



**International Military Sports Council
Portuguese Delegation**



INVITATION FILE

**International Military Running Challenge 2024
“Trail Marathon”**



21st to 25th March 2024

Mafra - Portugal

CISM

“Friendship through Sport”



International Military Sports Council
International Military Running Challenge 2024
21st to 25th March 2024
Mafra - Portugal



Direção-Geral de Recursos da Defesa Nacional
Comissão de Educação Física e Desporto Militar
Portuguese Delegation to CISM
Avenida Ilha da Madeira, 1
1400-204 Lisboa
PORTUGAL
Tel: +351 21 303 86 46
Email: dgrdn@defesa.pt

To: See Distribution List
Subject: INTERNATIONAL MILITARY RUNNING CHALLENGE 2024 "Trail Marathon"
Date: 02/01/2024

Dear Chiefs of Delegation,

I have the great honour to invite a delegation from your country to participate in the "Running Challenge – Trail Linhas de Torres 2024". This race is a Trail Marathon, between mountains and valleys, travelling mainly along trails designed between nature and small villages. It will take place in Mafra and Torres Vedras, from the 21st to 25th March 2024.

Lisbon, 2nd January 2024

The Chief of the Portuguese Delegation to CISM

José Manuel Pires Contramestre
Colonel

ENCLOSED:

- Distribution List;
- Program;
- General Information;
- Annex 1 - Preliminary Agreement;
- Annex 2a - Final Entry – Composition of the Mission;
- Annex 2b – Final Entry – Commitment by the Chief of Mission;
- Annex 3 – Final Entry – Travel data.



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Distribution List:

All CISM member nations are warmly invited and strongly encouraged to participate in this World Championship.

- 1. President of CISM.*
- 2. Official CISM Representative.*
- 3. The CISM Vice-President for Europe.*
- 4. CISM Secretary General.*
- 5. The Chief of the European Liaison Office.*
- 6. President and Members of CISM Sport Committee.*
- 7. Representatives of the CISM Partners and Sponsors.*
- 8. To the Chiefs of Delegation of the CISM Members Countries*



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A. Right to participate in the International Military Running Challenge 2024

At the request of the organizing committee, in order to ensure perfect organization, only twelve (12) CISM active member nations have the right to participate in the sport event “International Military Running Challenge 2024”- Trail Marathon”. In addition to Portugal, the places will then be allocated according to the order of arrival of the applications.

“Preliminary Agreements” from nations will be ranked according to their order of arrival. The selection of the 12 participating nations will be carried out according to the principle of 3 nations per continent. After the deadline for send the “Preliminary Agreements”, if there isn't 3 countries per continent, vacancies will then be allocated according to the order of arrival of the applications, as this example:

| Method of inscription of the nations | | | |
|---|-----------|-----------|-----------|
| “Preliminary Agreements” order of arrival till the deadline: Country A (Africa); Country B (America); Country C (Asia); Country D (Europe); Country E (Africa); Country F (America); Country G (Asia); Country H (Europe); Country I (Africa); Country J (America); Country K (Asia); Country L (Europe) ... | | | |
| Africa | America | Asia | Europe |
| Country A | Country B | Country C | Country D |
| Country E | Country F | Country G | Country H |
| Country I | Country J | Country K | Country L |
| ... | ... | Country M | ... |

An inactive nation, intending to take part in the event must pay its annual fee before the deadline established by the Organizing Committee of this event for sending the final entry. If it is not done, the delegation will not be able to take part in the event.

B. General Program of the Event

| DATE | ACTIVITY |
|----------------------------------|---|
| Thursday, 21 st March | <ul style="list-style-type: none">Arrival of Participants |
| Friday, 22 nd March | <ul style="list-style-type: none">Opening CeremonyPreliminary MeetingTraining |
| Saturday, 23 rd March | <ul style="list-style-type: none">Start of the CompetitionAwards Ceremony |
| Sunday, 24 th March | <ul style="list-style-type: none">Cultural dayClose Ceremony and Banquet |
| Monday, 25 th March | <ul style="list-style-type: none">Departures of Participants |



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C. Composition of the Mission

According to the CISM Regulations only military in active duty and in possession of a valid military ID card may participate in the competition.

In addition, the participant must be over 20 years.

The table below gives the maximum composition of the delegation that can participate in this sport event:

| FUNCTION | MAXIMUM PARTICIPATION | |
|---------------------------------|-----------------------|---|
| | # | Notes: |
| Chief of the Mission | 1 | - Chief of Mission/Chief of Team/Coach/Ad libitum can give assistance or personal support to their team within the defined areas. |
| Chief of team/ Coach/Ad libitum | 1 | |
| Male Athletes | 3 | |
| Female Athletes | 3 | |
| Total (maximum) | 8 | |

D. Access to the Location of the Competition

Escola das Armas
Alameda da EPI
2640-492 MAFRA

The Travel cost to the Lisbon airport (LIS) and respective return will occur the responsibility of the participating country.

The organizing committee will ensure the transportation to and from the place of arrival at the place of stay in Mafra (Military Unit) and transportation during the competition.

Place of arrival and departure:

- Lisbon Airport (LIS), Portugal.

All the participants should use the indicated above arrival/departure point.

E. Conditions of Stay

Delegations and official guests will be accommodated in a Military Unit of the Portuguese Armed Forces.

The Organizer will cover normal board and lodging as well as local transportation, and medical first aid care.

The Organizer will not be responsible for any advanced medical expenses, including hospital stays, surgical procedures, or other medical care beyond first aid. Get a medical insurance is strongly recommended.

The consumers/participants must cover any additional person's expenses.



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F. Regulations of the Championship

The current regulations of the CISM, July 2019 edition and the official regulations of the sporting events set out on the website: <http://www.running-challenge.com/> by the organization, which are also attached as an appendix, will apply throughout the period and competition respectively.

G. Anti-doping

The organization reserves the right to cancel the registration of any athlete who in the past has been associated with the use of illegal substances to practice sports.

In case an athlete has a Therapeutic Use Exemption (TUE), the Chief of Delegation should send this TUE to the CISM GS until 30 days before the Opening Ceremony. This TUE will be submitted to the TUE Commission to analysis and further approval.

CISM Anti-Doping Symbol



H. Uniforms

It is mandatory to wear for the opening and closing ceremonies the institutional military uniform (Class A Uniform and Service Uniform).

On the remaining days the uniform to be worn will be the institutional tracksuit of each nation.

I. Customs and Visa Procedures

For information regarding passport and visas for entry into Portugal, please contact The Portuguese Embassy in your country or the respective Embassy serving your country in Portugal.

J. Weather Conditions

Average temperature in March in Mafra and Torres Vedras - Portugal fall within the range of 10°C – 18°C. The probability for rain is 20%.

K. Registration Forms Deadlines

Preliminary Agreement is attached as Annex 1 and must be returned *NLT 25th January 2024*.

Final Entry is attached as Annex 2a, 2b and 3 and must be returned *NLT 23rd February 2024*;

A valid and operated phone number and email address are required on the final entry form in case the organizing committee needs to contact you.



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L. Correspondence

All official correspondence concerning the competition should be send to Portuguese CISM Delegation:

Ministério da Defesa Nacional
Direção-Geral de Recursos da Defesa Nacional
Comissão de Educação Física e Desporto Militar
Avenida Ilha da Madeira, 1400-204 LISBOA
Email: dgrdn@defesa.pt

M. Additional Required Items

1. National flag (one: 1,60m x 1,12m);
2. National Anthem (file "MP3");
3. Additional data:
Photo of delegation members:
 - taken in military uniform (uncovered);
 - showing the full face, 4x6 cm size photo at high resolution (file "JPEG").



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ANNEX 1

PRELIMINARY AGREEMENT

To be returned before **25th January 2024**:

Address + contacts of the Organizing Committee

To:

Portuguese Delegation to CISM:

Ministério da Defesa Nacional

Direção Geral de Recursos da Defesa Nacional

Comissão de Educação Física e Desporto Militar

Avenida Ilha da Madeira, 1400-204 Lisboa

Email: dgrdn@defesa.pt

ea@exercito.pt

por@milsport.one

Copy:

CISM Headquarters:

LtCol Jan Van den Dool

CISM Sports Director

Mobile: +31 630861878

Email: cismsportsdepartment@milsport.one

NATION:

TOTAL NUMBER OF PARTICIPANTS:

| | Officials | Athletes | Total |
|-------|-----------|----------|-------|
| Men | | | |
| Women | | | |
| Total | | | |

- Does your delegation need a visa to travel? ☐ YES ☐ NO.
If the answer is **YES**, start the process immediately.
- Do your athletes need Therapeutic Use Exemption (TUE)? ☐ YES ☐ NO.
If the answer is **YES**, you can already start the process.

MEANS OF TRANSPORT: _____

DATE: _____

—
SIGNATURE OF CHIEF OF DELEGATION

RANK/NAME: _____

| | | |
|--------------|-----------|--|
| Your Contact | Rank/Name | |
| | Phone | |
| | E-Mail | |



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ANNEX 2a

FINAL ENTRY - COMPOSITION OF THE MISSION

To be returned before **23rd February 2024**:

| | |
|---|---|
| Address + contacts of the Organizing Committee | |
| To: Portuguese Delegation to CISM: Ministério da Defesa Nacional Direção Geral de Recursos da Defesa Nacional Comissão de Educação Física e Desporto Militar Avenida Ilha da Madeira, 1400-204 Lisboa Email: dgrdn@defesa.pt ea@exercito.pt por@milsport.one | Copy: CISM Headquarters: LtCol Jan Van den Dool CISM Sports Director Mobile: +31 630861878 Email: cismsportsdepartment@milsport.one |

NATION :

| |
|--|
| |
|--|

| | Function | (Notes) | Rank | Name and surname |
|---|------------------|---|------|------------------|
| 1 | Chief of Mission | (Gender:) | | |
| 2 | CoT/Coach | (Gender:) | | |
| 3 | Female athlete | Trail Marathon (42Km) (minimum 2 athletes for National team) | | |
| 4 | | | | |
| 5 | | | | |
| 6 | Male athlete | Trail Marathon (42Km) (minimum 2 athletes for National team) | | |
| 7 | | | | |
| 8 | | | | |

(Please send attached photo files)

In strict compliance with applicable **CISM Regulations – Chapter VII, Art. 7.23**, I, the undersigned Chief of Delegation, hereby officially confirm that all athletes representing my nation in the CISM event are on active duty in my nation's Armed Forces. I understand that sanctions may be imposed against my nation, my mission, my team, individual athletes, or myself for violation of this provision (**CISM Regulations Chapter I, Art. 1.12**).

DATE: _____
SIGNATURE OF CHIEF OF DELEGATION

RANK/NAME: _____



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ANNEX 2b

FINAL ENTRY - COMMITMENT BY THE CHIEF OF MISSION

NATION :

The undersigned, Chief of Mission declare that he has read the **CISM Regulations** and moreover understood the following prescriptions:

Article 1.10. RIGHTS OF MEMBER NATIONS

- A. Active member nations have the right to:
Be invited to all CISM Championships.
- B. Inactive member nations have the same rights as active member nations except that:
They do not participate in any CISM event until they have met their financial obligations.

An inactive nation, intending to take part in the event must pay its annual fee before the deadline established by the Organizing Committee of the world military championship for sending the final entry. If it is not done, the delegation will not be able to take part in the event.

Article 7.23. PARTICIPATION - MILITARY STATUS

- A. Only military personnel on active duty in Armed Forces may take part in competitions organized by CISM.
- B. No one may be recalled to active duty in the Armed Forces for the purpose of participating in a CISM competition. In the case of an intermittent military service, the athletes regularly recalled may not take part in CISM competitions, under any circumstances, if more than 18 months have elapsed between this recall and the end of their last call to arms.
- C. Exceptions to the above may be authorized by the General Assembly, upon recommendation of the Board of Directors.
- D. All military participants in a CISM event shall be in possession of proper documentation which signifies active military service of the member nation he represents. The documentation can be:
 - 1. A valid military identity card for those athletes, who are authorized to present their military identity cards abroad,
 - 2. A form of verification (in English and/or French) of military status accompanied by a passport.



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- E. By signing the final entry, the Chief of Delegation confirms the military status of the participating athletes. If there are last minute changes in the participation of the athletes, the verification file may be signed by the Chief of Mission, but shall be confirmed by the Chief of Delegation by official letter.
- F. If one of these documents is not available, participation is refused.

Article 7.26. PARTICIPATION OF AN INACTIVE MEMBER NATION

Athletes or teams of an inactive member nation may not participate in any CISM event (art 1.10 of the Regulations).

Article 7.32. CHIEF OF MISSION

A. Chief of Mission

1. Chiefs of Mission shall be familiar with CISM regulations.
2. Missions must not only participate or be present at sports events, they are also required to participate in information conferences on CISM, study days, commemorative and cultural events and ceremonies organized by the host nation.

B. Conduct of a mission

1. The Chief of Mission is responsible for the behavior of his team in sports and general discipline. He shall ensure that members of his mission respect the rules and directives prescribed by CISM and organizers of the championship. The respect of schedules is particularly important as they form the basis for the effective conduct of competitions and ceremonies.
2. The Chief of Mission shall also enforce the rules concerning behavior and dress during the ceremonies. He plays an important role in promoting the CISM spirit among his mission, a spirit represented by friendly attitude towards other missions, courtesy towards organizers and fair-play in competition.

Article 8.6. ABSENCE OF A MISSION WITHOUT NOTIFICATION

If a mission which submits a preliminary agreement and/or final entry is absent without notifying the host nation in time, a sanction will be imposed (CISM Regulations, Art. 1.12).

Article 8.17. RULES OF STAY

A. General

1. The Chiefs of Mission are responsible for the discipline of their mission. The missions fall under the jurisdiction of the organizing nation. During events, all athletes present on the playing fields are equal before the jury, the referees and to themselves. No one may use his rank to impose his views on sports matters.



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2. Civilian members of the missions shall conform to the discipline accepted by all other participants.
- B. Military uniforms
1. Unless otherwise approved by the Official CISM Representative, all participants shall wear military uniform during official ceremonies such as the opening and closing ceremonies and medal-awarding ceremonies. Individuals without proper uniform will not be allowed to participate in the championship.
 2. The presentation of medals takes place, in principle, during the closing ceremony. The presentation of medals may be done in sports uniform, if for organizational reasons it is not possible to wear military uniforms. This is the case e.g. when the presentation immediately follows a championship sports event. Sports uniforms shall respect the corresponding national criteria (training suit, sports shoes, etc.) Displaying the national flag on the podium by the recipient (athlete or team) at a medal awarding ceremony is forbidden. Individuals failing to respect these prescriptions shall not receive their medal(s) during the official ceremonies.
- C. Forbidden actions
1. In conformity with the statutes and traditions of CISM, any political or religious propaganda during a CISM event, in particular the dissemination of documents, pictures, brochures, reviews, etc. is strictly forbidden.
 2. Any contravention shall result in the exclusion of the mission from further competition and may result in additional sanctions (Regulations Art. 1.12).

Article 8.19. ACCOMODATIONS

- A. All missions, including those of the host nation, shall be accommodated under the same conditions. If the conditions are in accordance with the CISM norms and standards, the missions are expected to accept the accommodation provided by the organizing nation.
- B. Any mission that does not accept the accommodations provided by the organizing nation and judged as adequate by the Official CISM Representative will not be allowed to participate in the championship.

DATE: _____

SIGNATURE OF CHIEF OF MISSION

RANK/NAME: _____



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ANNEX 3

FINAL ENTRY – TRAVEL DATA

To be returned before **23rd February 2024**:

Address + contacts of the Organizing Committee

| | |
|---|---|
| To: Portuguese Delegation to CISM: Ministério da Defesa Nacional Direção Geral de Recursos da Defesa Nacional Comissão de Educação Física e Desporto Militar Avenida Ilha da Madeira, 1400-204 Lisboa Email: dgrdn@defesa.pt ea@exercito.pt por@milsport.one | Copy: CISM Headquarters: LtCol Jan Van den Dool CISM Sports Director Mobile: +31 630861878 Email: cismsportsdepartment@milsport.one |
|---|---|

NATION:

| | PLACE | DATE | FLIGHT Nr | TIME |
|-----------|----------------------|------------|-----------|------|
| ARRIVAL | Lisbon Airport (LIS) | 21st March | | |
| DEPARTURE | Lisbon Airport (LIS) | 25th March | | |

DATE: _____

SIGNATURE OF CHIEF OF DELEGATION

RANK/NAME: _____

| | | |
|---------------------|------------------|--|
| Your Contact | Rank/Name | |
| | Phone | |
| | Fax | |
| | E-Mail | |