



وزارة الدفاع
MINISTRY OF DEFENCE

CONSEIL INTERNATIONAL DU SPORT MILITAIRE
UNITED ARAB EMIRATES DELEGATION TO CISM

INVITATION FILE



ندوة السيزم الدولية

CISM INTERNATIONAL SYMPOSIUM

CISM International Symposium 2025

Abu Dhabi - UAE

19th to 24th October 2025

"Physical Readiness and Resilience in the Armed Forces: Challenges and Foreseeing the Future"



**CONSEIL INTERNATIONAL DU SPORT MILITAIRE
UNITED ARAB EMIRATES DELEGATION TO CISM
CISM International Symposium
ABU DHABI, UAE
19th to 24th October 2025**



Convocation

Dear CISM friends,

The CISM International Symposium 2025 under the theme "**Physical Readiness and Resilience in the Armed Forces: Challenges and Foreseeing the Future**" organized by the UAE Delegation in cooperation with the CISM HQ Academic Department and the CISM Sport Science Commission will be held from 19th to 24th October 2025 in Abu Dhabi (UAE).

In my capacity as President of the International Military Sports Council, I have the honour to invite representatives from your country to take part in this academic event, which outlines a pivotal platform for presenting and deliberating scientific findings on physical activity within the Armed Forces and the academic community.

I look forward to meeting you on that occasion.

Friendship through Sport!

Sincerely Yours,

Colonel Nilton Gomes Rolim Filho
President of CISM



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Invitation

Dear CISM friends,

As the Chief of the UAE Delegation to CISM and on behalf of the Minister of Defence, I have the honor to invite you to the CISM International Symposium 2025 **"Physical Readiness and Resilience in the Armed Forces: Challenges and Foreseeing the Future"**, which will be held in Abu Dhabi, from 19th to 24th October 2025.

For the UAE Delegation to CISM, your presence at the CISM International Symposium is very important, in order to contribute to the formation of modern perception and extroversion of the CISM country members' Armed Forces, through sports science and values.

Looking forward to seeing you in Abu Dhabi in October 2025.

Sincerely yours,

General Brigadier. Ayoob Buti Al Falasi
Chief of the UAE Delegation to CISM



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ENCLOSED:

- Distribution List
- General Program
- General Information
- Annex 1 Abstract Submission Procedure
- Annex 2 Preliminary Agreement
- Annex 3 Final Entry

DISTRIBUTION LIST

- ✓ CISM President
- ✓ CISM Vice-Presidents
- ✓ CISM Secretary General
- ✓ Members of the CISM Board of Directors
- ✓ CISM Treasure General
- ✓ Chief of Liaison Offices
- ✓ Presidents of Commissions and Working Groups
- ✓ Presidents of CISM Sports Committees
- ✓ To the Chiefs of Delegation of CISM Members Countries

All CISM member nations are warmly invited and strongly encouraged to participate in this Academic Event. A complete list of current CISM member nations is available on the CISM website.



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GENERAL PROGRAM

CISM INTERNATIONAL SYMPOSIUM 2025				
Date	Time	Activity	Place	Dress
Sunday 19.10.2025	All day	Arrival of Symposium participants	Zayed/ Dubai/ Al Maktoum Int. Airport	Casual
Monday 20.10.2025	08:00 – 09:00	Symposium Registration	Symposium Hotel	Uniform Class A
	09:00 – 10:45	Symposium Opening Ceremony Opening Session Official Photo		
	10:45 – 11:15	Coffee Break		
	11:15 – 12:45	2 nd session		
	12:45 – 13:00	Coffee Break		
	13:00 – 14:30	3 rd session		
	14:30 – 16:30	Lunch		
	16:30 – 18:00	Recreational Physical Activities	TBD	Sports wear
Tuesday 21.10.2025	09:00 – 10:30	1 st session	Symposium Hotel	Service Uniform
	10:30 – 10:45	Coffee Break		
	10:45 – 12:15	2 nd session		
	12:15 – 12:30	Coffee Break		
	12:30 – 14:00	3 rd session		
	14:00 – 16:00	Lunch		
	16:00 – 18:00	Recreational Physical Activities	TBD	Sports wear
	19:30 – 21:30	Gift Exchange & Gala dinner	TBD	Class A
Wednesday 22.10.2025	08:00 – 09:30	1 st session	Symposium Hotel	Service Uniform
	09:30 – 09:45	Coffee Break		
	09:45 – 11:15	2 nd session		
	11:15 – 11:30	Coffee Break		
	11:30 – 13:00	3 rd session		
	13:00 – 14:00	Closing Ceremony		
	14:00 – 16:00	Lunch	TBD	Casual
	16:30 – 18:00	Recreational Physical Activities	TBD	Sports wear
Thursday 23.10.2025	09:00 – 20:00	Cultural Day	Abu Dhabi	Casual
Friday 24.10.2025	All day	Departure of all participants		

Notes:

An updated program will be published 2 weeks before the Symposium, through the Symposium Website: www.cismsymposium2025.ae.



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GENERAL INFORMATION

1. Composition of the Mission

Initially, each Delegation can be represented by a maximum of 7 participants (priority 3 speakers or poster presenters with abstracts approved and 4 audience members). Exceptions would be possible according to the number of registered countries at the moment of the Final Entry and can be asked to the Local Organizing Committee opportunely.

2. Eligibility

All CISM member nations are eligible to participate to the Symposium according to the Composition of the Mission of this Invitation File.

3. Condition of stay

All participants will be primarily accommodated at:

Dusit Thani Abu Dhabi Hotel
(www.dusit.com/dusitthani-abudhabi)

19th October - 24th October, 2025

Full board and lodging will be paid by the participants upon their arrival, as follows:

Dusit Thani Abu Dhabi	Single room	160 € / night
	Double room	200 € / night

ATTENTION:

- The composition of each mission must be sent to the UAE Delegation - ANNEX3.
- **Each participant must book his/her stay before 8th of September, 2025 through the link which will be provided upon sending the preliminary agreement to the host country - ANNEX 2.**
- Payment for the stay can be made by cash or by credit card **in the host hotel.**
- The designated hotel will send you a confirmation email for your booking.
- **The agreed rates will not be granted for bookings in Dusit Thani hotel after the 8th of September.**





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For possible early arrivals before October 19th or late departures after October 24th, the hotel will allow stays a day before and a day after these dates at the same pricing; beyond this, different rates may apply as determined by the hotel.

Unfortunately, we cannot provide medical care and local transportation during the extra stay.

Additional people will not be accepted without official written permission from the Organizers.

ACCOMMODATION AND SYMPOSIUM LOCATION PICTURES	
Conference Room	Standard Room
	
Restaurant	Leisure Area
	

Notes:

- In case all the rooms in Dusit Thani hotel are fully booked, alternative accommodations will be arranged in another nearby hotel with the same cost. This ensures convenience and consistency for all attendees, maintaining proximity to the Symposium venue and adhering to the agreed budget.
- Rooms will be assigned on a **FIRST COME FIRST SERVED** basis. A booking link will be provided upon sending the Preliminary Agreement and all the details about the other hotel will be provided on the symposium's official website.



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4. Medical care

The Local Organizing Committee provides medical assistance to the mission members including first aid and transport to the hospital during the Symposium. However, the Local Organizing Committee is NOT responsible for:

- Surgical operation or other special treatments,
- Complicated return transport due to illness/accident,
- Other expenses on account of illness/accident such as compensations, loss of income, etc.

To cover the above-mentioned risk, participants must arrange sufficient insurance in their home countries.

5. Transportation

The cost of travel to the point of arrival in UAE will be in responsibility of each participating mission as well as the cost of travel from the point of departure back home. The transport from and back to the arrival point (from International Airport to the Main Hotel) will be provided by the organizer.

Points of arrival:

By plane:

Zayed International Airport (Abu Dhabi)

Dubai International Airport

Al Maktoum International Airport (Dubai)

6. Customs and Visa Procedures

For information on requirements, please contact the UAE Embassy or Consulate serving your country or our nearest diplomatic representative. Application for a VISA is the responsibility of participating delegations. (**Please view link below for more visa inquiries**) <https://u.ae/en/information-and-services/visa-and-emirates-id/do-you-need-an-entry-permit-or-a-visa-to-enter-the-uae> .

7. Weather conditions

The average temperature in October in Abu Dhabi is 22° to 31° C.

8. Cultural activities

The cultural day will be organized for all participants in Abu Dhabi as it is shown in the daily program.



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9. Language

Presentations will be given **only** in English (Arabic and French instant translation will be provided).

10. Registration forms

The **Researchers** must submit abstracts and CVs through the Symposium website: (www.cismsymposium2025.ae).

Abstract Submission	Before 20.06.2025
Final List of Selected Abstracts	Before 31.08.2025
Sending the Curriculum Vitae	Before 15.09.2025
Sending the Presentation (*.ppt)	Before 01.10.2025

The **Chief of Delegation** must send the emails indicated in Annexes 2 and 3.

Preliminary Agreement	15.07.2025
Final Entry	08.09.2025

11. CURRENCY.

The local currency is the UAE Dirham "**AED**".

There are many points of exchange:

- Airport
- Banks
- Certified Exchange Shops in Emirates

12. ABSTRACT SUBMISSION PROCEDURE

See ANNEX 1 for more information.

Theme: "Physical Readiness and Resilience in the Armed Forces: Challenges and Foreseeing the Future"

Subthemes:

Climate change:

- Climate change and sports performance
- Biomechanics and physiology of exercise in extreme climate conditions
- Climate/ heat and athletic performance
- Thermal stress, human performance and technology

Sports Medicine:

- Sports Medicine: rehabilitation and adapted sports
- Sports psychology for military athletes
- Psychological Training of elite athletes
- Physical education, rehabilitation and adapted sport



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- Specific Sports Injuries and Rehabilitation Procedures
- Biomechanics and physiology of physical exercises
- Mental health for military athletes
- Nutrition Strategies and Performance

Combat sports:

- Combat fitness and sports training methods.
- Combat Fitness for Military outfit

New technology:

- Between the real and the virtual: the possibilities of online technologies
- E-sports
- Innovations in physical education and sports training in the context of global challenge

13. Abstract Review Process and researcher's details

- The instructions for submission and details for researchers will be mentioned through the symposium website (www.cismsymposium2025.ae).
- Abstracts and presenting author's CV have to be uploaded to the website.
- Abstract submission deadline is the 20/06/2025.

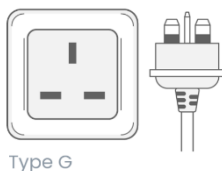
14. Uniforms

Uniform Class A is mandatory for the Opening and Closing Ceremony and Closing Banquet, as well as for the military lecturer during the respective presentation. For civilian participants to the same events, business suit/jacket and tie is recommended. Use of summer uniform will be in effect.

15. Electricity

In the United Arab Emirates (UAE), the standard plug type is Type G. This plug has three rectangular prongs arranged in a triangular pattern.

Plug Type: Type G
Voltage: 220V
Frequency: 50Hz



16. Spouses

According to the availability, cultural activities will be organized.

17. Gift Exchange Ceremony

As part of the tradition in CISM events, the Gift Exchange Ceremony will take place during the Gala Dinner. The Chief of Delegation from the host nation will exchange symbolic gifts with representatives of each attending nation.



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18. Correspondence

All correspondence concerning the Symposium should be sent to the following address:

CISM INTERNATIONAL SYMPOSIUM - LOCAL ORGANIZING COMMITTEE

United Arab Emirates Delegation to CISM

Al Seef Street, 26, Dubai.

United Arab Emirates.

Tel: (+)971552111222

Tel 2: (+)971551000042

E-mail: cism@mod.gov.ae

Symposium website: www.cismsymposium2025.ae (Information about abstract submission and curriculum vitae upload).



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ANNEX 1

ABSTRACT SUBMISSION PROCEDURE

To be submitted on the Symposium website (www.cismsymposium2025.ae)

before: **20.06.2025**

Theme: “Physical Readiness and Resilience in the Armed Forces: Challenges and Foreseeing the Future”

Subthemes:

Climate change:

- Climate change and sports performance
- Biomechanics and physiology of exercise in extreme climate conditions
- Climate/heat and athletic performance
- Thermal stress, human performance and technology

Sports Medicine:

- Sports Medicine: rehabilitation and adapted sports
- Sports psychology for military athletes
- Psychological Training of elite athletes
- Physical education, rehabilitation and adapted sport
- Specific Sports Injuries and Rehabilitation Procedures
- Biomechanics and physiology of physical exercises
- Mental health for military athletes
- Nutrition Strategies and Performance

Combat sports:

- Combat fitness and sports training methods.
- Combat Fitness for Military outfit

New technology:

- Between the real and the virtual: the possibilities of online technologies
- E-sports
- Innovations in physical education and sports training in the context of global challenge

Please read the submission GUIDELINES before submitting an abstract:

- Abstracts must be submitted in **English**.
- Abstracts must be written with **maximum 300 words** (excluding abstract title, contact information for the authors and conflict of interest). The size of the



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completed abstract (including title, author names and affiliations) is limited to **3,000 characters** (spaces and pictures are not taken into consideration). **A maximum of 1 image or graph and 1 table** can be included per abstract (**please zip them first, as only one file can be uploaded**). The maximum file size of each graph/image is **500 KB**. The maximum pixel size of the graph/image is **600(w) x 800(h) pixel**. You may upload graphs in **JPG** format only. A correct abstract is the authors' responsibility since any errors will be reproduced as written. Direct reproduction from your electronically submitted abstract text means that any such errors in spelling, grammar or scientific data will be reproduced as submitted.

- Abstracts must be uploaded as **word text**. **Do not use PDF files for abstract submission.**
- Abstracts should be sent **no later than the 20/06/2025 (the system will close at 23:59 local host nation time)**. Timely submissions will be acknowledged by an automatic e-mail response. Your abstract is not successfully submitted until you receive the **confirmation e-mail**. If you do not receive a confirmation e-mail, please contact us.
- Abstracts may not be **edited/updated after final submission**. Please note that abstracts must be **SUBMITTED** before the deadline in order to be sent to review for inclusion in the Scientific Program.
- Notification regarding abstract acceptance and scheduling will be sent to the presenting author.
- The **presenting author will be considered and listed as the corresponding (first) author** for practical purposes, and he will be notified by email **by the 31.08.2025** about his/her abstract. The presenting author is responsible for ensuring that **all co-authors are aware of the content** of the abstract before submission of an abstract implies that it has been **approved by all listed authors**.
- **presenting author** of abstracts submitted for oral presentation must also send a **short Curriculum vita up to 250 words with a recent photo embedded**



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in a single page in Pdf format (template is provided through the Symposium website).

- Abstracts that will be approved for presentation as posters should be printed in portrait DIN A0 format according to the following template with dimensions 1189 × 841mm or 46,8 × 33.1inch (template is provided through the Symposium website).

ABSTRACT LAYOUT

- **TOPIC** The topic indicates which day/session your abstract refers to
- **TITLE** is limited to 300 characters (spaces included). Don't write the title with capital letters.
- **AFFILIATION** Name Institution, City and Country only.
- **INTRODUCTION** Brief statement of background and purpose of the study.
- **METHODS** Study design, subjects and data analysis.
- **RESULTS** State findings with statistical data if appropriate.
- **DISCUSSION AND CONCLUSION** Brief reference to previous research, limitations of the study and conclusion.
- **PRACTICAL IMPLICATIONS FOR CISM** Probable implications and changes to military sports proposed by this research. If the abstract has no suggestions for CISM then NON-APPLICABLE should be stated.
- **REFERENCES** No more than 3 references are allowed.
- **FIGURES AND TABLES** One figure and /or one table can be submitted together with the abstract. Use only jpg/png format. The size of the figures/tables should not be wider than 1000 pixels and not larger than 500kb. Each figure or table must be presented with a brief caption or title that defines all abbreviations used within it.
- **CONFLICT OF INTEREST** The declaration of potential conflicts of interest is the responsibility of the corresponding author.



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- **PRESENTATION TYPE** Desired Presentation Type (Oral /Poster) – The authors should indicate the desired mode of presentation but is up to the Scientific Committee to allocate it accordingly.
- **AUTHORS** Use only military ranks where appropriate. Do not include academic titles. The presenting author should be the first name, and he / she will only be able to edit any data, before final submission.
- **KEY-WORDS:** 3-5 keywords

ABSTRACT SELECTION AND PRESENTATION

The authors should specify if they prefer their submission to be considered for **Poster** or **Oral** presentation. The Scientific Programming Committee reserves the right to make the final decision concerning the form of presentation.

The best rated Abstract will be awarded. The evaluation and scoring of the abstract (acceptance as poster or as oral communication, or rejection) will be made according to a list of **criteria**, including:

- The text must be written according to proper English grammar and syntactic style.
- The abstract must make a clear statement of the research question.
- The methods must be valid, the results relevant and the conclusions justified by the data.
- The abstract should indicate the value of the findings and to whom (CISM preferably) will they be of use.
- The abstract must give a concise summary of the findings.

PRESENTATION LAYOUT

- **The abstracts that will be accepted for presentation must be prepared and presented according to the official PowerPoint template attached on the website of the Symposium. The same rule applies for the posters too.**



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ANNEX 2

PRELIMINARY AGREEMENT

To be returned before 15/07/2025

United Arab Emirates Delegation to CISM

Al Seef Street, 26, Dubai.

United Arab Emirates.

Tel: (+)971552111222

Tel 2: (+)971551000042

E-mail: cism@mod.gov.ae with copy to cism@milspport.one &
florentia.sfakianou@milspport.one

Nation:

Participation: YES ☐ NO ☐

Number of participants (max 7): Audience ☐

Speakers ☐

TOTAL ☐

Date: _____

Signature Chief of Delegation
Rank and Name

Your Contact	Rank/Name	
	Phone	
	E-Mail	



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ANNEX 3

FINAL ENTRY

To be returned before **08/09/2025**

United Arab Emirates Delegation to CISM

Al Seef Street, 26, Dubai.

United Arab Emirates.

Tel: (+)971552111222

Tel 2: (+)971551000042

E-mail: cism@mod.gov.ae with copy to cism@milsport.one & florentia.sfakianou@milsport.one

Nation:

(for participants with different travel plan add lines as needed)	PLACE	DATE	FLIGHT No.	TIME
Arrival				
Departure				

Function (S for speakers A for audience)	Rank/Title	First Name	Last Name	Food Preferences (Regular/Vegetarian/ Halal/Other)
Partner/Spouse (add lines as needed)				

Signature Chief of Delegation
Rank and Name

Date: _____

Your Contact	Rank/Name	
	Phone	
	E-Mail	