



CONSEIL INTERNATIONAL DU SPORT MILITAIRE  
UNITED ARAB EMIRATES DELEGATION TO CISM  
CISM International Athletics Conference  
ABU DHABI, UAE  
(10th to 16th December 2023)



وزارة الدفاع  
MINISTRY OF DEFENCE

INVITATION FILE

CISM INTERNATIONAL  
**ATHLETICS**  
CONFERENCE 2023



مؤتمر السيزم الدولي لألعاب القوى 2023

Abu Dhabi - United Arab Emirates

• تحت شعار •

ألعاب القوى والجاهزية البدنية الشاملة للعسكريين

CISM International Athletics Conference 2023  
*“Athletics and Military Physical Readiness”*



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UNITED ARAB EMIRATES DELEGATION TO CISM  
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"Athletics and Military Physical Readiness"  
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United Arab Emirates Delegation to CISM  
Al Saif Road, 26, Dubai.  
United Arab Emirates.  
Tel: (+)971552111222, (+)971551000042  
E-mail: [uae@milsport.one](mailto:uae@milsport.one); [cism@mod.gov.ae](mailto:cism@mod.gov.ae)

To: See Distribution List  
Subject: CISM INTERNATIONAL ATHLETICS CONFERENCE 2023  
Date: 10th to 16th December 2023

Dear CISM friends,

The CISM International Athletics Conference 2023 in "Athletics and military physical readiness" organized by the UAE Delegation in cooperation with the CISM Academy and the CISM Sport Science Commission will be held from 10th to 16th December 2023 in Abu Dhabi (UAE).

In my capacity as President of the International Military Sports Council, I have the honor to invite a delegation representing your country to take part in this event.

I look forward to meeting you on that occasion.

Friendship through Sport!

Sincerely Yours,

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**Colonel Nilton Gomes Rolim Filho**  
President of CISM



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Dear CISM friends,

As the Chief of the UAE Delegation to CISM and on behalf of the Minister of Defence, I have the honor to invite you to the CISM International Athletics Conference 2023 in "Athletics and military physical readiness", which will be held in Abu Dhabi, from 10th to 16th December 2023.

For the UAE Delegation to CISM, your presence at the CISM International Athletics Conference is very important, in order to contribute to the formation of modern perception and extroversion of the CISM country members' Armed Forces, through sports science and values.

Looking forward to seeing you in Abu Dhabi in December of 2023.

Sincerely yours,

**Colonel Ahmed Mohamed Belhusa**  
Chief of the UAE Delegation to CISM



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**ENCLOSED:**

- Distribution List
- General Program
- General Information
- Annex 1 Preliminary Agreement
- Annex 2 Final Entry



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**DISTRIBUTION LIST**

- ✓ CISM President
- ✓ CISM Vice-Presidents
- ✓ CISM Secretary General
- ✓ Members of the CISM Board of Directors
- ✓ Chief of Liaison Offices
- ✓ Presidents of Commissions
- ✓ Presidents of CISM Sports Committees
- ✓ To the Chiefs of Delegation of CISM Members Countries

**All CISM member nations are warmly invited and strongly encouraged to participate in this Academic Event. A complete list of current CISM member nations is available on the CISM website.**

**Right to participate in the CISM International Athletics Conference 2023**

Only CISM active member nations have the right to participate in the CISM International Athletics Conference 2023 (as per CISM Regulations, Article 1.10). An inactive nation intending to take part in the event must pay its annual fee before the deadline established by the Organizing Committee of the CISM International Athletics Conference 2023 for sending the final entry. If it is not done, the delegation will not be able to take part in the event.



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**GENERAL PROGRAM**

<b>INTERNATIONAL ATHLETICS CONFERENCE 2023</b>				
<b>Date</b>	<b>Time</b>	<b>Activity</b>	<b>Place</b>	<b>Dress</b>
<b>Sunday 10.12.2023</b>	All day	The arrival of CISM HQ Staff, SportScience Commission members, and participants	Abu Dhabi / Dubai International Airports	Casual
<b>Monday 11.12.2023</b>	09:00 – 09:30	Conference Registration	Hotel Conference	Uniform Class A
	09:30 – 10:00	Opening Ceremony and Official Photo		
	10:00 – 11:00	Future vision of the development strategies of athletics towards universality		
	11:00 – 11:15	Coffee Break		
	11:15 – 12:45	Artificial intelligence and Information Technology and their role in the development of military sports		
	12:45 – 13:00	Coffee Break		
	1300 – 14:30	The role of technology in the development of comprehensive physical readiness of military personnel.	Restaurant	Casual
14:30 – 16:30	Lunch			
<b>Tuesday 12.12.2023</b>	09:00 – 10:30	The institutional role in excellence in Athletics globally	Hotel Conference	Service Uniform
		Workshop-1		
	10:30 – 10:45	Coffee Break		
	10:45 – 12:15	Measures of physical achievement in the military field		
	12:15 – 12:30	Coffee Break		
	12:30 – 14:00	Determinants of motor performance for moving with a combat load in various environments	Restaurant	Casual
14:00 – 16:00	Lunch			
<b>Wednesday 13.12.2023</b>	09:00 – 10:30	Breaking World Records in athletics competitions from a scientific perspective	Hotel Conference	Service Uniform
		Workshop-2		
	10:30 – 10:45	Coffee Break		
	10:45 – 12:15	Functional strength training and its role in the development of military skills		
	12:15 – 12:30	Coffee Break		
	12:30 – 14:00	Planning of physical training in the military field	Restaurant	Casual
14:00 – 16:00	Lunch			
<b>Thursday 14.12.2023</b>	09:00 – 10:30	Leading experiments in World Athletics	Hotel Conference	Service Uniform
		Workshop-3		
	10:30 – 10:45	Coffee Break		
	10:45 – 12:15	Tactical nutrition and improving the level of		



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		performance in the operational environment		
	12:15 – 12:30	Coffee Break		
	12:30 – 14:00	Models for simulation exercises in an operational environment		
	14:00 – 16:00	Lunch	Restaurant	Casual
	19:30 – 21:30	Gala dinner	TBD	Class A
<b>Friday 15.12.2023</b>	09:00 – 10:00	Closing Ceremony	Hotel Conference	Class A
	12:00 – 20:00	Cultural event	TBD	Casual
<b>Saturday 16.12.2023</b>	All day	Departure of all participants	Abu Dhabi / Dubai international airport	Casual

**Notes:**

An updated program will be published during the last week of October on the CISM website (<https://www.milsport.one/cism-academy/academic-events>)





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## **GENERAL INFORMATION**

### **1. Focus of the CISM International Athletics Conference**

To deal with the developments taking place in all fields and sciences and to achieve a world level of knowledge, coordination, and integration in the physical readiness of the army to help deal with the emerging dangers and challenges, the UAE Ministry of Defence will host the CISM International Athletics Conference under the heading "*Athletics and Military Physical Readiness*". The Conference will bring together a group of renowned scientists and experts in athletics and military sports from around the world to exchange knowledge, ideas, and experiences in light of new advances in the Military Physical Preparation System and other relevant fields and to present the latest developments in sports science.

The conference will provide members of the International Military Sports Council (CISM) with the opportunity to hear from a group of speakers and renowned experts during program sessions that will address valuable topics, which will allow participants to interact with the serious attitudes in the sports sector, military and showcase the latest developments in sports science.

#### **Conference Vision**

Deliver the highest possible outputs of sustainability and sports development.

#### **Conference Mission**

To rely on knowledge, ideas, and experiences to develop Athletics.

#### **The Goals of the Conference:**

- Spreading the culture of innovation and excellence in military sports sciences.
- Supporting the outputs aimed at sustaining sports development in Athletics.
- Presenting the experiences and applied practices.
- Staying up-to-date with the latest developments in Athletics.
- Utilizing Artificial Intelligence and Information technology.
- Capitalizing on international experiences to develop the work system.

#### **The Conference will address the following elements:**

- The role of technology in achievement.
- The latest developments in athletics (in the third millennium).
- Newly-utilized equipment and tools in military sports sciences.
- The comprehensive physical readiness and its role in enhancing the combat performance of all armed forces.
- Leading international experiences.

<https://www.milsport.one/cism-academy/academic-events>





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## 2. Composition of the Mission

Initially, each Delegation can be represented by a maximum of 7 participants. Exceptions would be possible due to the number of registered countries at the moment of the Final Entry and can be asked of the Organizing Committee opportunely.

## 3. Eligibility

Participants must be part of an active CISM member nation.

## 4. Condition of stay

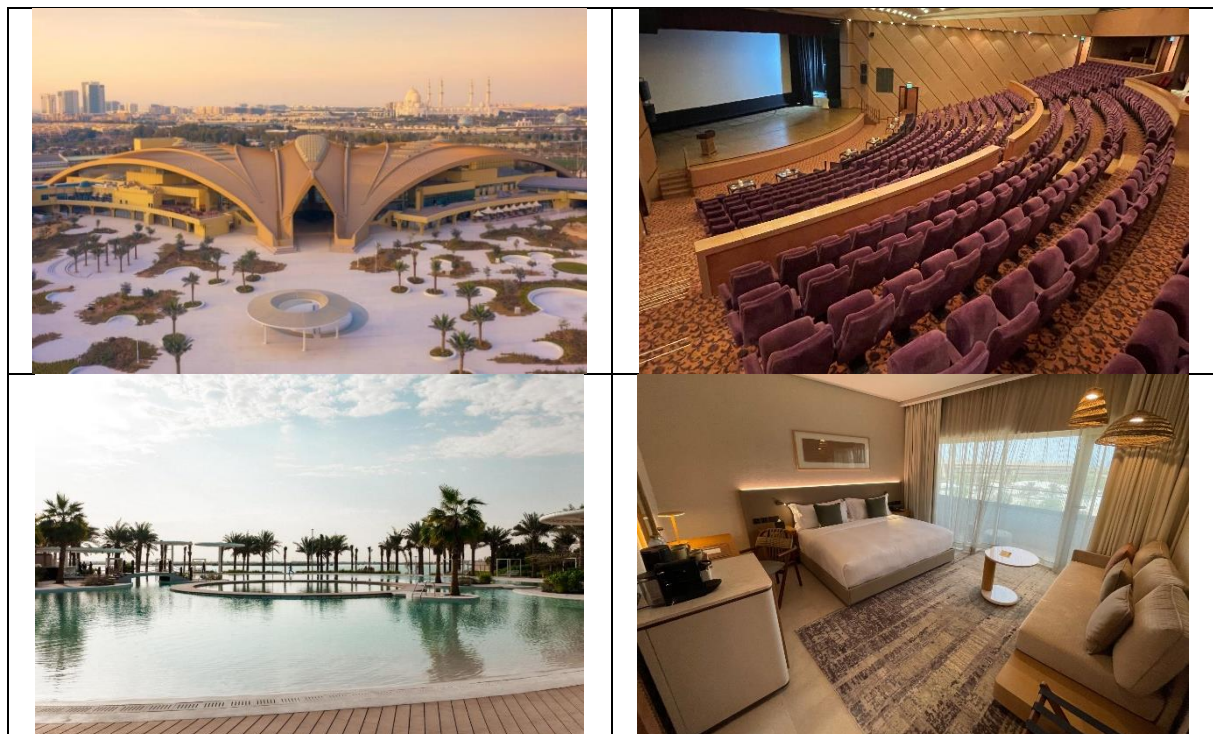
All participants will be accommodated at:

***Erth Hotel, Abu Dhabi (<https://erth.ae/>)***

***10<sup>th</sup> December - 16<sup>th</sup> December, 2023***

Full board and lodging will be paid by the participants upon their arrival, as follows:

HOTEL NAME	Single room	€140 / night
	Double room	€180 / night





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**ATTENTION:**

- The booking for the stay must be sent by the Delegation – ANNEX 2.
- You must book your stay before the 10th of October, 2023 – ANNEX 2.
- Payment for the stay can be made by cash or by credit card **in the host hotel.**
- **The first seventy Chiefs of Delegations/ Chiefs of Missions from active nations registered at the conference according to the Final Entry will be received by the UAE Ministry of Defence with complimentary accommodation.**

For possible early arrivals before 10th December or late departure after 16th December same rates will be applied concerning the hotels in Abu Dhabi. Unfortunately, we cannot provide medical care and local transportation during the extra stay.

Additional people will not be accepted without official written permission from the Organizers.

All the relevant information will be uploaded on CISM's website, in the Accommodation part.

For possible early arrivals before 10th December or late departure after 16th December different rates can be applied concerning the hotel.

## **5. Medical care**

The Local Organizing Committee provides medical assistance to the mission members including first aid and transport to the hospital during the Conference. However, the Local Organizing Committee is NOT responsible for:

- surgical operation or other special treatments,
- complicated return transport due to illness/accident,
- other expenses on account of illness/accident such as compensations, loss of income, etc.

To cover the above-mentioned risk, participants must arrange sufficient insurance in their home countries.

## **6. Transportation**

The cost of travel to the point of arrival in Abu Dhabi will be in responsibility of each participating mission as well as the cost of travel from the point of departure back home. The transport from and back to the arrival point (Abu Dhabi / Dubai international airports to the designated hotel) will be provided by the organizer.



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**Points of arrival:**

**By plane:**

1. Abu Dhabi International Airport
2. Dubai International Airport

**7. Customs and Visa Procedures**

For information on requirements, please contact the UAE Embassy or Consulate serving your country or our nearest diplomatic representative. Application for a VISA is the responsibility of participating delegations.

**8. Weather conditions**

The average temperature in December in Abu Dhabi is 17° to 26° C.

**9. Cultural activities**

The cultural day will be organized for all participants in Abu Dhabi as it is shown in the daily program.

**10. Language**

Presentations will be given in English and Arabic only (with interpretation provided for other languages).

**11. Registration forms**

- Preliminary Agreement (Annex 1) to be returned before **10<sup>th</sup> September 2023.**
- Final Entry (Annex 2) to be returned before **10<sup>th</sup> October 2023.**

**12. Uniforms**

Uniform Class A is mandatory for the Opening and Closing Ceremony, Opening Lunch, and Closing Banquet, as well as for the invited military lecturer during the respective presentation.

Civilians should follow the same dress code.



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### **13. Spouses**

According to the availability, cultural activities will be organized.

### **14. Registration**

- Regarding Public registration for the conference will be open but pre-registration through the Conference's website (the link will be shared on the CISM website as soon as possible) is mandatory (for civilians).
- No registration will be accepted on-site.

### **15. Currency**

The dirham is the official currency of the United Arab Emirates.

There are many points of exchange:

- Airports
- Hotel desk
- Local Exchanges

### **16. Correspondence**

All correspondence concerning the Conference should be sent to the following address:

United Arab Emirates Delegation to CISM

Al Saif Road, 26, Dubai.

United Arab Emirates.

Tel: (+)971552111222, (+)971551000042

E-mail: [uae@milsport.one](mailto:uae@milsport.one); [cism@mod.gov.ae](mailto:cism@mod.gov.ae)