

Military Department at the Faculty of Physical Education and Sport of Charles University –  
history, present and perspectives.

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Education and military system of the Czech Republic army provides military job candidates and military professionals not only with education, preparation and training essential for their functions at troops, military units and institutions of the army, but it also integrates the military professionals into the society (getting a job) after finishing their military career.

Military department is a university – education institution of the Ministry of Defence for service physical training at the Faculty of Physical Education and Sport of Charles University in Prague and it is a guarantee of professional preparation within the Czech Republic army. It was established in 1954. Since 1994 the study has defined as ‘Military Physical Training’ within the accredited programme Physical Education and Sports. It has incorporated in the faculty’s structure in the form of Department of military physical training. This successful interconnection of civilian and military education, proved in its 50 – year existence, provides the military department with an immediate and effective access to the latest research knowledge in the field of physical training applicable in the special military motion skills training. The military department completely utilizes faculty’s technical background and cooperates to offer various forms of study.

The programs of all educational levels are connected with the practice requirements and are aimed at physical preparedness which is together with psychological and special military preparedness a part of soldiers` professional training.

Special education and its practical use is important owing to existing problems to which belong for instance the decrease of physical condition and flexibility, the methodical mistakes in training including lack of regeneration or still high percentage of overweight soldiers and soldiers not being able to fulfill physical testing limits.