



CONSEIL INTERNATIONAL DU SPORT MILITAIRE  
TUNISIAN DELEGATION TO CISM

## INVITATION FILE



CISM International Symposium  
Hammamet - TUNISIA  
(29th October – 04th November, 2023)

**"FROM SCIENCE TO PRACTICE"**



**CONSEIL INTERNATIONAL DU SPORT MILITAIRE  
TUNISIAN DELEGATION TO CISM  
CISM International Symposium  
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Tunisian Delegation to CISM  
DEPSM – Habib THAMEUR. Avenue  
Le Bardo 2000  
Tunis  
Tel: +21671.222.133 / +216 71.221.101  
Fax: +21671.223.461  
E-mail: [depsm@defense.tn](mailto:depsm@defense.tn)

To: See Distribution List.  
Subject: CISM INTERNATIONAL SYMPOSIUM 2023.  
Date: 29<sup>TH</sup> OCTOBER – 04<sup>TH</sup> NOVEMBER 2023.

Dear CISM friends,

The Tunisian Armed Forces, on behalf of the 'Conseil International du Sport Militaire', is organizing from 29 October to 04th November 2023 the CISM International Symposium 2023. The Local Organizing Committee, in cooperation with the CISM Sport Science Commission and the CISM Academy, will prepare this Symposium with the main theme:

**"FROM SCIENCE TO PRACTICE"**

The CISM President has the honor to invite a mission representing your country to participate in this Symposium.

I'm looking forward to seeing you in Hammamet, Tunisia.

Friendship through sport!

Sincerely yours,

---

Colonel Dirk Schwede  
Acting CISM President



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Subject: CISM INTERNATIONAL SYMPOSIUM 2023.  
Date: 29<sup>TH</sup> OCTOBER – 04<sup>TH</sup> NOVEMBER 2023.

Dear CISM friends,

As the Chief of the Tunisian Delegation to CISM and on behalf of the Minister of National Defence, I have the honor to invite you to the CISM International Symposium 2023 **"FROM SCIENCE TO PRACTICE"**, which will be held in Hammamet Tunisia, from 29th October to 04th November.

Looking forward to seeing you in Hammamet, Tunisia in November of 2023.

Sincerely yours.



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Colonel-Major Abderraouf Mokaddem  
Chief of the Tunisian Delegation to CISM



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**ENCLOSED:**

- Distribution List
- General Program
- General Information
- Annex 1      Abstract Submission Procedure
- Annex 2      Preliminary Agreement
- Annex 3      Final Entry



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**DISTRIBUTION LIST**

- ✓ CISM President
- ✓ CISM Vice-Presidents
- ✓ CISM Secretary General
- ✓ Members of the CISM Board of Directors
- ✓ Chief of Liaison Offices
- ✓ Presidents of Commissions
- ✓ Presidents of CISM Sports Committees
- ✓ To the Chiefs of Delegation of CISM Members Countries

**All CISM member nations are warmly invited and strongly encouraged to participate in this Academic Event. A complete list of current CISM member nations is available on the CISM website.**

**Right to participate in the CISM International Symposium 2023**

Only CISM active member nations have the right to participate in the CISM International Symposium 2023 (as per CISM Regulations, Article 1.10).  
An inactive nation intending to take part in the event must pay its annual fee before the deadline established by the Organizing Committee of the CISM International Symposium 2023 for sending the final entry. If it is not done, the delegation will not be able to take part in the event.



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**GENERAL PROGRAM**

CISM INTERNATIONAL SYMPOSIUM 2023				
Date	Date	Date	Date	Date
Sunday 29.10.2023 (D-2)	All day	The arrival of CISM HQ Staff and Sport Science Commission members	Tunis international airport	Casual
	All day	Accommodation of CISM HQ Staff and Sport Science Commission members	(main hotel)	Casual
	Afternoon/ Evening	Lunch or/and Dinner for HQ Staff (depends on arrival time) and Sport Science Commission members	(main hotel)	Casual
Monday 30.10.2023 (D-1)	All day	Arrivals of symposium participants	Tunis international airport	Casual
	All day	Accommodation of symposium participants	(main hotel)	
	06:00 – 08:00	Breakfast	(main hotel)	
	08:00 – 10:00	Coordination meeting (CISM HQ, SSC, and LOC)	CISM meeting room	Service Uniform
	10:30 – 12:30	Sports Science Commission meeting	SSC meeting room	
	12:30 – 14:30	Lunch	(main hotel)	
	15:30 - 16 30	Visit the conference room and Test	Conference hotel	
	12:30 – 14:30	Dinner for all	(main hotel)	Casual
Tuesday 31.10.2023 (D)	06:00 – 09:00	Breakfast	(main hotel)	Casual
	09:30 – 12:30	Spouse 1 <sup>st</sup> cultural day	Yasmine Hammamet	
	09:00 – 09:30	Symposium Registration	Conference hotel	Service Uniform
	09:30 – 10:00	Symposium Opening Session Official Photo		
	1 <sup>st</sup> Symposium Day			
	10:00 – 12:30	1 <sup>st</sup> session	Conference hotel	Service Uniform
	12:30 – 14:30	Lunch	Hammamet (main hotel)	
	14:30 – 17:30	2 <sup>nd</sup> session	Conference hotel	
	18:30 – 21:30	Opening ceremony and welcome drink	Conference hotel	Class A
		Dinner		(main hotel)
Wednesday 01.11.2023	06:00 – 08:30	Breakfast	(main hotel)	Casual



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(D+1)	08:30 – 13:30	Spouse 2 <sup>nd</sup> cultural day	Tunis	
	All day	<u>Poster session</u>	Conference hotel	Service Uniform
	<u>2<sup>nd</sup>Symposium Day</u>			
Wednesday 01.11.2023 (D+1)	09:00 – 12:30	1 <sup>st</sup> session	Conference hotel	Service Uniform
	12:30 – 14:30	Lunch	(main hotel)	
	14:30 – 17:30	2 <sup>nd</sup> session	Conference hotel	
	19:30 – 21:30	Gala dinner	TBD	Class A
Thursday 02.11.2023 (D+2)	06:00 – 09:00	Breakfast	(main hotel)	Casual
	All day	<u>Poster session</u>	Conference hotel	Service Uniform
	<u>3<sup>rd</sup>Symposium Day</u>			
	09:00 – 12:30	1 <sup>st</sup> session	Conference hotel	Service Uniform
	12:30 – 14:30	Lunch	(main hotel)	
	14:30 – 17:30	2 <sup>nd</sup> session	Conference hotel	Class A
	17:30 – 18:30	Closing ceremony and closing banquet	TBD	
	Evening	dinner	(main hotel)	Casual
Friday 03.11.2023 (D+3)	06:00 – 09:00	Breakfast	(main hotel)	Casual
	09:30 – 12:30	<u>Cultural event</u>	Yassmine Hammamet	
	12:30 – 14:30	Lunch for all	(main hotel)	
	14:30 – 18:30	<u>Cultural event</u>	Tunis	
	19:30 – 21:30	Dinner for all	(main hotel)	
Saturday 04.11.2023 (D+4)	06:00 – 09:00	Breakfast	(main hotel)	Casual
	12:30 – 14:30	Lunch		
	19:30 – 21:30	dinner		
	All day	<u>Departure of all participants from Tunis Airport</u>		

**Notes:**

An updated program will be published during the last week of September on the CISM website (<http://www.milsport.one>).





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## **GENERAL INFORMATION**

### **1. Composition of the Mission**

Initially, each Delegation can be represented by a maximum of 7 participants (priority 3 speakers or poster presenters with abstracts approved and 4 audiences). Exceptions would be possible due to the number of registered countries at the moment of the Final Entry and can be asked of the Organizing Committee opportunely.

### **2. Eligibility**

Participants must be part of an active CISM member nation.

### **3. Condition of stay**

All participants will be accommodated at:

***Royal Azur Hammamet or Bel Azur Hammamet***

***29th October - 04th November, 2023***

Full board and lodging will be paid by the participants upon their arrival, as follows:

Royal Azur	Single room	€140 / night
	Double room	€180 / night
Bel Azur	Single room	€100 / night
	Double room	€140 / night

### **ATTENTION:**

- The booking for the stay must be sent by the Delegation - **ANNEX3**.
- You must book your stay before the 10<sup>th</sup> of September, 2023 - **ANNEX3**.
- Payment for the stay can be made by cash or by credit card **in the host hotel**.
- The LOC will send you a mail to confirm the booking.

For possible early arrivals before 29th October or late departure after 04th November same rates will be applied concerning the hotels in Hammamet.

Unfortunately, we cannot provide medical care and local transportation during the extra stay.





Additional people will not be accepted without official written permission from the Organizers.





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AZUR HOTEL GROUP	
Conference Room	Standard Room
	
Restaurant	Leisure Area
	

#### 4. Medical care

The Local Organizing Committee provides medical assistance to the mission members including first aid and transport to the hospital during the symposium. However, the Local Organizing Committee is NOT responsible for:

- Surgical operation or other special treatments,
- Complicated return transport due to illness/accident,
- Other expenses on account of illness/accident such as compensations, loss of income, etc.

To cover the above-mentioned risk, participants must arrange sufficient insurance in their home countries.



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## **5. Transportation**

The cost of travel to the point of arrival in Tunisia will be in responsibility of each participating mission as well as the cost of travel from the point of departure back

Home. The transport from and back to the arrival point (Tunis Carthage airport, Hammamet) will be provided by the organizer.

- **Points of arrival (Only by plane):**

Tunis Carthage International Airport

## **6. Customs and Visa Procedures**

For information on requirements, please contact the Tunisian Embassy or Consulate serving your country or our nearest diplomatic representative. Application for a VISA is the responsibility of participating delegations.

## **7. Weather conditions**

The average temperature in November in Hammamet and Tunis is 25° to 20° C during the day and 14° to 11° C during the night.

## **8. Cultural activities**

The cultural day will be organized for all participants in Hammamet and Tunis and Carthage and Sidi Bou Said as shown in the daily program.

## **9. Language**

Presentations will be given **only** in English.

## **10. Registration forms**

The **Researchers** must submit abstracts and CVs through the Symposium website.

Abstract Submission	1 <sup>st</sup> of July, 2023
Final List of Selected Abstracts	1 <sup>st</sup> of September, 2023
Sending the Curriculum Vitae	10 <sup>th</sup> of September, 2023
Sending the Presentation (*.ppt)	10 <sup>th</sup> of October, 2023

The **Chief of Delegation** must send the emails indicated in Annexes 2 and 3.

Preliminary Agreement	10 <sup>th</sup> of July 2023
Final Entry	10 <sup>th</sup> of September, 2023



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## **11. CURRENCY.**

The local currency is the Tunisian Dinar.  
There are many points of exchange :

- Airport
- Hotel desk
- Banks

## **12. Abstract submission procedure**

See Annex1 for more information.

Theme: "FROM SCIENCE TO PRACTICE"

Subthemes:

- Physical training evaluation methods in armed forces
- Physical and psychological preparation of the soldier
- Elite athlete performance enhancement
- Military athlete injury prevention
- Sport participation and military leadership enhancement
- Military and sport medicine

## **13. Abstract Review Process and researcher's details**

- The instructions for submission and details for researchers will be mentioned through the symposium website (the link will be shared on the CISM website as soon as possible).
- Abstracts and presenting author's CV will be sent by mail to depsm@defense.tn
- Abstract submission deadline is the 1st of July.

## **14. Registration**

- Regarding public registration for the Symposium will be open but pre-registration through the website of 2A2S (the link will be shared on the CISM website as soon as possible) is **mandatory (for civilians)**.
- No registration will be accepted on-site.



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## **15. Uniforms**

Uniform Class A is mandatory for the Opening and Closing Ceremony, Opening Lunch, and Closing Banquet, as well as for the military lecturer during the respective presentation.

For civilian participants to the same events, business suit/jacket and tie is recommended.

## **16. Spouses**

According to the availability, cultural activities will be organized.

## **17. Correspondence**

All correspondence concerning the Symposium should be sent to the following address:

CISM INTERNATIONAL SYMPOSIUM - LOCAL ORGANIZING COMMITTEE  
Tunisian Delegation to CISM  
DEPSM – Habib THAMEUR  
Avenue Le Bardo 2000 - Tunis  
Tel: +216 71.222.133 / +216 71.221.101  
Fax: +21671.223.461  
E-mail: [depsm@defense.tn](mailto:depsm@defense.tn)

Symposium website  
(will be shared on the CISM website)  
(Information about abstract submission and curriculum vitae upload)





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ANNEX 1

**ABSTRACT SUBMISSION PROCEDURE**

To be submitted before: **1st of July, 2023**

CISM INTERNATIONAL SYMPOSIUM - LOCAL ORGANIZING COMMITTEE  
Tunisian Delegation to CISM  
DEPSM – Habib THAMEUR  
Avenue Le Bardo 2000 - Tunis  
Tel: +216 71.222.133 / +216 71.221.101  
Fax: +21671.223.461  
E-mail: [depsm@defense.tn](mailto:depsm@defense.tn)

**Theme: "FROM SCIENCE TO PRACTICE"**

**Subthemes:**

- Physical training evaluation methods in armed forces
- Physical and psychological preparation of the soldier
- Elite athlete performance enhancement
- Military athlete injury prevention
- Sport participation and military leadership enhancement
- Military and sport medicine

**Please read the submission GUIDELINES before submitting an abstract:**

- Abstracts must be submitted in **English**.
- Abstracts must be written with **maximum 300 words** (excluding abstract title, contact information for the authors and conflict of interest). The size of the completed abstract (including title, author names and affiliations) is limited to **3,000 characters** (spaces and pictures are not taken in consideration). A **maximum of 1 image or graph and 1 table** can be included per abstract (**please zip them first, as only one file can be uploaded**). The maximum file size of each



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graph/image is **500 KB**. The maximum pixel size of the graph/image is **600(w) x 800(h) pixel**. You may upload graphs in **JPG** format only. A correct abstract is the authors' responsibility since any errors will be reproduced as written. Direct reproduction from your electronically submitted abstract text means that any such errors in spelling, grammar or scientific data will be reproduced as submitted

➤ Abstracts must be sent by mail [depsm@defense.tn](mailto:depsm@defense.tn) as **word text**. **Do not use PDF file for abstract submission.**

➤ Abstracts should be sent **no later than the 1st of July, 2023 (the system will close at 23:59 East Tunisian time)**. Timely submissions will be acknowledged by an automatic e-mail response. Your abstract is not successfully submitted until you receive the **confirmation e-mail**. If you do not receive a confirmation e-mail, please contact us.

➤ Abstracts may not be **edited/updated after final submission..** Please note that abstracts must be **SUBMITTED** before the deadline in order to be sent to review for inclusion in the Scientific Program

➤ Notification regarding abstract acceptance and scheduling will be sent to the presenting author.

➤ The **presenting author will be considered and listed as the corresponding (first) author** for practical purposes and he will notified by email **by the end of September, 2023** about his abstract. The presenting author is responsible for ensuring that **all co-authors are aware of the content** of the abstract before submission of an abstract implies that it has been **approved by all listed authors**

➤ **presenting author** of abstracts submitted for oral presentation must also sent during abstract submission a **short Curriculum vitae up to 250 words with a recent photo embedded in a single page in Pdf format**

➤ Abstracts that will be approved for presentation as posters should be **printed in portrait DIN A0 format** according to the following template with **dimensions 1189x841mm or 46,8x33.1inch**. See attached template.



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**ABSTRACT LAYOUT**

- **TOPIC** The topic indicates which day/session your abstract refers to
- **TITLE** Title is limited to 300 characters (spaces included). Don't write the title with capital letters.
- **AFFILIATION** Name Institution, City and Country only.
- **INTRODUCTION** Brief statement of background and purpose of the study.
- **METHODS** Study design, subjects and data analysis.
- **RESULTS** State findings with statistical data if appropriate.
- **DISCUSSION AND CONCLUSION** Brief reference to previous research, limitations of the study and conclusion.
- **PRACTICAL IMPLICATIONS FOR CISM** Probable implications and changes to military sports proposed to by this research. If the abstract has no suggestions for CISM then NON APPLICABLE should be stated.
- **REFERENCES** No more than 3 references are allowed.
- **FIGURES AND TABLES** One figure and /or one table can be submitted together with the abstract. Use only jpg/png format. The size of the figures/tables should not be wider than 1000 pixels and not larger than 500kb. Each figure or table must be presented with a brief caption or title that defines all abbreviations used within it.
- **CONFLICT OF INTEREST** The declaration of potential conflicts of interest is the responsibility of the corresponding author.
- **PRESENTATION TYPE** Desired Presentation Type (Oral /Poster) – The authors should indicate the desired mode of presentation, but is up to the Scientific Committee to allocate it accordingly.
- **AUTHORS** Use only military ranks where appropriate. Do not include academic titles. The presenting author should be the first name and he / she will only be able to edit any data, before final submission.





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**ABSTRACT SELECTION AND PRESENTATION**

The authors should specify if they prefer their submission to be considered for **Poster** or **Oral** presentation. The Scientific Programming Committee reserves the right to make the final decision concerning the form of presentation.

The best rated Abstract will be awarded. The evaluation and scoring of the abstract (acceptance as poster or as oral communication, or rejection) will be made according to a number of **criteria**, including:

- Is the text written according to proper English grammar and syntactic style?
- Does the abstract make a clear statement of the research question?
- Are the methods valid, the results relevant and the conclusions justified by the data?
- Does the abstract indicate the value of the findings and to whom will they be of use?
- Does the abstract give a concise summary of the findings?