira, 1400-204 LISBOA
E-mail: dgrdn@defesa.pt

M. Additional Required Items

1. National anthem (CD/USB drive);
2. National flag (one: 1,60m x 1,12m);
3. Additional data:
Photo of delegation members:
 - taken in military uniform (uncovered);
 - showing the full face, 4x6cm size photo at high resolution;
 - file "JPEG".



PRELIMINARY AGREEMENT

To be returned before **14th July 2022**:

<p>To: Portuguese CISM Delegation Ministério da Defesa Nacional Direção Geral de Recursos da Defesa Nacional Comissão de Educação Física e Desporto Militar Avenida Ilha da Madeira, 1400-204 Lisboa E-mail: dgrdn@defesa.pt DINST_REFD_CHF@emfa.pt por@milsport.one</p>	<p>Copy: CISM HQ LtCol Jan Van den Dool CISM Sports Director Mobile: +31 630861878 E-mail: cismsportsdepartment@milsport.one</p>
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NATION:

PARTICIPATION:

YES		NO	
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TOTAL NUMBER OF PARTICIPANTS:

	Officials	Athletes	Total
Men			
Women			
Total			

DATE: _____

SIGNATURE OF CHIEF OF DELEGATION

RANK/NAME: _____

Your Contact	Rank/Name	
	Phone	
	E-Mail	



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ANNEX 2a

FINAL ENTRY - COMPOSITION OF THE MISSION

To be returned before **09th September 2022**:

<p>To: Portuguese CISM Delegation Ministério da Defesa Nacional Direção Geral de Recursos da Defesa Nacional Comissão de Educação Física e Desporto Militar Avenida Ilha da Madeira, 1400-204 Lisboa E-mail: dgrdn@defesa.pt DINST_REFD_CHF@emfa.pt por@milspport.one</p>	<p>Copy: CISM HQ LtCol Jan Van den Dool CISM Sports Director Mobile: +31 630861878 E-mail: cismsportsdepartment@milspport.one</p>
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NATION :

Nr.	Function	Rank	Name and Surname	Gender
1	Chief of Mission			
2	Chief of the Team			
3	Coach			
4	Coach			
				(1) Relay MixTeam: (fill with "x")
5	Men`s Cross (athletes)			Chose two (2) athletes
6				
7				
8				
9				
10				
11	Women`s Cross (athletes)			Chose two (2) athletes
12				
13				
14				
15				
16				
17	Relay Mix or (1)	Female athlete		
18		Male Athlete		
19				
20				

(Please send in annex the photos files)



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In strict compliance with applicable **CISM Regulations – Chapter VII, Art. 7.23, I**, the undersigned Chief of Delegation, hereby officially confirm that all athletes representing my nation in the CISM event are on active duty in my nation's Armed Forces. I understand that sanctions may be imposed against my nation, my mission, my team, individual athletes, or myself for violation of this provision (**CISM Regulations Chapter I, Art. 1.12**).

DATE: _____

SIGNATURE OF CHIEF OF DELEGATION

RANK/NAME: _____



ANNEX 2b

FINAL ENTRY - COMMITMENT BY THE CHIEF OF MISSION

NATION :

The undersigned, Chief of Mission declare that he has read the **CISM Regulations** and moreover understood the following prescriptions:

Article 1.10. RIGHTS OF MEMBER NATIONS

- A. Active member nations have the right to:
Be invited to all CISM Championships.
- B. Inactive member nations have the same rights as active member nations except that:
They do not participate in any CISM event until they have met their financial obligations.

An inactive nation, intending to take part in the event must pay its annual fee before the deadline established by the Organizing Committee of the world military championship for sending the final entry. If it is not done, the delegation will not be able to take part in the event.

Article 7.2324. PARTICIPATION - MILITARY STATUS

- A. Only military personnel on active duty in Armed Forces may take part in competitions organized by CISM.
- B. No one may be recalled to active duty in the Armed Forces for the purpose of participating in a CISM competition. In the case of an intermittent military service, the athletes regularly recalled may not take part in CISM competitions, under any circumstances, if more than 18 months have elapsed between this recall and the end of their last call to arms.
- C. Exceptions to the above may be authorized by the General Assembly, upon recommendation of the Board of Directors.
- D. All military participants in a CISM event shall be in possession of proper documentation which signifies active military service of the member nation he represents. The documentation can be:
 - 1. A valid military identity card for those athletes who are authorized to present their military identity cards abroad,
 - 2. A form of verification (in English and/or French) of military status accompanied by a passport.



- E. By signing the final entry, the Chief of Delegation confirms the military status of the participating athletes. If there are last minute changes in the participation of the athletes, the verification file may be signed by the Chief of Mission, but shall be confirmed by the Chief of Delegation by official letter.
- F. If one of these documents is not available, participation is refused.

Article 7.32 CHIEF OF MISSION

- A. Chief of Mission
 - 1. Chiefs of Mission shall be familiar with CISM regulations.
 - 2. Missions must not only participate or be present at sports events, they are also required to participate in information conferences on CISM, study days, commemorative and cultural events and ceremonies organized by the host nation.
- B. Conduct of a mission
 - 1. The Chief of Mission is responsible for the behavior of his team in sports and general discipline. He shall ensure that members of his mission respect the rules and directives prescribed by CISM and organizers of the championship. The respect of schedules is particularly important as they form the basis for the effective conduct of competitions and ceremonies.
 - 2. The Chief of Mission shall also enforce the rules concerning behavior and dress during the ceremonies. He plays an important role in promoting the CISM spirit among his mission, a spirit represented by friendly attitude towards other missions, courtesy towards organizers and fair-play in competition.

Article 8.6. ABSENCE OF A MISSION WITHOUT NOTIFICATION

If a mission which submits a preliminary agreement and/or final entry is absent without notifying the host nation in time, a sanction will be imposed (CISM Regulations, Art. 1.12).

Article 8.17. RULES OF STAY

- A. General
 - 1. The Chiefs of Mission are responsible for the discipline of their mission. The missions fall under the jurisdiction of the organizing nation. During events, all athletes present on the playing fields are equal before the jury, the referees and to themselves. No one may use his rank to impose his views on sports matters.
 - 2. Civilian members of the missions shall conform to the discipline accepted by all other participants.



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B. Military uniforms

1. Unless otherwise approved by the Official CISM Representative, all participants shall wear military uniform during official ceremonies such as the opening and closing ceremonies and medal-awarding ceremonies. Individuals without proper uniform will not be allowed to participate in the championship.
2. The presentation of medals takes place, in principle, during the closing ceremony. The presentation of medals may be done in sports uniform, if for organizational reasons it is not possible to wear military uniforms. This is the case e.g. when the presentation immediately follows a championship sports event. Sports uniforms shall respect the corresponding national criteria (training suit, sports shoes, etc.) Displaying the national flag on the podium by the recipient (athlete or team) at a medal awarding ceremony is forbidden. Individuals failing to respect these prescriptions shall not receive their medal(s) during the official ceremonies.

C. Forbidden actions

1. In conformity with the statutes and traditions of CISM, any political or religious propaganda during a CISM event, in particular the dissemination of documents, pictures, brochures, reviews, etc. is strictly forbidden.
2. Any contravention shall result in the exclusion of the mission from further competition and may result in additional sanctions (Regulations Art. 1.12).

Article 8.19. ACCOMODATIONS

- A. All missions, including those of the host nation, shall be accommodated under the same conditions. If the conditions are in accordance with the CISM norms and standards, the missions are expected to accept the accommodation provided by the organizing nation.
- B. (...) Any mission that does not accept the accommodations provided by the organizing nation and judged as adequate by the Official CISM Representative will not be allowed to participate in the championship.

DATE: _____

SIGNATURE OF CHIEF OF MISSION

RANK/NAME: _____



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ANNEX 3

FINAL ENTRY – TRAVEL DATA

To be returned before **09th September 2022**:

<p>To: Portuguese CISM Delegation Ministério da Defesa Nacional Direção Geral de Recursos da Defesa Nacional Comissão de Educação Física e Desporto Militar Avenida Ilha da Madeira, 1400-204 Lisboa E-mail: dgrdn@defesa.pt DINST_REFD_CHF@emfa.pt por@milsport.one</p>	<p>Copy: CISM HQ LtCol Jan Van den Dool CISM Sports Director Mobile: +31 630861878 E-mail: cismsportsdepartment@milsport.one</p>
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	PLACE	DATE	FLIGHT Nr	TIME
ARRIVAL				
DEPARTURE				

DATE: _____

SIGNATURE OF CHIEF OF DELEGATION

RANK/NAME: _____

Your Contact	Rank/Name	
	Phone	
	E-Mail	