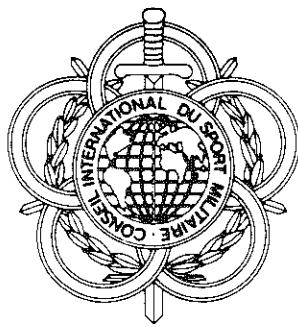


# Sport

INTERNATIONAL





# SPORT *International*

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**Cover 1  
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2nd Taekwondo Championship  
2ème Championnat de Taekwondo

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Chers Amis,

La réalisation, grâce à nos activités sportives militaires, de nos idéaux exprimés dans la devise du CISM « Amitié par le Sport », se poursuit de façon très satisfaisante.

La preuve tangible en est fournie par la description dans le présent numéro des nombreuses activités menées à bonne fin au courant de l'année passée. 1987 fut une année record avec pas moins de 18 championnats mondiaux !

Mais il ne suffit pas de réaliser beaucoup de choses, il est tout aussi important de le faire connaître. Notre magazine constitue très certainement un excellent moyen de communication, encore faut-il qu'il connaisse une plus large diffusion.

**Comment atteindre cet objectif ?**

Vous aurez, en effet, remarqué les efforts consentis par le Secrétariat Général pour donner à notre revue l'image de marque que mérite notre prestigieuse organisation.

L'intérêt croissant que Sport International suscite dans les milieux les plus divers tant pour son contenu que pour sa présentation agréable nous incite à prendre une nouvelle initiative : **à l'image du CISM, notre revue devient quadrilingue.**

Pour certains articles et dans la mesure de nos moyens, nous introduirons dorénavant des textes en arabe et en espagnol.

Aussi, je propose à tous les Chefs de délégation et en particulier des pays arabes et hispaniques d'approuver et d'encourager ce nouvel élan de deux façons :

- par l'envoi d'articles intéressants avec photos en noir et blanc et en couleurs, avec légendes et si possible, avec traduction en français ou en anglais ;
- par la souscription d'un nombre significativement plus important d'abonnements à notre revue.

Je compte sur vous chers Amis !

Colonel (BEM) Roland KESTELOOT  
Secrétaire Général Permanent

Dear Friends,

*The furtherance of our aims expressed in the CISM motto « Friendship through Sport » thanks to our military sports activities is continuing very satisfactorily.*

*This issue of our magazine amply demonstrates the large number of activities carried out during the past year. 1987 was a record year with no fewer than 18 world championships taking place !*

*But it is not sufficient to have these activities staged ; it is just as important to publicise what we are doing. Our magazine is undoubtedly an excellent means of communication, provided its circulation can be stepped up.*

**How can we make this happen ?**

*You will have noticed the General Secretariat's efforts to produce an appropriately up-market review for our prestigious organisation.*

*The accrued interest in Sport International voiced from various circles, both for its contents and for its pleasant presentation, has sparked off a new initiative, namely the concept that our review should become quadrilingual to match CISM's image.*

*In the future, to the best of our ability, we shall endeavour to have some articles featured in Arabic and in Spanish.*

*Therefore I would urge all Chiefs of delegation and in particular those from Arab and Hispanic zones to approve and encourage this new step forward in two ways :*

- by contributing interesting articles accompanied by black and white and colour photographs with captions as well as a translation in English or French ;*
- by subscribing to a substantially higher number of copies of our review.*

*I am counting on the good cooperation of you all !*

Colonel Roland KESTELOOT, psc  
Permanent Secretary General

## THE IMPORTANCE OF THE FORMATION AND RECYCLING OF MILITARY SPORTS MANAGERS

### A CASE STUDY

#### First National Course for Military Sports Managers

##### Place :

Military School of Physical Education  
Orvieto (150 km from Rome)

##### Duration : 6 days

##### Organisations involved :

- General Defence Staff
- Italian Olympic Committee
- Italian Athletics Federation

##### Participants :

18 officers of the Italian Armed Forces engaged at high and medium level in the management of sports and physical training activities.

##### Teaching staff :

a scientific director (military)  
four teachers (civilian)  
three "tutors" (civilian)

##### Didactical aims :

- knowledge and mastery of models of business management and organisation with application to the sports world ;
- knowledge of how to coordinate work groups and to direct them in the taking of decisions ;
- knowledge of how to cope, according to management criteria, with the organisational aspects of a sports event

##### Didactical method :

development of knowledge and abilities, through guided use of analogical models

##### Didactical instruments :

- lessons – discussions
- group work
- case study
- role playing
- simulations

##### Means :

- slides
- luminous blackboards
- video-tapes

##### Subjects :

- role of the military sports manager
- organisation and analysis models
- planning, programming and controlling
- delegating and decision systems
- management of human resources
- civil responsibility and insurance aspects
- health requirements for sports activities
- programming of physical sports events
- sports statutes and regulations
- organisational aspects : a sports event

The organisation and staging of physical activities and sports events nowadays present a full range of new problems hitherto unknown.

To be effective, a manager today, as a sports executive, needs to have acquired not only the necessary cultural know-how but also a technical and organisational expertise matching the development of the sports phenomenon over recent years which, it is expected, will continue in the future.

Technically speaking, the sports world has progressed considerably, either by the creation of a technical culture which is practically universally recognised, or by the formation of instructors and coaches according to new theories and methods.

However, the regular comparison of the athletic performances chalked up for different teams and countries is driving technical schools worldwide to compete against each other. This in itself guarantees an overall improvement.

In these national and international confrontations, comparison is conducted almost exclusively in terms of technical values ; the managerial parameters very rarely come into the picture.

It can thus be stated that the lack of direct rivalry in the past has restrained the development of sports management.

Thanks to the individual initiative of some national federations, the formation of the real sports executive culture is being undertaken in some countries. This has meant the setting up of ambitious advanced programmes for the formation and recycling of sports managers based on state-of-the-art objectives using methods and modern didactical material.

In each country, military physical sports activities have different salient features to civilian events. However, there are many similarities in the technical sphere alone and the need to tackle this matter is so urgent that it is now vital that a programme be launched for the formation and recycling of military sports managers. In 1981, the Italian General Defence Staff conducted its 1st Course for Military Sports Executives within the framework of an agreement with the Research Centre of the Italian Athletics Federation and the Italian Olympic Committee.

We would like to explain here what we mean by sports management « culture » and « formation » of sports executives.

« Culture » englobes the overall theories, concepts and first steps for the executive (in the business world in commercial, administrative or social sectors, etc.) as applied to the sports world.

« Formation » represents the preparatory process through which a sports executive must pass to be able to work, geared with the organisational theories and methods to resolve his professional problems as and when they crop up.

Even in this case, it is easy to compare with the technical side of the sports world where culture is represented by concepts of anatomy, physiology, biology and biomechanics applied to each sports specialty ; the formation enables us to prepare coaches capable of developing an individualised training methodology to cater for each of their athletes' needs.

On the practical side, if CISM is to commit itself in this field (and therefore to urge each country to do likewise on an individual basis also), it must achieve the following two objectives through the Academy :

- Create a research department in sports management which can take care of the printing of texts and of original documents or of synopses on different sports. This would include for instance articles on the main management principles on organisational theory and techniques, the leader's role, the delegating system, the conducting of meetings, funding and budget drafting,... These are only a few – not necessarily the most important – of the topics to be included in the curriculum of the basic sports management course.

- Create a management training centre, headed by an exceptionally qualified and competent director capable not only of giving instruction – in this he is helped by « outside » teachers – but of steering a formation project using suitable methods geared towards imparting information and training sports executives with a view to their gaining the know-how and acumen to manage a sports organisation.

In the international sports environments, the idea is developing that the biggest commitment for the 1990s, and beyond, will be that of forming and recycling thousands of sports executives – in most cases elected officials, volunteers and amateurs – who as a body represent the brains of the great international sports movement in which each plays an active part.

It is also thought that if this matter is not resolved, it will be impossible to resolve the many other problems which at first sight do not appear to be inter-related, such as those of the lack of sports infrastructures, of doping, of partnerships and of contacts between organising executives and sponsors.

**By Lt-Colonel G. Gola**  
**Scientific Director of an Italian pilot course**  
**CISM PTC Chairman for Track & Field**  
**and Section Chief of the CISM Academy**

## THE 24th SEOUL OLYMPICS AND R.O.K. MILITARY

Colonel Park Min Sik,  
Armed Forces Olympic Support Unit

*The host country's military has always been a substantial source of support for the organisation of the Olympic Games and its contribution has proved itself to be an important factor in the successful staging of the Games.*

*It is a great privilege for me to contribute this article on R.O.K. (\*) military support for the 24th Seoul Olympic Games and I should particularly like to extend my sincere gratitude to CISM for making this contribution possible.*

*The following topics will be covered in this article :*

- *R.O.K. military preparations for the 24th Seoul Olympic Games and its support in the Asian Games.*
- *Supporting Programs for the 24th Seoul Olympic Games.*
- *The Results and Accomplishments of the Olympic Support.*

### R.O.K. MILITARY PREPARATIONS FOR THE OLYMPIC AND ASIAN GAMES

As the main duty of the military is to be faithful to its country and people and to ensure their security and property, the ROK military correspondingly devotes itself to its own duty and responsibility. It is well known that all the young men of ROK are called up for national military service ; the ROK military, as a group of young men, has made a great contribution to Korean sports development.

Furthermore, ROK being a developing country which needs to maintain a strong force to defend itself, it is only natural for the ROK military to support international events like the Olympics. Consequently, it devolves upon the ROK military to play various roles in training athletes and in supporting the Olympics with highly skilled human resources, in addition to carrying out its own duty and responsibility.

### HOSTING THE 24th SEOUL OLYMPICS

After the installation of the 5th Republic of Korea in 1980, the Korean Olympic Committee (KOC) applied for the hosting of the 24th Olympic Games on February 26, 1981 backed by its people's desire for Olympic hosting and its will to actively work towards fulfilling its commitment. Out of four cities (Seoul in Korea, Nakoya in Japan, Melbourne in Australia, and Athens in Greece), Seoul and Nakoya were the final competitors to bid for

(\*) R.O.K. : Republic of Korea

the hosting the Games. Finally, Seoul defeated Nakoya with a ballot of 52 to 27 on September 30, 1981 in Baden-Baden, West Germany. Thus ROK is now scheduled to host the 24th Summer Olympic Games in Seoul in 1988.

### HOSTING THE 10th ASIAN GAMES

At the same time, the investigating members of the Asian Games Affiliation visited three cities (Seoul, Pyongyang and Bagdad) to decide which city was the best to host the 10th Asian Games. They made a final assessment in favour of Seoul ; whereupon Iraq withdrew its application and North Korea gave up its bid

to host the Games in Pyongyang just before the voting was due to take place. As a result, without any voting being conducted and with the general applause of the representatives of the participating nations, Seoul was selected to host the 10th Asian Games in the special session of the Asian Games Affiliation in New Delhi on November 26, 1981. Therefore, Seoul was appointed the 7th hosting country of the Asian Games in 1986 in preparation for its hosting of the 1988 Seoul Olympic Games.



Olympic Park  
Parc Olympique

Seoul Olympic Organizing Committee  
Comité d'Organisation Olympique de Séoul

# JEUX OLYMPIQUES – OLYMPIC GAMES

## PREPARATIONS FOR THE OLYMPIC GAMES

In November 1981, the Seoul Olympic Organising Committee was inaugurated, and supporting committees from each department of the Korean government were formed to support the '88 Seoul Olympics.

Along with the Seoul Olympic Organising Committee (SLOC), the government, private organisations and public institutions joined forces to make preparations for the Games on a national scale. (Table n°1)

The facilities made available for the '88 Seoul Olympic Games are as follows : Sports Facilities : 118 (Venues : 34 and Exercise Facilities : 84), Press Center : 1, Broadcast Services : 2, Olympic Center : 1, and Youth Camp : 1, making an overall total of some 125 facilities. Only 15 of these facilities were built especially for the Games as nearly all of them already existed, including the Olympic Stadium.

Under the master plan, there are some 289 operational plans, 10.548 detailed procedures that are fully computerised, and 213 functional divisions consisting of some 72.000 workers including volunteers. The military is dedicated, utilising its qualified manpower, to the smooth running of the Games in a variety of functional areas.

## THE NECESSITY FOR MILITARY SUPPORT

Ever since the 1st Olympic Games, the military of each host country has provided support for the Games. During the 1st Olympiad, the military gave its support in the area of protocol, which was extended later to englobe security, personnel and facility management ; for this reason, special task forces were set up during the Tokyo, Munich, and Montreal Olympics. Military support has thus now become an essential part of the Olympics and has proved itself to be a contributing factor for its success. (Table n°2)

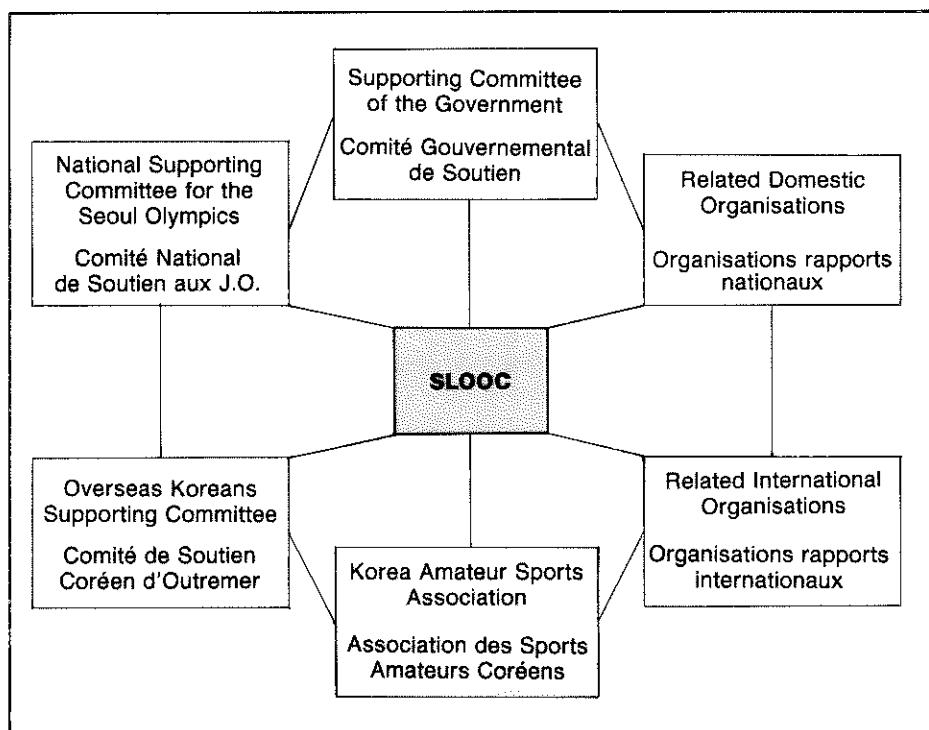


Table – Tableau n°1

Secteur Division	Hosting Country Pays hôtes	'64 Japan '64 Japon	'72 F.R. Germany '72 RF Allemagne	'76 Canada	'84 U.S.A.
<b>Support</b>		Games & Administration Assistance	Equipment & Facilities	Security Games Administration	Security Equipment & Facilities
<b>Soutien</b>		Jeux et Assistance administrative	Equipement et Infrastructure	Sécurité	Sécurité de l'équipement et des infrastructures
<b>Forces</b>		7.550	9.814	24.000	2.200
<b>E Q U I P M E N T</b>					
Airplanes		17	25	50	70
Ships		71	70	144	296
Vehicles		706	985	2.200	99
Communications		560	1.028	2.500	4.600
<b>S U P P O R T</b>					
Plan Association		4 yrs in advance		4 yrs in advance	2 yrs in advance
Supporting HQ		1 yr in advance		1 yr in advance	1 yr in advance
<b>Speciality</b>		Support after signing a contract with the Olympic Committee	A terrorist attack against the Israeli teams	Maximum security against acts of terrorism	Indirect support and maximum security within limits of US law
<b>Remarques</b>		Appui après signature d'un contrat avec le Comité Olympique	Attaque terroriste contre l'équipe israélienne	Sécurité maximale contre les actes de terrorisme	Support indirect et maximum de sécurité dans les limites de la loi américaine

Table – Tableau n°2

# JEUX OLYMPIQUES – OLYMPIC GAMES

## THE LEGAL ASPECTS OF MILITARY SUPPORT

The Ministry of Defense will support the Seoul Olympic Games in accordance with the regulations of the Seoul Olympic Games Support Committee and the articles of the Seoul Olympic Organising Committee (SLOOC).

After the founding of the SLOOC on November 25, 1981, the Minister of Defense was appointed an executive member of the newly-formed committee and, with the scope of its military support being enhanced after the '86 Seoul Asian Games, the Minister's involvement with the committee's operational and support programs has consequently become greater. The Director of Personnel Management at the Ministry of Defense has been put in charge of military support for the '88 Seoul Olympics.

## THE ORGANISATION OF SUPPORT UNITS

Military volunteers are present in all areas of Olympic preparations by the Armed Forces. They not only perform duties involving security and military diplomacy but also play an important role in the areas of human resources, equipment, logistics and facilities. The diagram below describes the support functions by different sectors of the military. (Table n°3)

## PARTICIPATION IN THE SEOUL ASIAN GAMES

During the '86 Seoul Asian Games, the military provided voluntary service on 112 days from July 1 to October 20, 1986 with assistance for computer personnel at the Accreditation Center and other assistance in administrative and supply-related tasks. (Table n°4)

The members of the Joint Chief of Staff were largely responsible for the area of security, while certain areas where professional skills are needed were carried out by regimental units to make good use of their own skills.

The Ministry of Defense's Military Support Committee was responsible for coordinating and delegating such tasks to different units. Much of the

HUMAN RESOURCES			PERSONNEL MILITAIRE			
Division	total	support for games	skills	vigilant agent	ceremony	yacht game
Division	total	Appui aux Jeux	Personnel qualifié	Agents de sécurité	Cérémonie	Régates
Nbre de forces	2.978	187	567	327	1.451	446
Total Personnel	48.230	6.855	13.250	15.182	5.361	7.582

TRANSPORT			COMMUNICATIONS			
Division	total	airplane	ship	vehicle	wireless telephone	boats
Division	total	Avions	Navires	Véhicules	Appareils radio	Bateaux
Nbre d'unités	540	47	23	220	232	18
Total	8.920	550	401	6.239	1.329	401

EQUIPMENT			EQUIPEMENT					
Division	total	tents	blankets	seats	beds	mattresses	stretchers	facilities
Division	total	Tentes	Couvertures	Chaises	Lits	Matelas	Brancards	Installations
Quantité	44.650	50	18.000	25.800	200	400	200	5

Table – Tableau n°4

volunteer tasks that required no special skills were carried out directly by supporting units themselves.

This made the sophisticated network of voluntary tasks relatively simple and effective.

## ACCOMPLISHMENTS

The ROK Military has successfully supported the Games by collecting important data from the past Olympic hosting countries, analysing the information and implementing its support programs in the areas of manpower, equipment, and logistics. In addition, athletes from the military won 37 medals to help place Korea in second rank of the Seoul Asian Games standings. (Table n°5)

Many of the highlights at the opening and closing ceremonies – including air shows, parachute landings, and a Taekwondo demonstration, as well as administration, transportation, accreditation, and Games operations – can be chalked up to the supporting work contributed by the military. The Army's main support was in the areas of security and general administration of the Games, while the Navy supported the Yachting event to ensure its efficient staging. The Air Force also contributed immensely to the Games by giving support to areas similar to those of the Army.

Finally, with the experience of the successful support afforded to the organisation of the Asian Games, the military will do its utmost to successfully support the 24th Seoul Olympic Games.

# JEUX OLYMPIQUES – OLYMPIC GAMES

## PARTICIPATION AUX JEUX ASIATIQUES DE SEOUL

Au cours de ces jeux, les militaires ont effectué un travail volontaire de 112 jours, en fournissant du personnel spécialisé en informatique au Centre Informatique et d'autres assistances pour des missions administratives et d'appui. (Tableau n°4)

Les membres du Comité des Chefs d'EM étaient responsables de la sécurité, néanmoins dans certains endroits où du personnel spécialisé était nécessaire, la sécurité était assurée par des unités spécifiques.

Le Comité de Soutien à l'échelon ministériel était responsable de la coordination et de la désignation des missions aux différentes unités. La plupart des fonctions qui ne requéraient aucune spécificité, étaient exécutées par les unités elles-mêmes.

L'organisation mise en place rendit le réseau sophistiqué des multiples missions des militaires, relativement simple et efficace.

## BILAN

Les militaires de la République de Corée appuyèrent les Jeux avec succès en rassemblant et en analysant des données intéressantes des pays les ayant déjà organisés et en les exploitant pour réaliser son programme de soutien dans les domaines de la main-d'œuvre, de l'équipement et de la logistique. Au total, les athlètes militaires gagnèrent 37 médailles aux Jeux Asiatiques, ce qui permit à la Corée de se classer seconde. (Tableau n°5)

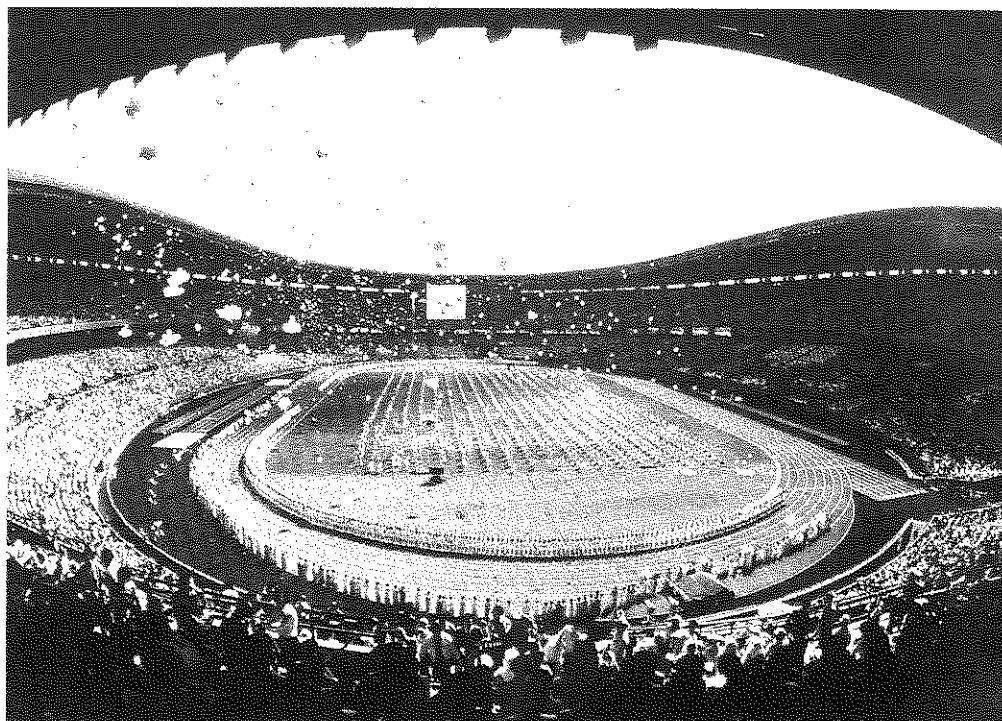
Un grand nombre d'activités, telles que cérémonies d'ouverture et de clôture, démonstrations aéronautiques et de Taekwondo, sauts en parachute en plus de tâches administratives, le transport, la représentation et les activités des Jeux peuvent être inscrites au bilan de travail de soutien réalisé par les militaires. L'appui le plus important de l'Armée de Terre et de l'Armée de l'Air fut effectué au profit de la Sécurité et de l'Administration Générale des Jeux, tandis que la Marine s'occupait plus particulièrement des Régates pour leur assurer un déroulement efficace.

## ATHLETES FROM THE MILITARY FORCES

## ATHLETES DES FORCES ARMEES

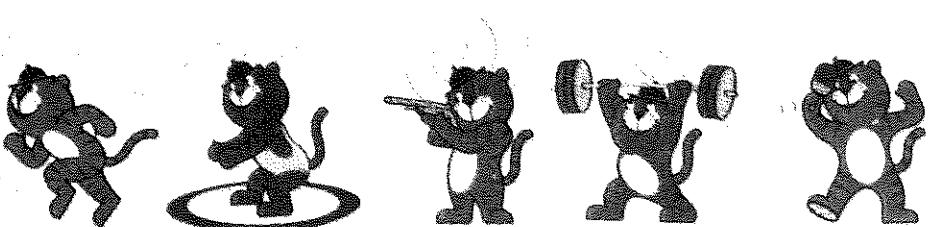
Participating military athletes			Number of medals won			
Athlètes des Forces Armées			Nombre de médailles gagnées			
Total	Athletic	Shooting	Total	gold	silver	bronze
Total	Athlétisme	Tir	Total	or	argent	bronze
47	28	19	37	15	9	13

Table – Tableau n°5

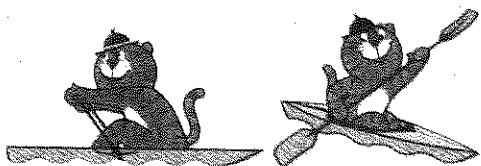


The Olympic Stadium dedicated on Sept. 29, 1984  
Le Stade Olympique inauguré le 29 sept. 1984

Seoul Olympic Organizing Committee  
Comité d'Organisation Olympique de Séoul



Avec l'expérience acquise et le succès remporté dans l'organisation des Jeux Asiatiques, les militaires veulent que l'appui aux 24èmes Jeux Olympiques soit aussi fructueux.



## THE TRIPARTITE MEETS IN BRUSSELS

### LO - ACADEMY - PTC

Commandant C.G. Mandji  
Translation : F. Baker

The tripartite meeting, grouping together Liaison Office Chiefs, the Academy Board of Directors and Permanent Technical Committee Chairmen, took place from 25th to 29th January, 1988 in Overijse, a suburb 15 km from the Belgian capital.

The meeting, convened in the Panorama Hotel, produced a wide range of findings full of promise.

As has been the case in the past, the programme for this tripartite meeting gave each group the opportunity of discussing its specific problems and coming up with appropriate solutions.

The level of the discussions was very high reflecting the qualities of the participants.



In his opening speech, Brigadier General J. Duguet, President of CISM, expressed his appreciation at the high attendance and welcomed the newcomers appointed to head the Liaison Offices, the Academy and the various Permanent Technical Committees.

Speaking in particular to the PTC Chairmen, he stressed the prominent role that as technical experts they play in our championships. He also recalled the positive action displayed by the Academy in introducing the drug-testing system for countries hosting championships, and for the PTCs, through its drafting of the anti-doping regulation.

Colonel R. Kesteloot, the Permanent Secretary General, for his part reported on the activities of 1987 which he qualified as being a year of important decisions and far reaching transformation, englobing the purchase of a new CISM House, the provision of a telex facility, several computers and the installation of a functional secretariat. The Permanent Secretary General also informed delegates of the partnership contract which, after having been approved by the Executive Committee in Bahrain, will now be submitted to the General Assembly in Surinam.

The report on the activities of the Academy in 1987 was presented by its Director, Colonel J. Molinié M.D.

The results were considered to be insufficient, except for a few redeeming factors such as the increase in the number of study days scheduled the introduction of the anti-doping regulation and the staging of several clinics.

The Academy hopes that study days will continue to be scheduled throughout 1988 and that the reports on these activities will be published. The 5-year plans are cautiously being revived also.

The structures of the Academy are still inadequate in spite of the arrival of two newcomers; candidates are still being sought.

Colonel Conde Filho, President of the Permanent Commission for Sports Regulations who as such is the PTCs' representative on the Executive Committee, pledged to do his utmost to urge the Executive Committee

to remain consistent with the provisions of CISM regulations in matters such as drawing up calendars, drafting regulations, collaboration with the Academy and attendance at championships.

Lt-Colonel Fleischer, assistant to Colonel Scharenberg, although considering the overall situation to be more or less satisfactory, highlighted the fact that one third of CISM's members do not participate in world championships. No championships took place in Africa in 1987 – even though sports like Track & Field and Shooting were very popular.

The report by the CISM Treasurer General reflected the healthy financial results of 1987 due to the strict management control by the Permanent Secretary General. He then presented the revised budget for 1988 and pointed out the financial implications the group of 22 inactive countries could have on the level of receipts.

To conclude, the tripartite – LO, ACADEMY, PTC – meeting was a success in the main. It enlightened certain countries as to the plight of some third world members which undermines their scope of sports development and inspired some solutions which, if put into practice, could help these countries to become active in CISM in the near future.



**2nd Taekwondo Championship  
Seoul (Korea R.)  
25/10 – 01/11/87**

**PARTICIPATING COUNTRIES**

13 – Korea R., Bahrain, Canada, France, Iran, Jordan, Kowait, Libya, Qatar, United States – Lesotho, Malaysia, Philippines (Non-member countries).

**OFFICIAL**

1 – Austria.

**OBSERVER COUNTRY**

1 – Belgium.

**OFFICIAL C.I.S.M. REPRESENTATIVE**

Colonel J. Herzog (Austria).

**P.T.C. CHAIRMAN**

Captain Kim Hae Ryang (Korea R.).

**NUMBER OF PARTICIPANTS**

athletes : 87

officials : 46

total : 133



**2ème Championnat  
de Taekwondo  
Séoul (R. Corée)  
25/10 – 01/11/87**

**PAYS PARTICIPANTS**

13 – R. Corée, Bahrein, Canada, Etats-Unis, France, Iran, Jordanie, Koweit, Libye, Qatar – Lesotho, Malaisie, Philippines (Pays non membres).

**OFFICIEL**

1 – Autriche.

**PAYS OBSERVATEUR**

1 – Belgique.

**REPRESENTANT OFFICIEL DU C.I.S.M.**

Colonel J. Herzog (Autriche).

**PRESIDENT DU C.T.P.**

Capitaine Kim Hae Ryang (R. Corée).

**NOMBRE DE PARTICIPANTS**

athlètes : 87

accompagnateurs : 46

total : 133



The 2nd CISM Taekwondo Championship took place in the Olympic City of Seoul from 25th October to 1st November, 1987. Since its official introduction in the CISM calendar in 1980 it has become increasingly popular and widespread around the world. This sport was successfully included in the programme of both the Asian Games and the Pan-American Games. A Taekwondo exhibition of some consequence will be given at the opening ceremony of the Olympic Games in Seoul in September 1988.

This is the second time that the Korean Armed Forces have organised this world event. It staged the first CISM Taekwondo championship, attended by 10 countries, in 1980 in which it became CISM champion in front of the United States and Bahrain.

Now in 1987, Korea has succeeded in confirming its championship title in front of an audience of some 3000 spectators and in the presence of Brigadier General J. Duguet, President of CISM. As such it can easily claim to be the CISM member country most actively engaged in the promotion of Taekwondo and having the highest number of adepts.

Taekwondo is now well integrated into some Armed Forces and is practised on a wide scale by servicemen. This fact is reflected in the welcome message of Brigadier General UM SAM-TAK, Commanding Officer of the Korean Armed Forces Athletic Corps :

"I consider Taekwondo to be the best military sport for soldiers, whose ultimate goal must be the fighting spirit of victory ; it serves to promote the martial arts through mental and physical training."

**Lt Col E. Genot  
Translation : F. Baker**

## RESULTATS - RESULTS

- 1. Mi-mouche (- 50 kg) - Fin**
  1. Sae - Young Pyun - Korea
  2. Sultan Al Allag - Qatar
  3. Hassan Abdhalim - Malaysia
  3. Adel Ebrahim Abulla - Bahrein
- 2. Mouche (50 kg-54 kg) Fly**
  1. Jun Tae Kim - Korea
  2. Dugue Henry - Philippines
  3. Nasser Ali Dmour - Jordan
  3. Abdul Rahman Al Nulimi - Qatar
- 3. Coq (54 kg-58 kg) - Bantam**
  1. Dae - Hwan Kim - Korea
  2. Tareq Abr Rashed - Jordan
  3. Medina Rafaela - U.S.A.
  3. Ramli - Malaysia
- 4. Plume (58 kg-64 kg) - Feather**
  1. Hyeon - Bae Heo - Korea
  2. Rashed Al Wujan - Qatar
  3. Samir Jamil Jaber - Jordan
  3. Molise Tau - Lesotho
- 5. Léger (64 kg-70 kg) - Light**
  1. Bouedo Philippe - France
  2. Chan - Koo Kim - Korea
  3. Macasaet Kiosdado - Philippines
  3. Abdullah Ghanim - Koweit
- 6. Welter (70 kg-76 kg)**
  1. Sang - Jin Choi - Korea
  2. Mehman Doost Reza - Iran
  3. Sprang James - Canada
  3. High Tower Timothy - U.S.A.
- 7. Moyen (76 kg-83 kg) - Middle**
  1. Jeong - Jin Lee - Korea
  2. Aied Al Shamari - Qatar
  3. Mhmoed R. - Jordan
  3. Mina Law Reucee - Philippines
- 8. Lourd (+ 83 kg) - Heavy**
  1. Byung Su Kim - Korea
  2. Aliac Salab - Qatar
  3. Wright Everald - Canada
  3. Boatner Melvin - U.S.A.

### Résultat final - Final Result

1. R. COREE - KOREA R.	84 pt
2. QATAR	30 pt
3. JORDANIE - JORDAN	19 pt
4. PHILIPPINES	17 pt
5. IRAN	14 pt
USA	

### Prix de l'encouragement Encouragement Awards

USA - Canada

### Prix spécial Special Awards

Malaysia - Iran - Lesotho

### Prix du Fair Play Fair Play Award

Philippines

## THE 2nd EXECUTIVE COMMITTEE SESSION

Dr. H. Vervaecke

Lt-Col. E. Genot

Translation : F.M. Baker

The CISM Executive Committee convened for its 2nd Session in Manama, Bahrain, from 12th to 19th November, 1987. Thanks to the efficient preparation of the Bahraini delegation led by its chief, Colonel Saleh Bin Hindi, the meetings were held under excellent conditions. Major Zohair M. Ammar is to be commended for his first class contribution as director of coordination.

CISM conveys its sincere gratitude to His Highness Sheikh Isa Bin Salman Al Khalifa, Emir of Bahrain, and to His Highness Sheikh Hamad Bin Isa Al Khalifa, Crown Prince of Bahrain, for the perfect organisation and the warmth of their reception which enabled the EC members to work under optimal conditions and to take important decisions which will be submitted to the General Assembly for approval in Surinam in April 1988. An investiture ceremony took place during a royal audience. Brigadier General J. Duguet presented the CISM Grand Cordon of the CISM Order of Merit to H.H. the Emir of Bahrain and to H.H. the Crown Prince of Bahrain. He also bestowed several other CISM awards to Bahraini authorities, namely the rank of Commander to Major General Khalifa Bin Ahmed Al Khalifa, Chief of Staff of the Bahrain Defence Force and the rank of Officer to H.E. Isa Bin Mohammed Al Khalifa, Minister of Youth and Sports and to Colonel Saleh Bin Hindi, Chief of the CISM Bahraini delegation.

We outline below the most important proposals emanating from the discussions on the agenda.

### AN ADDRESS BY HIS HIGHNESS THE CROWN PRINCE, THE COMMANDER-IN-CHIEF

### IN THE NAME OF GOD, THE BENEFICENT, THE MERCIFUL

"It gives me great pleasure to welcome you all in Bahrain on the occasion of the convening of the meeting of the Executive Committee of the International Military Sports Council. It is a matter of great joy to us that the Defence Force is hosting this sports meet which is being attended by distinguished personalities of military sports from the various parts of the world. This reflects the confidence of the International Military Sports Council in the role of the Defence Force.

We in Bahrain, believe in the need for the spirit of sportsmanship to prevail among the peoples of the world so as to promote peace, harmony and understanding between them. We follow the activities of the International Military Sports Council with great interest since we believe in the noble values for whose cultivation the development of military sports are designed.

Sports contribute to the development of physical and mental capacities and go to mould a good human specimen reflecting the best cultural norms and hence, we in Bahrain attach a special importance to them, inspired as we are by the guidance of the pioneer of our renaissance. His Highness Sheikh Isa bin Salman Al Khalifa, our dedicated Emir. Sports occupy the pride of place in the Defence Force and we are keen that sports activity in its scientific connotation should be allotted a big share in our training programmes.

Once again we welcome you all and thank you while wishing you a comfortable stay in this country. We wish all success to your deliberations and may they lead to fruitful decisions promoting the cause of military sports.

We pray to God that He may crown your efforts and proceedings with success.

May God Shower Peace & Blessings On You All."



Executive Committee members are received by H.H. Sheikh Isa Bin Salman Al Khalifa, Emir of Bahrain.



Brigadier General J. Duguet presents the Grand Cordon of the CISM Order of Merit to H.H. Sheikh Hamad Bin Isa Al Khalifa, Crown Prince of Bahrain.

## COMITE EXECUTIF - EXECUTIVE COMMITTEE

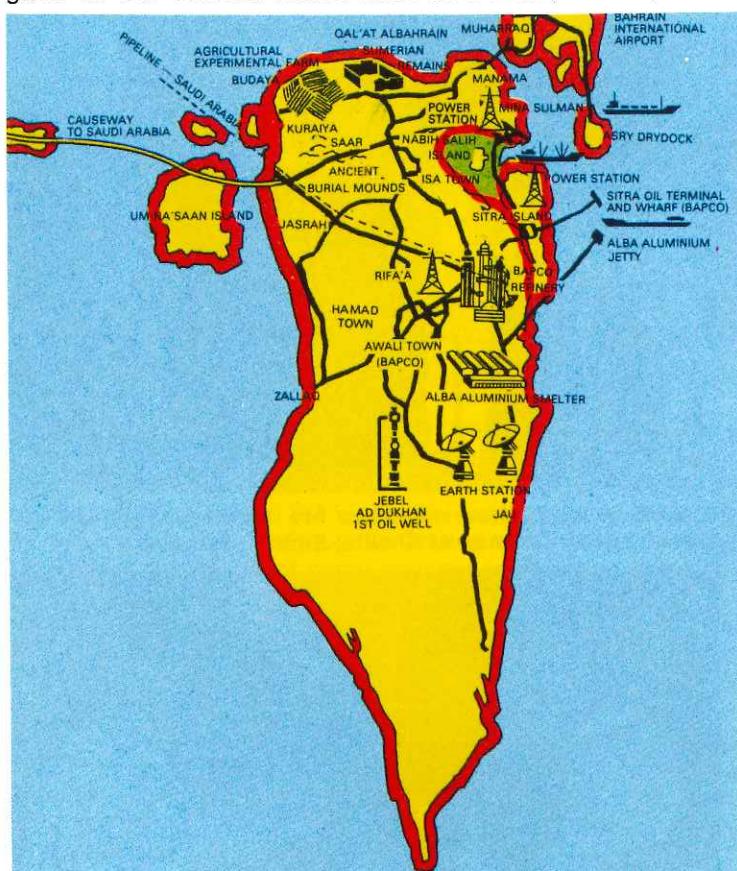
La 2ème session du Comité Exécutif du CISM s'est tenue à Manama au Bahrein, du 12 au 19 novembre 1987. Merveilleusement préparées par la délégation du Bahrein conduite par son chef le Colonel Saleh Bin Hindi, les réunions se sont déroulées dans d'excellentes conditions. Il convient également de citer le Major Zohair M. Ammar pour son excellent travail comme directeur de coordination.

Le CISM exprime sa profonde gratitude envers Son Altesse Sheikh Isa Bin Salman Al Khalifa, Emir du Bahrein, et envers Son Altesse le Prince Héritier Sheikh Hamad Bin Isa Al Khalifa pour la parfaite organisation et la chaleur de l'accueil qui ont permis aux membres du Comité de travailler dans les meilleures conditions et de prendre d'importantes décisions qui seront soumises à l'approbation de l'Assemblée Générale au Surinam en avril 1988.

Au cours d'une audience, le Général de Brigade J. Duguet a présenté à Son Altesse l'Emir du Bahrein, ainsi qu'à Son Altesse le Prince Héritier la distinction du Grand Cordon de l'Ordre du Mérite du CISM. Il a également élevé au rang de Commandeur de l'Ordre du Mérite du CISM le Général Khalifa Bin Ahmed Al Khalifa, Chef d'Etat-Major des Forces Armées du Bahrein, au rang d'Officier de l'Ordre du Mérite du CISM Son Excellence Isa Bin Mohammed Al Khalifa, Ministre de la Jeunesse et du Sport et le Colonel Saleh Bin Hindi, Chef de la délégation du Bahrein.

### WELCOME TO THE LAND OF LIFE

Welcome to the land of life. This is the first name by which Bahrain was known more than 5,000 years ago. Meanwhile, we welcome you with all the ancient names given to this beloved island such as Dilmun, Tilmun,



**BAHRAIN**  
PEARL OF THE GULF

البحرين  
لؤلؤة الخليج



Land of Eternity and Land of God. These names have been confirmed by Assyrian and Babylonian inscriptions and have been immortalised by historians on plates of stone and clay.

In spite of its small land area, this island is rich in its significant and unique archaeological sites. Indeed, it is a land of rich history and deep-rooted traditions. Therefore, it is not surprising for it to always attract historians, scholars and archaeological missions from various countries and universities.

Perhaps one of the principal reasons for the flourishing of this part of the world is the presence of the natural fresh water springs found in different parts of its territories. Such springs can be found beneath the salty sea water and are always used by fishermen and divers to fill their tanks and girbas instead of returning to the sea shore to get their fresh water supplies.

These water springs, commonly called Al Kwakib, still exist until the present time although their significance has greatly diminished due to the overall development of the country's social and economic life.

The availability of water has contributed to the growth of farming activities on the island, giving it a thriving economy and allowing its inhabitants to enjoy prosperous living conditions.

Legends indicate that Gilgamesh, Ruler of the first Sumerian dynasty, visited the island in search of the flower of eternity, as understood from the recent archaeological excavations. Nevertheless, the implication of this legend is that he was searching for pearls for which Bahrain was renowned since ancient times. It is not unlikely that some of the dead people who were buried in the Bahrain island were brought from different areas of Dilmun which was flourishing along the eastern coast of the Arabian Peninsula.

Archaeologists carrying out excavations on the island have established that the Bahrain island comprises 170,000 burial mounds, where the people of the ancient Dilmun civilisation were buried. These burial mounds are regarded as the biggest prehistoric graveyard in the world.

The changes in the island's social and economic conditions and the development of its infrastructure in contemporary Bahrain, have not abolished the fact that it is the Land of Life. Nowadays it is enjoying a prosperous present and a golden era inspired by a glorious history. The people's renowned hospitality and warm welcome to visitors are an expression of an old tradition of greeting everyone who comes to their island to live in peace.

# COMITE EXECUTIF – EXECUTIVE COMMITTEE

- Termination of CISM membership is proposed for those countries having previously asked to leave CISM or having remained inactive for more than two years.
- A survey on the subject of cooperation between CISM and SKDA – Sports Committee of Friendly Socialist Armed Forces – will be submitted to the General Assembly.
- Contacts with Japanese and Australian authorities will be maintained with a view to persuading these countries to join our organisation.
- Two candidatures have been received for Liaison Office seats : Surinam for Central America and the Caribbean Kuwait for the Middle East.

## INFORMATION

### CALENDAR OF WORLD CHAMPIONSHIPS

- 1987** : the Basketball championship in Syria and the Swimming championship in Italy (both with 7 participating countries) were officially recognised.
- 1988** : 16 World championships and the Preliminary Football Round are scheduled. The official calendar was published in n°73 of SPORT INTERNATIONAL.
- 1989** : the World Military Games have been postponed to a later date. These games will not be staged in 1989 and the normal championship calendar will be conducted.

## STATUTES

Amendments and modifications to the CISM Statutes will be submitted to the 43rd General Assembly taking into account the remarks formulated by different delegations.

The Executive Committee approved the Accreditation Statutes which should be instrumental in obtaining the official recognition of CISM in Belgium as an international organisation.

It was also proposed that countries invited to join CISM participate in championships out of competition. This will also be the case for countries having no official relationship with CISM, provided the unanimous approval is given by the CISM countries participating in the event.

## ACADEMY

The report presented by the Director of the Academy was approved.

## FINANCE

The Treasurer General's financial management

report for the 1987 budget year, which closed with a small surplus, as well as the revised budget for 1988 received the approbation of the Executive Committee.

### 33rd FOOTBALL CHAMPIONSHIP

The Executive Committee approved the enrolment of 22 countries having sent in their preliminary agreement forms and the bid by Italy to host the Final Round in 1989.

It established the qualification breakdown per continent :

Americas : 1, Africa : 3, Asia : 1, Europe : 2 plus Italy automatically qualified.

#### Group composition :

##### Europe :

Group A : Germany F.R., Belgium, France

Group B : Luxembourg, Netherlands

##### Africa :

Group A : Algeria, Egypt, Morocco, Sudan

Group B : Botswana, Tanzania, Zambia

Group C : Cameroon, Côte d'Ivoire, Guinea R., Senegal

##### Americas :

United States : only one entrant, automatically qualified

##### Asia :

United Arab Emirates, Iraq, Iran, Qatar : match schedule to be decided at the General Assembly in Surinam.



Executive Committee members watch the horse-racing in the company of H.E. Sheikh Isa Bin Mahamed Al Khalifa, Minister of Youth and Sport.

Les membres du Comité Exécutif ont assisté en compagnie de Son Excellence Sheikh Isa Bin Mahamed Al Khalifa, Ministre de la Jeunesse et du Sport, à des courses de chevaux.

### CISM PARTNERSHIP

The Executive Committee approved :

- the contract between commercial firms and CISM ;
- the creation of a Permanent Commission for Partnership ;
- a donation set at 100.000 BF for the period from 1/10/1987 to 30/09/1988. Only those firms having remitted this donation will be entitled to attend the 43rd General Assembly ;
- an annual partnership fee of 200.000 BF effective 1/10/1988.

## COMITE EXECUTIF - EXECUTIVE COMMITTEE



**Table of honour at the opening ceremony :**  
from left to right : Rear-Admiral A. Ledesma (Argentina), Colonel Moukori Mbappe (Cameroon), Colonel R. Kesteloot (Belgium), Brigadier General J. Duguet (France), Major General Khalifa Bin Ahmed Al Khalifa, Chief of Staff of the Bahrain Defence Force, Colonel Saleh Bin Hindi, Chief of the Bahrain delegation, Colonel K. Scharenberg (Germany F.R.) and General Han Fudong (China).  
La table d'honneur lors de la cérémonie d'ouverture :  
de gauche à droite : le Contre-Amiral A. Ledesma (Argentine), le Colonel Moukori Mbappe (Cameroun), le Colonel R. Kesteloot (Belgique), le Général de Brigade J. Duguet (France), le Général-Major Khalifa Bin Ahmed Al Khalifa, Chef d'Etat-Major des Forces Armées du Bahreïn, le Colonel Saleh Bin Hindi, Chef de la délégation du Bahreïn, le Colonel K. Scharenberg (Allemagne R.F.) et le Général Han Fudong (Chine).

The Executive Committee also examined and made the necessary arrangements concerning the Permanent Technical Committees and the amendments to several sports regulations.

It thanked the **Swedish** delegation for its organisation in 1987 of **three** championships.

**Executive Committee working session**  
**Séance de travail du Comité Exécutif**



### كلمة سمو ولي العهد القائد العام

بسم الله الرحمن الرحيم

يطيب لنا بمناسبة انعقاد اجتماعات اللجنة التنفيذية للمجلس الدولي للرياضة العسكرية ان نرحب بكم في دولة البحرين ، وانه من دواعي سرورنا ان تستضيف قوة الدفاع هذا التجمع الرياضي الذي يضم نخبة من الشخصيات الرياضية العسكرية في دول العالم ويعكس ثقة المجلس الدولي للرياضة العسكرية بدور قوة الدفاع .

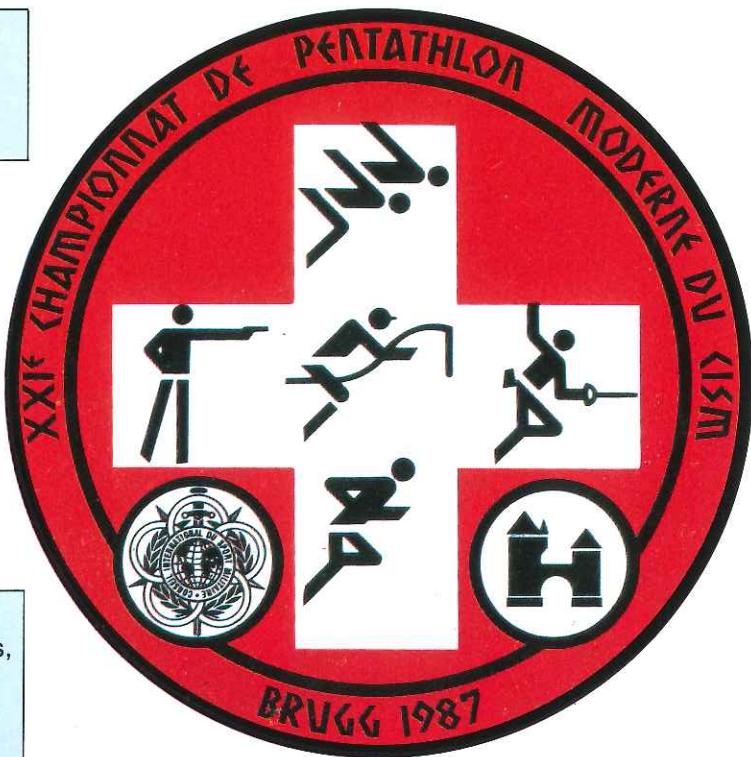
اننا في البحرين نؤمن بضرورة سيادة الروح الرياضية بين شعوب العالم ليعم الوئام والسلام والتفاهم بينها ، كما نتابع باهتمام انشطة المجلس الدولي للرياضة العسكرية من منطلق ايماننا بالقيم النبيلة التي انشء من اجلها لتطوير الرياضة العسكرية .

ولما كانت الرياضة تعمل على تنمية الكفاءة الذهنية واللائقة البدنية وتقويم الانسان الصالح ذو المركبات الحضارية الطيبة فانتا في البحرين نوليهن تطبيق اهتمامنا من خلال التوجيهات السامية لراعي نهضتنا حضرة صاحب السمو الشيخ عيسى بن سلمان آل خليفة أمير البلاد المفدى ، كما تحمل مكانة خاصة في قوة الدفاع ونحرص ان يكون للنشاط الرياضي بمفهومه العلمي حيزاً كبيراً في برامجنا التدريبية .

نكرر ترحيبنا وشكراً للجميع متمنين لكم طيب الاقامة في بلدكم ولاجتماعاتكم النجاح والوصول الى قرارات مثمرة تسهم في دفع عجلة الرياضة العسكرية داعين الله ان يكلل اعمالكم وجهودكم التوفيق .

والسلام عليكم ورحمة الله وبركاته .

**21ème Pentathlon Moderne**  
**Brugg (Suisse)**  
**du 14 au 21 Octobre 1987**



**PAYS PARTICIPANTS :**

9 – Suisse, Allemagne R.F., Autriche, Etats-Unis, Finlande, France, Italie, Pays-Bas, Suède

**REPRESENTANT OFFICIEL DU C.I.S.M. :**

Général G. Gärdin (Suède)

**PRESIDENT DU C.T.P.**

Général de Brigade R. Ziegler (Suisse)

**NOMBRE DE PARTICIPANTS :**

athlètes : 28  
 accompagnateurs : 36  
 total : 64

**PARTICIPATING COUNTRIES :**

9 – Switzerland, Germany F.R., Austria, United States, Finland, France, Italy, The Netherlands, Sweden

**OFFICIAL C.I.S.M. REPRESENTATIVE :**

General G. Gärdin (Sweden)

**P.T.C. CHAIRMAN**

Brigadier General R. Ziegler (Switzerland)

**NUMBER OF PARTICIPANTS :**

athletes : 28  
 officials : 36  
 total : 64

**21st Modern Pentathlon**  
**Brugg (Switzerland)**  
**from 14 to 21 October 1987**

Tableau des résultats après les trois premières épreuves : escrime, natation, tir.

The score-board at the close of the first three competitions : Fencing, Swimming, Shooting

rang	Nr	Name	Pentathlon	Classement Individuel			
				Nat	Esc	Tir	Nat
1	11	FOUR P.	1066	1268	2334	934	3268
2	25	JUNG A.	1000	1260	2260	956	3216
3	9	GUILLUY CH.	891	1252	2143	1044	3187
4	26	STEINMANN P.	1000	1220	2220	956	3176
5	32	RASMUSON S.	967	1280	2247	912	3169
6	28	KORPELA J.	967	1204	2171	956	3127
7	16	TIBERTI G.	835	1336	2171	934	3105
8	19	BERES L.	1000	1160	2160	934	3094
9	33	EKENBERG M.	835	1284	2119	956	3075
10	18	SANTORO E.	868	1284	2152	912	3064



## 1987 : ANNEE DES RECORDS BILAN DES ACTIVITES

Dr. H. Vervaecke  
Lt-Col E. Genot

L'année 1987 a été une année de grandes décisions, d'importantes réalisations et de profondes transformations. Lors de la 42ème Assemblée Générale, le CISM a courageusement pris les mesures nécessaires pour sauvegarder son avenir, à savoir :

- le relèvement du montant de la cotisation annuelle et le choix d'une politique financière cohérente qui permettra au CISM de rétablir son équilibre budgétaire ;
- l'adoption d'un plan de carrière financier pour le personnel employé civil du Secrétariat Général ;
- l'autorisation pour le Secrétaire Général Permanent de recruter un sixième employé civil, Chef du Secrétariat ;
- l'adoption d'une forme nouvelle de partenariat avec des firmes commerciales ;
- l'approbation d'une structure pour le Secrétariat Général basée sur la distribution des tâches générales sur 8 fonctions (neuf à partir de l'introduction du partenariat), regroupées en quatre départements ;
- l'adoption d'un règlement destiné à prévenir et à sanctionner le dopage ;
- le dépôt d'un projet d'accréditation du CISM en Belgique, qui sera soumis à l'approbation de la 43ème Assemblée Générale ;
- l'achat et la modernisation d'un immeuble comme siège fonctionnel et représentatif du CISM ;
- la vente de l'appartement du CISM.

L'année 1987 a vu la réalisation de nombreuses activités sportives : stages, journées d'études, réunions de travail et championnats mondiaux au cours desquels pas moins de DOUZE records ont été battus.

### STAGES

- (1) Stage de Parachutisme – Suisse – Lenk – 9-19/02/87  
(2) Stage de Volleyball – Zimbabwe – Harare – 1-15/11/1987

### JOURNEES D'ETUDES

- (1) Pendant le championnat de ski – France (Autrans – 2-7/3)  
Thème : le « sport tester » au service de l'athlète de haut niveau.  
Orateur : Médecin principal Bigard et le Chef de Bataillon Grandclément (France).  
Présence : 60 personnes.
- (2) Pendant le championnat d'escrime – Pays-Bas (Arnhem – 18-25/5)  
Thème : l'utilisation du sabre électrique.  
Orateur : Maître Thirioux (France).  
Présence : 80 personnes.
- (3) Pendant le championnat de judo – Etats-Unis (San Diego – 7-16/6)  
Thème : judo et nutrition.  
Orateur : Dr. J. Hegenauer (Etats-Unis).
- (4) Pendant le tour final de football – Italie (Arezzo – 12-24/6)  
Thème : l'entraînement en haute altitude : problèmes posés par les différences importantes des conditions climatiques et des fuseaux horaires.  
Présence : 30 entraîneurs, médecins, soigneurs et autres personnes.
- (5) Pendant le championnat de natation – Italie (Chianciano – 21-29/6)  
Thème 1 : l'entraînement du water-polo.  
Thème 2 : préparation du nageur.  
Thème 3 : accompagnement médico-sportif.  
Présence : ces journées d'études ont été bien suivies.
- (6) Pendant le championnat d'athlétisme – Allemagne R.F.

(Warendorf – 22-28/6)

Thème 1 : nouveaux résultats en ce qui concerne l'entraînement de la force.  
Orateur : Prof. Dr. Buhrlé (Université de Fribourg – RFA).

Présence : 100 personnes.

Thème 2 : le syndrome du surentraînement.

Orateur : Dr. G. Simon (Allemagne R.F.).

Présence : 80 personnes.

- (7) Pendant le championnat régional de Cross-Country (Office de Liaison de l'Afrique du Nord) Tunisie (Tunis 18 au 20/12).

Thème 1 : Physiologie du Cross-Country : Médecin Colonel Fayala (Tunisie)

Thème 2 : Contrôle médico-physiologique de l'athlète : Médecin Capitaine Radaoui (Algérie).

Thème 3 : Détection, contrôle et alimentation du jeune sportif : Médecin Capitaine Zahi Boujema (Maroc).

Présence : 40 personnes.

- (8) Pendant le championnat de Boxe – Etats-Unis – (Camp Lejeune – 30/11-13/12)

Thèmes : Documentation et prévention des blessures, utilisation de la vidéo, normes médicales.

Présence : 20 personnes.

### ACTIVITES DES ORGANES DIRECTEURS

En 1987, les réunions suivantes ont été organisées :

- Une Assemblée Générale (Portugal).
  - 2 Sessions du Comité Exécutif (Portugal et Bahreïn).
  - 2 réunions de la Commission Permanente des Finances (Portugal et Belgique).
  - 1 réunion conjointe des Chefs des Offices de Liaison, du Comité Directeur de l'Académie et des Présidents des Comités Techniques Permanents (Belgique).
  - 11 réunions des Offices de Liaison.
  - 23 réunions des Comités Techniques Permanents.
  - 3 réunions du groupe de travail pour le partenariat.
- Soit au total 41 réunions de travail : un nouveau record.

## 1987 : A YEAR OF RECORDS OVERVIEW OF ACTIVITIES

Dr. H. Vervaecke  
Lt-Col E. Genot

1987 was a year of far-reaching decisions, important accomplishments and considerable transformation. At its 42nd General Assembly, CISM zealously took the necessary steps to safeguard its future, namely by :

- increasing its annual membership fee and by opting for a coherent financial policy to enable CISM to balance its budget ;
- adopting a financial career plan for the civilian personnel employed by the General Secretariat ;
- authorising the Permanent Secretary General to recruit a sixth civilian employee as Chief of the Secretariat ;
- adopting a new form of partnership with commercial companies ;
- approving a General Secretariat structure based on the distribution of general duties divided into eight functions (to be increased to nine with the partnership), regrouped into four departments ;
- adopting a regulation to stop and punish doping ;
- depositing a draft of the Accreditation Statutes of CISM in Belgium to be submitted to the 43rd General Assembly for approval ;
- the purchase and refurbishment of a building to serve as the functional and representative seat of CISM, and
- selling the CISM apartment.

1987 was a good year for sports activities : clinics, study days, meetings and world championships, during which no fewer than TWELVE records were broken.

### CLINICS

#### (1) Parachuting clinic – Switzerland – Lenk –

9-19/02/87

Over 20 participants from 10 countries at this well organised clinic.

#### (2) Volleyball clinic – Zambia – Harare –

1-15/11/1987

Clinic organised in collaboration with INSA (International Sports Academy). 25 participants followed the marvellous clinic organised by Mr. Bialik and Mr. Knappe of INSA (FRG).

### STUDY DAYS

#### (1) During the Skiing championship – France

(Autrans – 2-7/3)

Theme : "The sport tester" at the service of the top-level athlete.

Speaker : Chief Physician Bigard and Major Grandclément (France).

Attendance : 60 participants.

#### (2) During the Fencing championship – Netherlands

(Arnhem – 18-25/5)

Theme : utilisation of the electric sabre.

Speaker : Maître Thiroux (France).

Attendance : 80 participants.

#### (3) During the Judo championship – United States

(San Diego – 7-16/6)

Theme : judo and nutrition.

Speaker : Dr. J. Hegenauer (United States).

#### (4) During the Football Final Round – Italy

(Arezzo – 12-24/6)

Theme : training at high altitude; problems posed by large variations in climatic conditions and time-zone changes.

Attendance : 30 instructors, physicians, masseurs, and others.

#### (5) During the Swimming championship – Italy

(Chianciano – 21-29/6)

Theme 1 : water-polo training.

Theme 2 : swimmers' preparations.

Theme 3 : sports medicine aspects.

Attendance : these study days were well-attended.

#### (6) During the Track & Field championship – Germany F.R. (Warendorf – 22-28/6)

Theme 1 : new results in power-training.

Speaker : Prof. Dr. Buhrlé (University of Fribourg – Germany F.R.).

Attendance : 100 participants.

Theme 2 : overtraining syndrome.

Speaker : Dr. G. Simon (Germany F.R.).

Attendance : 80 participants.

#### (7) During the regional Cross Country championship (North African Liaison Office) Tunisia (Tunis 18 to 20/12).

Theme 1 : Physiology of Cross Country : Colonel Fayala M.D. (Tunisia)

Theme 2 : Médico-physiological testing of athlete : Dr. Radaoui (Algeria)

Theme 3 : Detection, testing, nutrition of young athletes : Captain Zahi Boujema M.D. (Morocco).

Attendance : 40 participants.

#### (8) During the Boxing championship – United States (Camp Lejeune 30/11-13/12)

Themes : Documentation of injuries, prevention of injuries, ringside alertness, use/review of video, medical standards for equipment and research.

Attendance : 20 participants.

### ACTIVITIES OF THE GOVERNING BODIES

The following meetings were organised in 1987 :

- A General Assembly (Portugal).
  - 2 Executive Committee Sessions (Portugal and Bahrain).
  - 2 meetings of the Permanent Commission for Finance (Portugal and Belgium).
  - 1 joint meeting of Liaison Office Chiefs, Academy Board of Directors and Permanent Technical Committee Chairmen (Belgium).
  - 11 regional Liaison Office meetings.
  - 23 Permanent Technical Committee meetings.
  - 3 meetings of the Partnership working group.
- Making a total of 41 meetings : a new record.

## RECORDS

- L'année 1987 peut être considérée comme une année de records. En effet, nous notons :
- (1) L'organisation de 18 championnats du monde du CISM (ancien record : 17).
  - (2) Record absolu de participation à un championnat du CISM.  
Athlétisme : 28 pays participants et 1 pays observateur (ancien record : 26 pays).
  - (3) Record du nombre de pays participants à 4 championnats :  
Athlétisme : 28 (ancien record : 24).  
Pentathlon Militaire : 16 (ancien record : 15).  
Semaine de la Mer : 12 (ancien record : 11).  
Taekwondo : 13 (ancien record : 10).
  - (4) Record de participation d'équipes féminines aux championnats : participation à 7 championnats (ancien record : 6).
  - (5) Records du CISM : 12 records ont été battus.
    - Athlétisme : 6.
    - Natation : 3.
    - Semaine de la Mer : 1.
    - Tir : 1.
    - P.A.I.M. : 1.
  - (6) Record du nombre de journées d'études lors des championnats : 11 (ancien record : 5 journées).
  - (7) Record du nombre de championnats régionaux : 42 (ancien record : 36).
  - (8) Record du nombre de réunions de CTP : 23 (ancien record : 13).

## RECORDS

- 1987 is considered as a year of records. Indeed, we can list the following achievements :
- (1) The organisation of 18 CISM championships (previous record : 17).
  - (2) Overall record participation in a CISM championship.  
Track & Field : 28 participating countries + 1 observer country (previous record : 26 nations).
  - (3) Record number of participating countries in 4 championships.  
Track & Field : 28 (previous record : 24).  
Military Pentathlon : 16 (previous record : 15).  
Sea-Week : 12 (previous record : 11).  
Taekwondo : 13 (previous record : 10).
  - (4) Record number of women's teams at championships : participation in 7 championships (previous record was 6).
  - (5) CISM records : 12 records were broken.
    - Track & Field : 6.
    - Swimming : 3.
    - Sea-Week : 1.
    - Shooting : 1.
    - P.A.I.M. : 1.
  - (6) Record number of study days at championships : 11 (previous record was 5 study days).
  - (7) Record number of regional championships : 42 (previous record : 36).
  - (8) Record number of PTC meetings : 23 (previous record : 13).

## PARTICIPANTS AUX CHAMPIONNATS PARTICIPATION CHART

		Nombre de pays Number of countries				
		1983	1984	1985	1986	1987
10 <	Plus de dix championnats	4	5	3	7	7
5 – 9	De cinq à neuf championnats	10	10	10	8	8
2 – 4	De deux à quatre championnats	22	23	19	22	26
1	Un championnat	16	13	26	18	16
Total		52	51	58	55	57

\* Record

## POPULARITE DES CHAMPIONNATS CHAMPIONSHIP POPULARITY CHART

		Nombre de championnats Number of championships				
		1983	1984	1985	1986	1987
20 <	Over 20 participating countries	1	3	2	3	2
10 – 19	Between 10 and 19 countries	5	7	8	11	12
8 – 10	Between 8 and 10 countries	6	3	3	2	2
8 >	Less than 8 countries	4	3	0	1	2
Total		16	16	13	17	18

# LA VIE AU CISM - LIFE IN CISM

## ACTIVITES SPORTIVES SPORTS ACTIVITIES

## CHAMPIONNATS DE 1987 CHAMPIONSHIPS

### STATISTICS ON CISM ACTIVITIES IN 1987 - STATISTIQUES DES ACTIVITES DU CISM EN 1987

#### OVERALL STATISTICS - STATISTIQUES GLOBALES

	1982	1983	1984	1985	1986	1987
CISM championships - Championnats du CISM, Regional championships - Championnats régionaux	16 20	16 30	16 36	13 33	17 33	18* 42**
CISM meetings - Réunions du CISM	5	9	8	8	7	6
Liaison Office meetings - Réunions des offices de liaison	9	11	9	10	3	11
PTC meetings - Réunions des CTP	8	10	13	13	12	23*
Partnership meetings - Réunions des partenaires					2	3
Clinics - Stages	1	2	4	2	2	2
<b>TOTAL</b>	<b>59</b>	<b>78</b>	<b>86</b>	<b>79</b>	<b>76</b>	<b>105***</b>

\* = Record

\*\* = the P.S.G. has not yet received all the statistical forms for regional championships. The number will be adjusted later on.

\*\*\* = new provisional record.

\*\* = le S.G.P. n'a pas encore reçu tous les formulaires statistiques des championnats régionaux. Ce chiffre sera adapté ultérieurement.

\*\*\* = nouveau record provisoire.

### ORGANISERS OF CISM CHAMPIONSHIPS - ORGANISATEURS DES CHAMPIONNATS DU CISM

#### ORGANISATION BY CONTINENT, 1978 - 1987 - ORGANISATION PAR CONTINENT

YEAR/ANNEE	EUROPE	AFRICA	AMERICAS	ASIA	TOTAL
1978	8	3	2	3	16
1979	8	4	3	2	17
1980	7	1	4	2	14
1981	7	2	3	3	15
1982	9	2	3	2	16
1983	9	1	4	2	16
1984	10	3	2	1	16
1985	5	1	4	2	12 (*)
1986	10	3	2	1	16 (*)
1987	12	0	3	3	18 (*)
Total	85	20	30	21	156

(\*) + tour préliminaire de football.

(\*) + football preliminary round.

### 36th CROSS COUNTRY CHAMPIONSHIP - RIO DE JANEIRO (BRAZIL) - FROM 26/01 TO 02/02/1987

- 18 participating countries : BRA, RFA, BEL, CMR, CAN, CHI, COL, ESP, USA, FRA, ITA, QAT, LUX, MAR, POR, SWE, TUN, VEN.
- 1 observer country : ARG.
- 7 countries with female participation : BRA, BEL, CAN, CHI, USA, MAR, SWE.
- Number of athletes : 176  
officials : 72  
total : 248
- Results : - CISM-NEWS : 1987/4  
- SPORT INTERNATIONAL n°: 71

Le Brésil a utilisé une informatisation parfaite lors du championnat. Les résultats étaient disponibles très peu de temps après le championnat.

Brazil used a perfect computer system at the championship. The results were made available very fast.



MILITARY CHAMPIONSHIP

Aug. 30 - Sept. 6, Skövde

## 29th SKI-WEEK - AUTRANS (FRANCE) - FROM 02/03 TO 07/03/1987

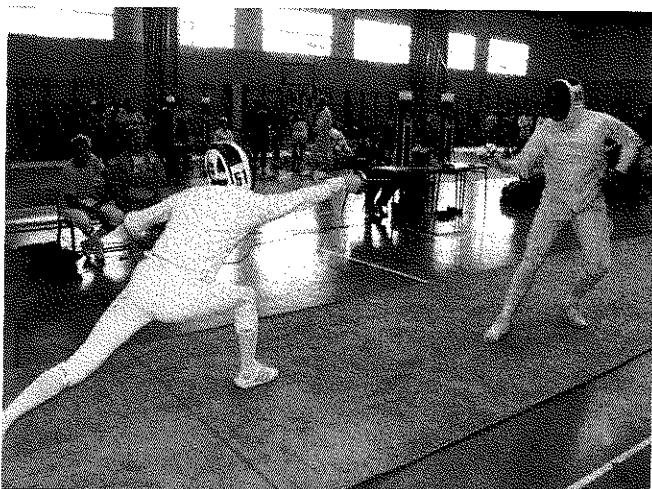
- 12 participating countries : FRA, RFA, AUT, BEL, CAN, USA, FIN, ITA, NOR, HOL, SWE, SUI.
- 1 observer country : CHI.
- 3 countries with female participation : FRA, USA, NOR.
- Number of athletes : 164  
officials : 68  
total : 232
- Results : - CISM-NEWS : 1987/4  
- SPORT INTERNATIONAL n°: 71

## 21th ORIENTEERING CHAMPIONSHIP - KILDARE (IRELAND) - FROM 18/05 TO 24/05/1987

- 13 participating countries : IRL, RFA, AUT, BEL, DEN, ESP, FIN, FRA, HOL, ITA, NOR, SUI, SWE.
- 1 observer country : LUX.
- Female participation was not foreseen.
- Number of athletes : 91  
officials : 42  
total : 133
- Results : - CISM-NEWS : 1987/6  
- SPORT INTERNATIONAL n°: 72

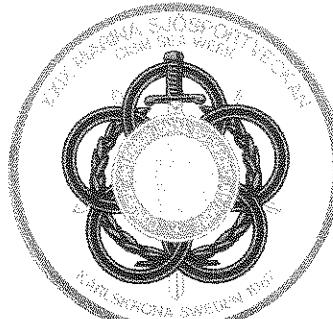
Pour la première fois un athlète qui n'est ni Suédois, ni Norvégien, ni Finlandais, ni Suisse a gagné le championnat. Ceci promet pour l'avenir, car le niveau technique des compétiteurs est en hausse constante.

*For the first time the championship was not won by either a Swede, Norwegian, Finn or Swiss. This is auspicious for the future as the technical standard of the competitors is constantly progressing.*



## 26th FENCING CHAMPIONSHIP - ARNHEM (THE NETHERLANDS) - FROM 18/05 TO 25/05/1987

- 13 participating countries : HOL, RFA, BEL, DEN, FIN, FRA, ITA, LUX, NOR, POR, SWE, SUI, ROM (invited nation).
- 5 countries with female participation : HOL, BEL, FRA, ROM, SUI.
- Number of athletes : 166  
officials : 87  
total : 253
- Results : - CISM-NEWS : 1987/7  
- SPORT INTERNATIONAL n°: 73



## 29th SEA-WEEK - KARLSKRONA (SWEDEN) - FROM 31/05 TO 07/06/1987

- 12 participating countries : SWE, RFA, ARG, BRA, DEN, USA, FIN, FRA, ITA, NOR, PAK, HOL.
- 1 observer country : POR.
- Female participation was not foreseen.
- Number of athletes : 92  
officials : 63  
total : 155
- Results : - CISM-NEWS : 1987/6  
- SPORT INTERNATIONAL n°: 72

Le championnat a eu lieu pour la 9ème fois à Karlskrona (Suède).

Les épreuves de la Semaine de la Mer sont très attrayantes. Pour la première fois, 12 missions étaient présentes. Ceci est un record de participation. Neuf équipes ont participé au championnat de voile, ce qui constitue également un record. Un record du CISM a été battu : le record du cross-amphibie a été amélioré par Cardoso (Brésil).

Deux athlètes féminines ont participé hors compétition. Il est à espérer que la participation féminine devienne une réalité dans quelques années. Le règlement de la Semaine de la Mer nécessitera à ce propos quelques changements.

*The championship was held for the 9th time in Karlskrona (Sweden).*

*The heats of the Sea-Week are very attractive. For the first time, 12 missions were present, which is a record number of participants. Nine teams competed in the sailing event, which is also a record.*

*One CISM record was broken : the amphibious race record was bettered by Cardoso (Brazil).*

*Two women athletes participated (out of competition). It is hoped that women's events will become a regular feature in a few years. The Sea-Week Regulations will need some amendments to cater for this.*



## 15th VOLLEYBALL CHAMPIONSHIP - ANKARA (TURKEY) - FROM 08/06 TO 20/06/1987



- 13 participating countries : TUR, RFA, BEL, BOT, CAN, FRA, HOL, ITA, LBA, MAR, SAU, SYR, USA.
- 4 countries with female participation : TUR, HOL, MAR, USA.
- Number of athletes : 246  
officials : 42  
total : 288
- Results : - CISM-NEWS : 1987/7  
- SPORT INTERNATIONAL n°: 73

Pour la deuxième fois, le championnat a été organisé pour des équipes féminines. L'Etat-Major de la Turquie a offert un challenge pour les équipes féminines.

*For the second time, a championship was staged for women's teams. The Turkish General Staff offered a challenge cup for the women's teams.*

# LA VIE AU CISM - LIFE IN CISM

## 16ème CHAMPIONNAT DE JUDO – SAN DIEGO (ETATS-UNIS) – DU 07/06 AU 16/06/1987



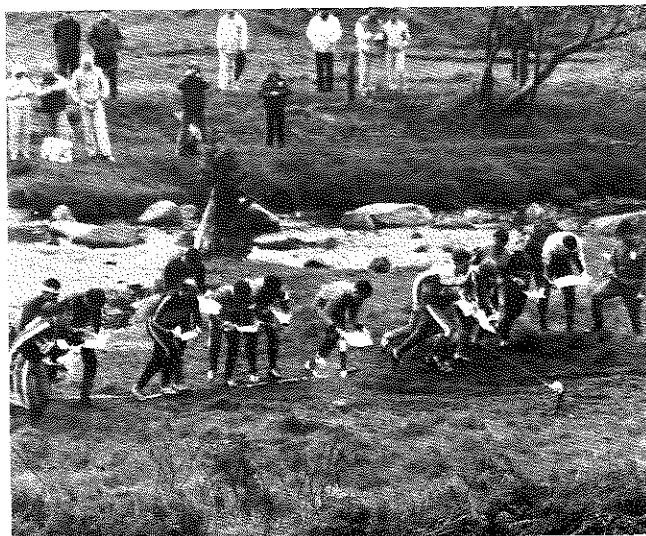
- 12 pays participants : USA, RFA, AUT, BEL, KOR, ESP, FIN, FRA, GUI, ITA, HOL, SEN.
- 1 pays observateur : BRA.
- 5 pays ayant envoyé des athlètes féminins : USA, BEL, KOR, FRA, HOL.
- Nombre d'athlètes : 155  
d'accompagnateurs : 69  
total : 224
- Résultats : – CISM-NEWS : 1987/7

Afin de promouvoir une compétition équilibrée, le CTP propose pour le championnat féminin en 1988, quatre catégories de poids : – 56 kg, – 61 kg, – 66 kg et open.

Il sera nécessaire d'avoir quatre concurrentes par catégorie de poids pour attribuer les titres officiels de champions.

*In order to promote a balanced competition, the PTC proposes that the 1988 women's championship should comprise four weight categories : – 56 kg, – 61 kg, – 66 kg and open.*

*Awards for official championship titles will only be possible if there are four women judokas par weight category.*



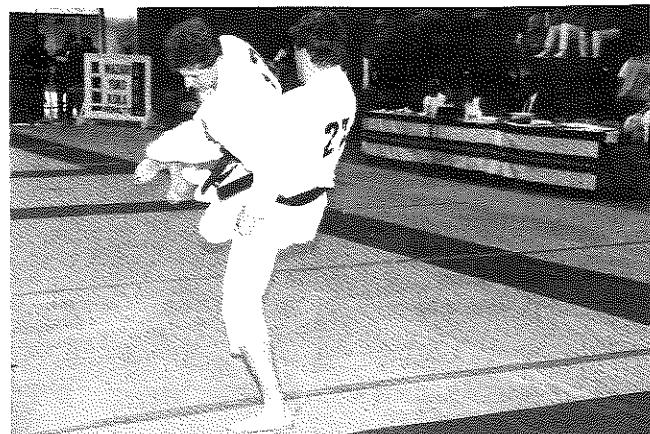
## 32nd FOOTBALL CHAMPIONSHIP (FINAL ROUND) – AREZZO (ITALY) – FROM 13/06 TO 24/06/1987



- 6 participating countries : ITA, RFA, BEL, EGY, MAR, ZIM.
- 3 observers countries : LUX, ZAM, FRA.
- Number of athletes : 126  
officials : 42  
total : 168
- Results : – CISM-NEWS : 1987/8  
– SPORT INTERNATIONAL n° : 72
- Spectators : total about 20.000 people

Grâce à l'esprit d'initiative et de solidarité de la Délégation Italienne qui a repris la finale de ce championnat en dernière minute, le championnat s'est déroulé sans incident.

*Thanks to the spirit of initiative and solidarity displayed by the Italian delegation which took over the hosting of the Final Round of this championship at short notice, the event was conducted normally.*



## 29th SWIMMING CHAMPIONSHIP – CHIANCIANO (ITALY) – FROM 21/06 TO 29/06/1987



- 7 participating countries : ITA, RFA, BEL, FRA, GRE, HOL, SYR.
- Number of athletes : 128  
officials : 70  
total : 198
- Results : – CISM-NEWS : 1987/10

Trois nouveaux records du CISM ont été établis. Imposante cérémonie d'ouverture avec de multiples démonstrations et exhibitions.

Excellent organisation et vif succès rencontré auprès du public et des médias.

*Three new CISM records were broken. Impressive opening ceremony with numerous demonstrations and exhibitions. Excellent organisation of this event which proved popular with the public and the media.*

## 33rd TRACK AND FIELD CHAMPIONSHIP – WARENDORF (GERMANY F.R.) – FROM 22/06 TO 28/06/1987



- 28 participating countries : RFA, AUT, BRN, BEL, BOT, BRA, CIV, UAE, USA, FIN, FRA, GUI, HAI, IRL, ITA, KUW, NIG, PAK, HOL, QAT, SUR, TAN, SUD, SWE, THA, TOG, TUN and ROM (invited nation).
- 1 observer country : CMR.
- Female participation was not foreseen.
- Number of athletes : 360  
officials : 120  
total : 480
- Results : – CISM-NEWS : 1987/8  
– SPORT INTERNATIONAL n° : 73

Spectators : about 15.000 in total

Six records du CISM ont été battus.

*Six CISM records were broken.*

## 34th BASKETBALL CHAMPIONSHIP – ALEPPO (SYRIA) – FROM 12/08 TO 18/08/1987



- 7 participating countries : SYR, CHN, UAE, GRE, IRN, ITA, PAK.
- 1 observer country : JOR.
- Female participation was not foreseen, (no teams).
- Number of athletes : 86  
officials : 36  
total : 122
- Results : – CISM-NEWS : 1987/8  
– SPORT INTERNATIONAL n° : 73
- Spectators : over 30.000

**35th MILITARY PENTATHLON CHAMPIONSHIP –  
STOCKHOLM (SWEDEN) –  
FROM 17/08 TO 24/08/1987**



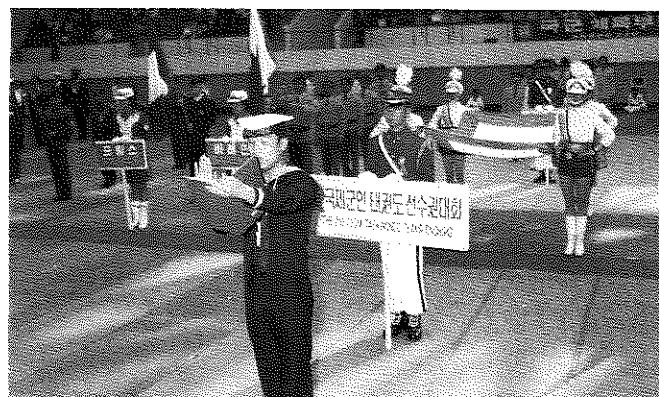
- 16 participating countries : SWE, RFA, ARG, AUT, BEL, BRA, CHN, DEN, ESP, IRN, IRL, ITA, NOR, HOL, SUI, TUR.
- 2 observers countries : ALG, ZIM.
- Female participation was not foreseen.
- Number of athletes : 90  
officials : 64  
total : 154
- Results : – CISM-NEWS : 1988/2

Le Général de Brigade J. Borthen (Norvège) vient de prendre sa retraite et quitte son poste de Président de C.T.P., qu'il aura occupé de 1980 à 1988.  
*Brigadier General J. Borthen (Norway) has just retired, relinquishing his function as P.T.C.-Chairman which he held from 1980 to 1988.*

**4th HANDBALL CHAMPIONSHIP – RIYAD  
(SAUDI ARABIA) – FROM 18/08 TO 01/09/1987**



- 11 participating countries : SAU, RFA, ALG, BEL, CMR, EGY, FRA, HOL, ITA, SUD, UAE.
- 3 observers countries : GUI, TAN, SEN
- Female participation was not foreseen.
- Number of athletes : 172  
officials : 72  
total : 244
- Results : – CISM-NEWS : 1987/9  
– SPORT INTERNATIONAL n°: 73

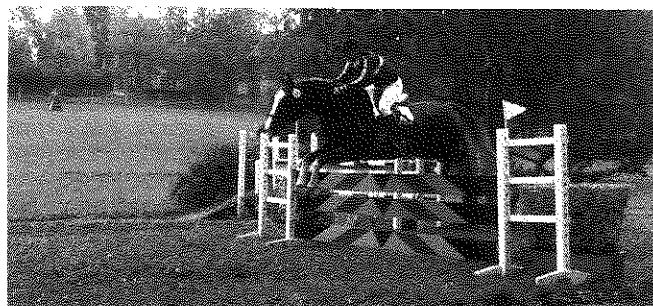


**27th SHOOTING CHAMPIONSHIP – SKOVDE  
(SWEDEN) – FROM 29/08 TO 07/09/1987**



- 22 participating countries : SWE, ALG, RFA, AUT, BEL, DEN, UAE, EGY, ESP, USA, FIN, FRA, IRL, ITA, LUX, NOR, PAK, HOL, POR, SUI, THA, TUN.
- 1 observer country : BRA.
- 4 countries with female participation : BEL, FRA, HOL, USA.
- Number of athletes : 202  
officials : 105  
total : 307
- Results : – CISM-NEWS : 1987/9  
– SPORT INTERNATIONAL n°: 73

Un record du CISM a été battu.  
 Les cibles électroniques (SIUS ASCOR) fonctionnaient parfaitement. Les résultats pouvaient être suivis sur différents écrans.  
*A CISM record was broken.*  
*The electronic targets (SIUS ASCOR) worked perfectly. The results were displayed on several different screens.*



**32nd P.A.I.M. CHAMPIONSHIP – MALAGA  
(SPAIN) – FROM 25/09 TO 03/10/1987**



- 9 participating countries : ESP, ARG, BRA, USA, FIN, FRA, NOR, HOL, SWE.
- 2 observers countries : ALG, CHI.
- Female participation was not foreseen.
- Number of athletes : 45  
officials : 43  
total : 88
- Results : – CISM-NEWS : 1987/10  
– SPORT INTERNATIONAL n°: 74

Quatre pays ont participé à l'«air contest» : ESP, FIN, FRA, SWE. Un record du CISM a été battu.  
 Les Pays-Bas sont de retour dans la famille du P.A.I.M., ce qui enchantera beaucoup de pays.  
*Four countries competed in the "air contest" : ESP, FIN, FRA and SWE. A CISM record was broken.*  
*The fact that the Netherlands has returned to the P.A.I.M. family is appreciated by many countries.*

**21st MODERN PENTATHLON CHAMPIONSHIP –  
BRUGG (SWITZERLAND) –  
FROM 14/10 TO 21/10/1987**



- 9 participating countries : SUI, AUT, RFA, FIN, FRA, HOL, ITA, SWE, USA.
- Female participation was not foreseen.
- Number of athletes : 28  
officials : 36  
total : 64
- Results : – CISM-NEWS : 1988/2  
– SPORT INTERNATIONAL n°: 74

**2nd TAEKWONDO CHAMPIONSHIP – SEOUL  
(KOREA) – FROM 25/10 TO 01/11/1987**



- 13 participating countries : KOR, BRN, CAN, FRA, IRN, JOR, KUW, LBA, MAL, PHI, QAT, LES, USA.
- 2 observer countries : AUT, BEL.
- Female participation was not foreseen.
- Number of athletes : 87  
officials : 46  
total : 133
- Results : – CISM-NEWS : 1988/2  
– SPORT INTERNATIONAL n°: 74

**38th BOXING CHAMPIONSHIP –  
CAMP LEJEUNE (UNITED STATES) –  
FROM 30/11 TO 13/12/1987**



- 15 participating countries : USA, RFA, AUT, KOR, CIV, DEN, EGY, FRA, GUA, ITA, JAM, PAK, PAN, SUD, THA.
- Female participation was not foreseen.
- Number of athletes : 115  
officials : 73  
total : 188
- Results : – CISM-NEWS : 1988/2  
– SPORT INTERNATIONAL n°: 74

**32nd P.A.I.M. Championship**  
**Malaga (Spain)**  
**from 25/09 to 03/10/1987**



**PARTICIPATING COUNTRIES**

9 – Spain, Argentina, Brazil, United States, Finland, France, Norway, the Netherlands, Sweden.

**OBSERVER COUNTRIES**

2 – Algeria, Chile.

**OFFICIAL C.I.S.M. REPRESENTATIVE**

Colonel Walmiky Conde Filho (Brazil).

**P.T.C. CHAIRMAN**

Colonel Pekka Kanninen (Finland).

**NUMBER OF PARTICIPANTS**

athletes : 45

officials : 43

total : 88

**PAYS PARTICIPANTS**

9 – Espagne, Argentine, Brésil, Etats-Unis, Finlande, France, Norvège, Pays-Bas, Suède.

**PAYS OBSERVATEURS**

2 – Algérie, Chili.

**REPRESENTANT OFFICIEL DU C.I.S.M.**

Colonel Walmiky Conde Filho (Brésil).

**PRESIDENT DU C.T.P.**

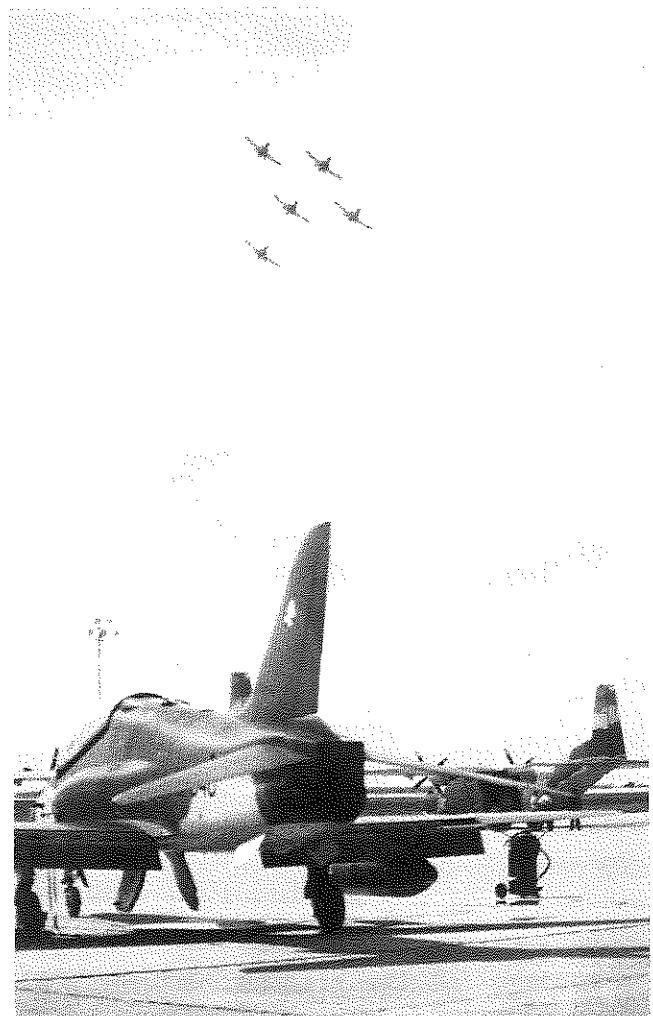
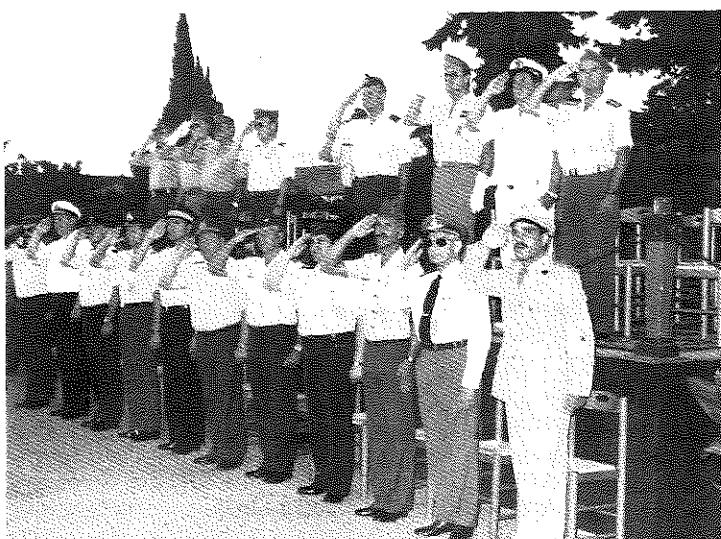
Colonel Pekka Kanninen (Finlande).

**NOMBRE DE PARTICIPANTS**

athlètes : 45

accompagnateurs : 43

total : 88



Cérémonie d'ouverture.  
Opening ceremony.

## RESULTS - RESULTATS

### 1. Flying event – Epreuve de Vol aérien : Individual classification

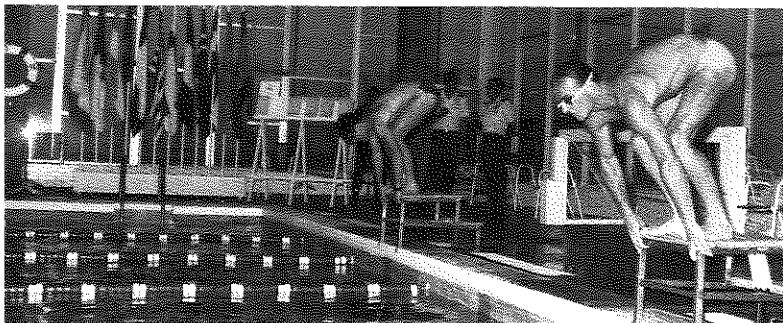
1. MAJ. LUENGO/ CAPT. CORTES	(SPAIN)	3.000 pts
2. LT. LAGRANGE/ 2nd LT. WISER	(FRANCE)	2.314 pts
3. CAPT. MORA/ CAPT. ESPRESATI	(SPAIN)	2.250 pts

### Team classification

1. SPAIN	Major LUENGO/Capt. CORTES/ Capt. MORA/Capt. ESPRESATI	5.250 pts
2. FRANCE	Capt. MORIO/Lt. LAGRANGE/ Lt. LENNE/2nd LT. WISER	3.955 pts
3. SWEDEN	Lt. NYSTRON/Lt. ROSEN/ Lt. WIBERG/Lt. OLSSON	2.062 pts

### 2. Sports Events – Epreuves sportives Individual General Classification

1. CAPT. ESPRESATI	(ESP)	5.085 pts
2. LT. ROSEN	(SWE)	5.028 pts
3. LT. OTON	(ESP)	4.982 pts



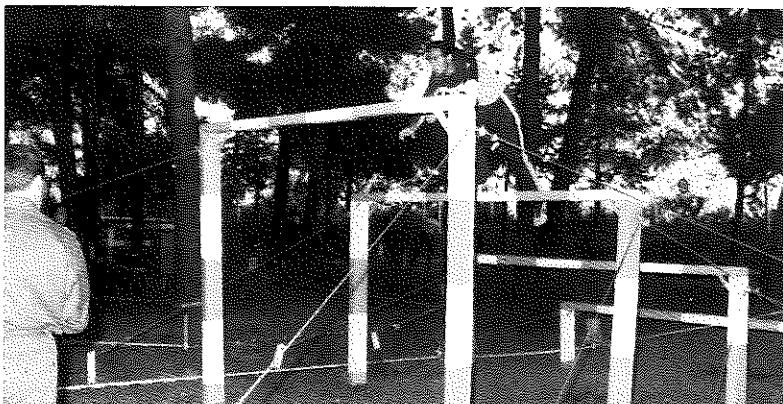
### 3. Sports Events : Results by discipline

#### 1. SHOOTING – TIR Individual classification

1. LT. COL. SILVA F.	(BRA)	1.060 pts
2. CAPT. HEINONEN S.	(FIN)	960 pts
3. 1.LT. JAUCIS L.	(NOR)	960 pts

#### Team classification

1. BRAZIL	2.680 pts
2. FINLAND	2.580 pts
3. SWEDEN	2.580 pts



#### 2. FENCING – ESCRIME Individual classification

1. LT. OTON J.	(ESP)	1.068 pts
2. CAPT. MORA J.	(ESP)	1.068 pts
3. CAPT. SPACY W.	(USA)	1.068 pts

#### Team classification

1. SPAIN	3.068 pts
2. SWEDEN	2.796 pts
3. NORWAY	2.218 pts



#### 3. BASKETBALL Individual classification

1. CAPT. VANAZZI P.	(BRA)	1.198 pts (*)
2. LT. OTON J.	(ESP)	1.186 pts
3. LT. OLSSON C.	(SWE)	1.184 pts

#### Team classification

1. SWEDEN	3.322 pts
2. BRAZIL	3.238 pts
3. SPAIN	3.138 pts

#### 4. SWIMMING – NATATION Individual classification

1. LT. ROSEN H.	(SWE)	1.196 pts (*)
2. LT. VIITALA M.	(FIN)	1.124 pts
3. MAJ. HOGUE J.	(USA)	1.118 pts
CAPT. ESPRESATI	(ESP)	1.118 pts

#### Team classification

1. SWEDEN	3.224 pts
2. BRAZIL	3.134 pts
3. FINLAND	3.120 pts

#### 5. OBSTACLE RACE – PISTE D'OBSTACLES Individual classification

#### Team classification

1. LT. LEHTOLA P.	(FIN)	1.040 pts
2. LT. VIITALA M.	(FIN)	1.020 pts
3. CAPT. HAVOLD H.	(NOR)	1.010 pts

#### 6. ORIENTEERING – ORIENTATION Individual classification

#### Team classification

1. CAPT. MORA J.	(ESP)	1.071 pts
2. CAPT. ESPRESATI F.	(ESP)	1.045 pts
3. LT. OTON J.	(ESP)	996 pts

(\*) new CISM records

## VOLLEYBALL COACHING CLINIC HELD IN HARARE, ZIMBABWE FROM 1ST TO 15TH NOVEMBER, 1987

A maiden CISM/INSA (\*) joint venture

Harald Dubberke,  
President of the International  
Sports Academy (FRG)

*Following the agreement of the CISM General Assembly in Portugal earlier this year to initiate a cooperation plan between CISM and the International Sports Academy (INSA), a final decision was taken on 26th August, 1987 to stage a volleyball coaching course in Zimbabwe.*

*This course must be regarded as a trial experiment of cooperation between CISM and INSA which will only be continued if it gives mutual satisfaction. The International Sports Academy, which is very experienced in the organisation of training camps and coaching courses, has done its utmost to ensure the optimum realisation of this programme. It assigned Michael Knappe, a highly experienced, qualified volleyball coach, who was joined in Harare by Wilfried Bialik in his capacity as INSA coordinator. In addition, INSA contributed the necessary items of equipment, including 35 volleyballs, 4 ball nets, 1 volleyball net and 8 ball pumps as well as extensive volleyball hand-outs.*

Harald Dubberke  
President of INSA



When it was announced that the coaching course was to be held, I personally took the time to fly out to Harare on 28th September, 1987 in order to select training areas with the competent local organisers and to discuss course details. This was just four weeks before the commencement of the course.

Wilfried Bialik, the INSA coordinator, travelled to Harare three days before the action started, thus ensuring the punctual start of the coaching course.

Only two of the seven countries invited to this event took part in the course, i.e. Zimbabwe, the organising country, and Botswana. The organisers in Zimbabwe seized this opportunity to increase the size of its own group of students to the final number of 25 participants.

However, due to this late selection of students, the technical qualifications of participants varied considerably. For this reason, it was necessary to conduct a differentiated and specified instruction, both in practice and in theory, which was not a problem for the INSA coaches thanks to their experience at international level.

However, under these circumstances, the question to be posed is to what extent this 15-day coaching course came up to expectations?

It was clearly evident that the participants – irrespective of their qualifications – greatly enjoyed the course and that they all learned a lot according to their capabilities. On the other hand, in this instance the coaches were over-qualified, and linked to this, costs were higher than necessary for both CISM and INSA.

Generally speaking, the organisation in Harare can be characterised, with a few reservations, as excellent. In this context, we hereby express our thanks to the officials concerned in Harare and to the CISM representatives of the East African Liaison Office.

From the experience gained in this first joint venture, it can be ascertained that:

1. Not only the long-term planning of courses but also the necessary decision when and where to conduct such events and the determination of the requirements must be made with adequate notice.

2. Invitations to participants in the different countries must be sent out in good time to enable them to apply for their exemption from duty as well as for their travel expenses.
3. Since the CISM headquarters in Brussels, the Liaison Office in Lusaka and INSA in Germany jointly assumed most of the organisation (especially with regard to its preparation and as such the course) was only made possible by financing the coaches and the equipment, in future it would be preferable that the local organiser refrain from charging for board and lodging as well as transport. This is especially appropriate when countries are invited which may find it difficult to raise the requested fees which must then be transferred into hard currency.

### Assessment

Although only two countries participated in this coaching course, it was possible to furnish evidence of good and constructive cooperation between the different organisations involved.

The victory of the CISM team in a self-organised volleyball tournament with local teams reflects the quality of the training they received.

It will of course be necessary to discuss this event in more detail. Nevertheless, it can already be said that the cooperation between CISM and INSA turned out to be a great success and should be an encouragement for the continuation and intensification of such Coaching Clinics.

(\*) INSA : International Sports Academy



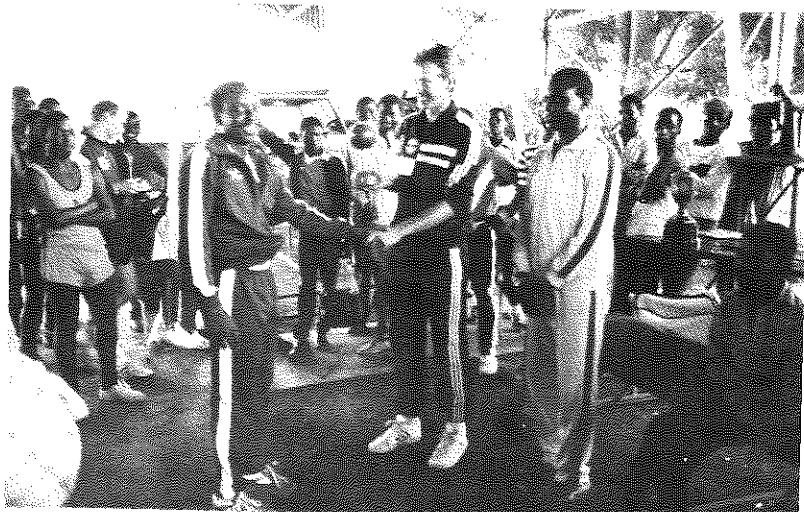
## PRESENTATION OF THE INTERNATIONAL SPORTS ACADEMY

The "International Sports Academy" (INSA) is a non-governmental and independent institution with its managing headquarters being in West Germany. Owing to our official recognition by all major German sports organisations and universities, INSA is in an excellent position to perform all its programmes and operations with the assistance of top coaches, the best sports managers and highly skilled sports scientists.

INSA services consist of an educational coaching programme in all sports disciplines and courses for sports management and sports medicine as well as sports medical treatment for injured players. Apart from offering these regular courses, INSA is always prepared to organise "special arrangements" in the above-mentioned and other areas of sports promotion, as for example the 1st CISM-INSA Volleyball Coaching Clinic in Harare/Zimbabwe.

Besides the official cooperation with the National Olympic Committee of Germany and the German Sports Federations, INSA is also recognised by the United Nations/UNESCO, doing the training of sports organisers and some research work in sports on behalf of UNESCO. Moreover, the "permanent committee" of the German Ministry of State for Sports supports the activities and ideas of INSA, and we are proud to announce our first action realised in collaboration with CISM. Close contacts with international sports bodies like FIFA, IAAF and so forth guarantee the best possible service and represent, on the other hand, an honourable obligation to assist and help everyone, if so requested.

We hereby present our programme for 1988 for your kind attention. You are most welcome and invited to join the exclusive "INSA-family" for the benefit of sports promotion.



INSA-Coordinator Mr. Bialik handing over a trophy to the best local volleyball team at the final Harare tournament on 14.11.87

## INSA OFFER 1988 BASIC COACHING COURSE

13th June – 12th Sept., 1988

88/01	ATHLETICS
88/02	BASKETBALL
88/03	BOXING
88/04	FENCING
88/05	FOOTBALL
88/06	GYMNASIICS
88/07	HANDBALL
88/08	HOCKEY
88/09	JUDO
88/10	SWIMMING
88/11	TENNIS
88/12	VOLLEYBALL
88/13	WRESTLING

## ADVANCED COACHING COURSE

20th June – 30th July, 1988

88/14	ATHLETICS
88/15	BASKETBALL
88/16	BOXING
88/17	FENCING
88/18	FOOTBALL
88/19	GYMNASIICS
88/20	HANDBALL
88/21	HOCKEY
88/22	JUDO
88/23	SWIMMING
88/24	TENNIS
88/25	VOLLEYBALL
88/26	WRESTLING

## INTERNATIONAL FOOTBALL COACHING COURSE

10th June – 25th June, 1988

This course goes along with the EUROPEAN FOOTBALL CUP

## ADVANCED SPORTS MANAGEMENT COURSE

6th June – 16th July, 1988

## SPORTS MEDICINE COURSE

10th Oct. – 18th Nov., 1988

## STADIUM MANAGEMENT/MAINTENANCE COURSE

18th July – 27th Aug., 1988

## REHABILITATION COURSE

5th Sept. – 15th Oct., 1988

This course is for instructors in sports therapy for handicapped and other special groups.

## SPORTS MEDICAL TREATMENT

at any time

After some good experiences and success INSA is offering sports medical treatment in addition to the educational programme. INSA will select the right specialist and hospital depending on the injuries. From the airport of Frankfurt we take over all responsibilities of accommodation, full board, recreation and rehabilitation, for fitness and build-up training to get the player back to the field in good shape as soon as possible.

## TRAINING CAMPS

at any time but especially from April – September

ATHLETICS in Rhede, Hannover, Seeheim, Warendorf, Mainz, Cologne etc;

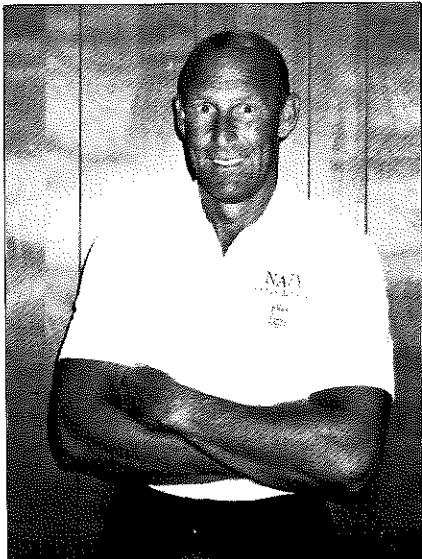
FOOTBALL in Hannover, Hohe-Nordra, Seeheim, Warendorf, Cologne, Kleve etc.

OTHER SPORTS – places depend on the location of German top teams for friendly matches.

## INVERSION SPRAINS OF THE ANKLE

Dr John Aronen  
Member of the CISM Academy  
Traduction : Lt-Col Genot

*Of all the injuries which occur to the ankle in athletics, undoubtedly the most common are initial and recurrent sprains of the lateral aspect of the ankle, ie, inversion sprains. Ironically, the majority of inversion sprains are recurrent sprains. The high incidence of recurrence following an initial sprain is not due to "stretched or weak ligaments" in the majority of cases, but rather to the lack of adequate and appropriate treatment of the initial sprain.*



Following the guidelines for determining the severity of an injury, one can readily determine the severity of an ankle sprain. The extent of disability experienced by the athlete at the time of the injury or shortly after is the most reliable indicator in determining the severity of the sprain. If the athlete was able to walk on the injured ankle at the time of the injury and shortly after (even though he may have been forced to alter his gait somewhat due to the pain, ie, walk with his foot turned out) the chance of the injury being a serious injury, ie, a fracture or significant ligamentous injury, is less than 1 %. If the athlete was not able to/refused to bear weight on the injured ankle at the time of the injury and shortly after, then the injury should be considered as having a higher probability of being a serious injury. In evaluating an inversion injury to the ankle, one should always consider the possibility of an avulsion fracture of the base of the fifth metatarsal and subluxation or dislocation of the peroneal tendons.

Adequate and appropriate treatment for inversion sprains of the ankle should follow a well-defined protocol. The following protocol was developed and is utilized at the United States Naval Academy for initial and recurrent inversion sprains of the ankle.

### ANKLE SPRAIN TREATMENT PROTOCOL

United States Naval Academy Sports Medicine Division

#### STAGE I – TREATMENT OF INJURY DURING THE FIRST 48 HOURS FOLLOWING THE INJURY

- Acute Rx → → → 1.  
Compression wrap with horseshoes, elevate and ice for 20 minutes (Fig. 1-6)
- After n°1 → → → 2.  
Maintain constant pressure with compression wrap with horseshoes
- → → 3.  
Start isometric quad exercises (\*), done daily until protocol completed (Fig. 7)
- → → 4.  
Crutches if necessary with partial weight bearing heel to toe gait (Fig. 8 et 9)  
(discontinue crutches when patient can walk with painfree heel to toe gait)
- → → 5.  
Elevate ankle whenever possible and apply ice for 20 minutes

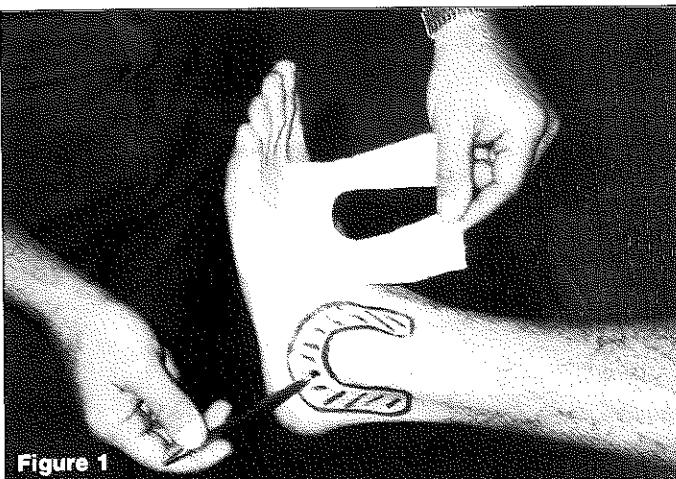


Figure 1

# SPORTS MEDICINE – MEDECINE SPORTIVE

docteur John ARONEN fait le point sur le traitement et la rééducation des entorses externes de la cheville. Médecin comme Médecin-Colonel à l'Académie Navale des Etats-Unis, il vient de mettre au point les protocoles de traitement des entorses récentes et de leurs séquelles.

Sur les 48 premières heures qui suivent l'apparition de l'entorse, il recommande, au-delà d'une compression réalisée par des applications de glace, la marche sans appui sur béquilles et de laisser autant que faire se peut le pied inférieur en surélévation en poursuivant le glaçage. Il souligne que la rééducation par l'isométrie doit débuter que possible.

Une fois le traitement débuté 48 heures après l'accident, le protocole de traitement impose l'alternance de bains de pieds et chauds : en bain chaud accompagné de mouvements actifs et d'isométrie en éversion du pied dans le lit. La compression doit reprendre dès la fin des bains alternés et la cheville doit rester en élévation le plus longtemps possible, les mouvements actifs sans résistance étant alors poursuivis.

La rééducation doit débuter une rééducation proprioceptive et isométrique qui commence dès la disparition des douleurs. La rééducation consiste en une reprise de la marche, puis de la course lente dès que les mouvements de la cheville blessée seront d'amplitude égale à ceux de l'autre cheville et que la douleur en station unipodale a disparu.

Les exercices isotoniques actifs contre la résistance élastique du tube en caoutchouc doivent être, pendant cette phase, constamment poursuivis.

**Médecin Colonel J. Molinié  
Directeur de l'Académie du CISM**

## TRAITEMENT DES ENTORSES EXTERNES A LA CHEVILLE

Académie navale des Etats-Unis  
Département médecine sportive

### I – TRAITEMENT DE LA BLESSURE DANS LES PREMIERES 48 HEURES

patient → → → 1.

mettre une compresse en forme de fer à cheval, élever la cheville et appliquer une poche de glace pendant 20 minutes (Fig. 1-6)

→ → → 2.

enlever la compresse (fer à cheval) avec une consigne

→ → → 3.

réaliser les exercices isométriques (\*) à répéter plusieurs fois et plusieurs fois par jour jusqu'à la fin du traitement (Fig. 7)

→ → → 4.

utiliser des béquilles, si nécessaire, en portant légèrement le poids du corps sur le talon ensuite vers les 48 heures (Fig. 8 et 9)

ne pas prendre l'emploi des béquilles lorsque le patient va promener, sans avoir mal au talon)

→ → → 5.

appliquer de la chaleur sur la cheville lorsque cela sera possible et appliquer une compresse pendant 20 minutes

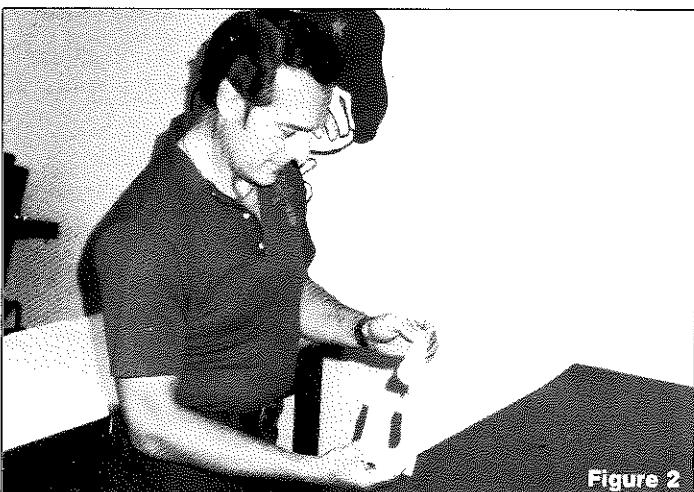


Figure 2

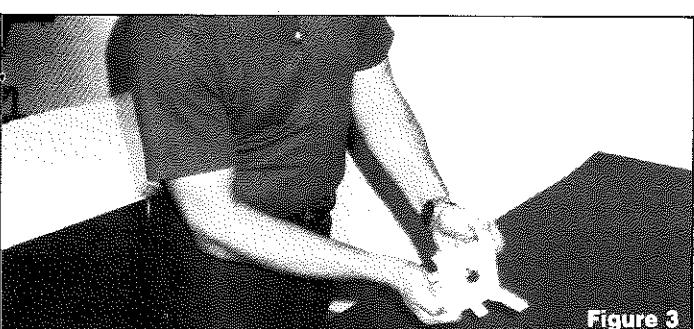
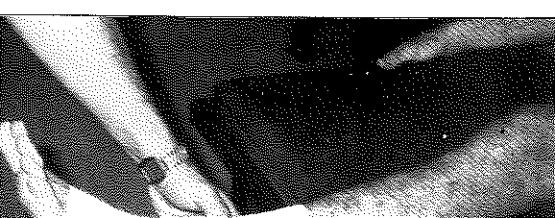
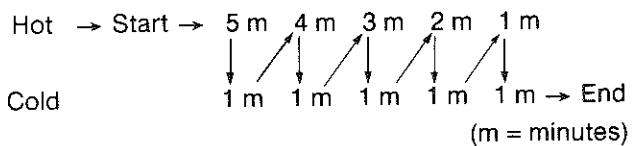


Figure 3



## STAGE II – TREATMENT OF INJURY 48 HOURS FOLLOWING THE INJURY

1. Contrast baths – Alternate hot (104°F) and cold (crushed ice in cold water) (Fig. 10)



- A. Remove compression wrap and horseshoes to do contrast baths.
  - B. In hot perform active range of motion exercises (\*\*).
  - C. In cold perform isometric eversion against side of container (Fig. 11).
  - D. Do contrast baths 2-3 times a day; discontinue when no swelling evident.
  - E. Reapply horseshoes and compression wrap immediately after contrast baths; discontinue horseshoes and wrap when no swelling evident.
2. Elevate ankle whenever possible and do active range of motion exercises (\*\*).
  3. Active rehabilitation → start when able to do painfree :
    - A. Active range of motion exercises (\*\*).
    - B. Tilt board → to stretch calf muscles and Achilles tendon (Fig. 12-14).
    - C. Surgical tubing → to strengthen the muscles which evert and invert the ankle and stabilize the ankle with activity (Fig. 15-19).

### GOALS – ACTIVE REHABILITATION COMPLETE WHEN :

- A. Active range of motion (\*\*) equal to that of noninjured ankle.
- B. Tilt board → able to stand on with heels against the wall.
- C. Surgical tubing for muscle restrengthening → able to balance on ball of foot for 20 seconds (Fig. 20).

## STAGE III – ACTIVITIES WHICH ARE STARTED ONLY AFTER STAGE II IS COMPLETED IN ENTIRETY

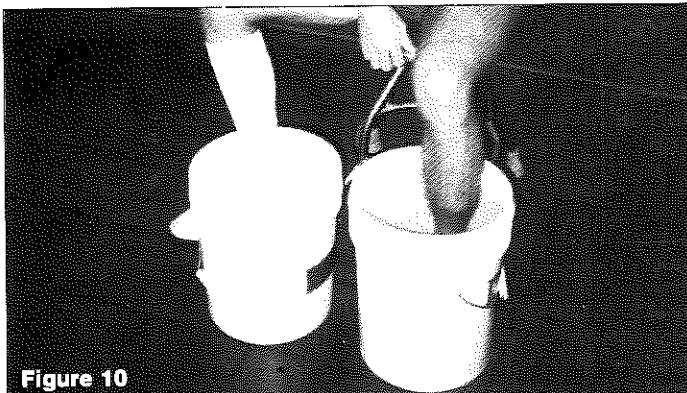
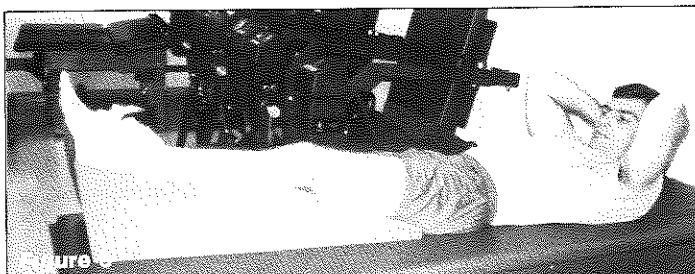
1. Walk fast straight → jog → run.
2. Run figure of 8 patterns → start with large 8's and go to small 8's.
  - A. 1/4 speed → 1/2 speed → full speed → full activities

(\*) Isometric quad exercises

→ tighten thigh for 8 seconds, relax for 2 seconds = 1 set

→ do 20 sets 10 times a day for a total of 200 sets daily

(\*\*) Active range of motion exercises → while keeping your heel still, write the alphabet in capital letters with your forefoot.



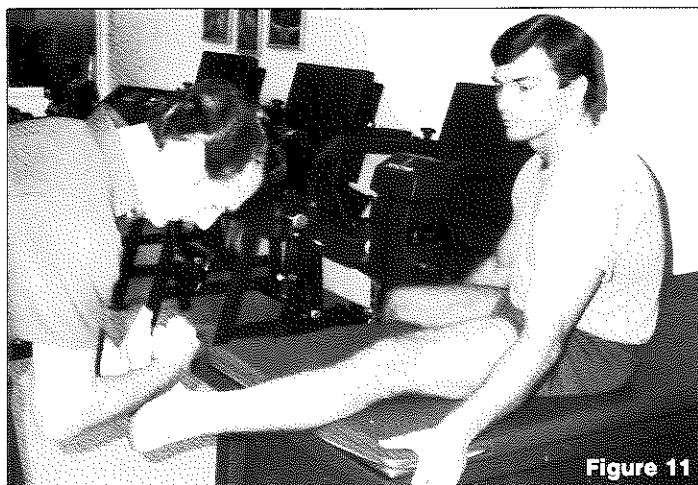


Figure 11

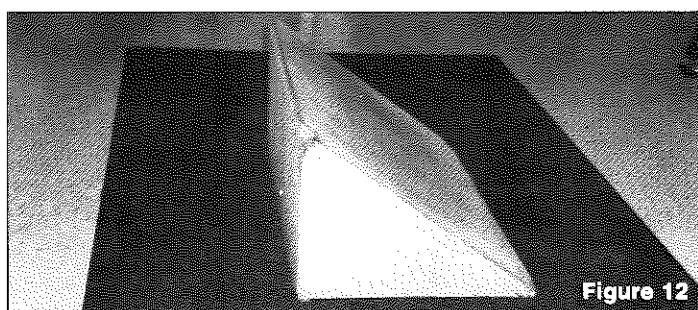


Figure 12

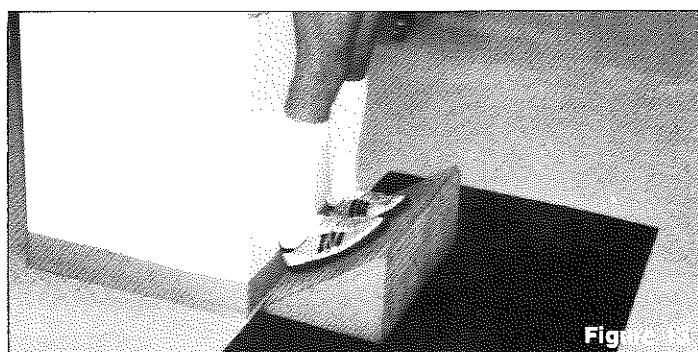


Figure 13

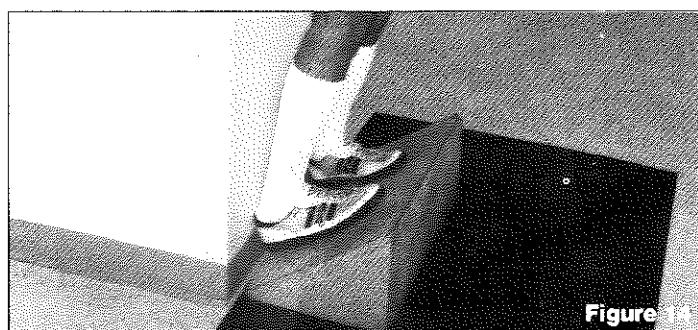


Figure 14

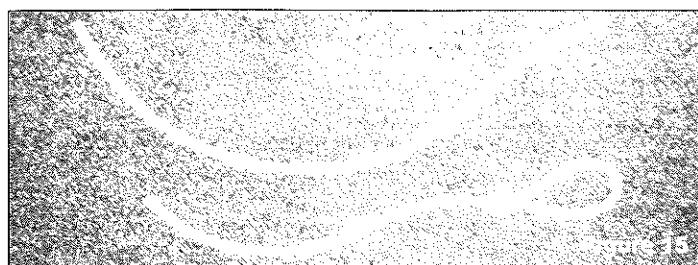


Figure 15

## PHASE II – TRAITEMENT DE LA BLESSURE APRES 48 HEURES

1. Bains contrastés – alternativement chaud ( $104^{\circ}\text{F}$ ) et froid (glace pilée dans de l'eau froide) (Fig. 10)
 

Chaud → Début → 5 m    4 m    3 m    2 m    1 m  
                             ↓    ↓    ↓    ↓    ↓  
                             1 m    1 m    1 m    1 m    1 m → Fin  
                             (m = minutes)

  - A. Enlever la compresse en fer à cheval pour effectuer les bains contrastés.
  - B. Dans le bain chaud, effectuer une série de mouvements (\*\*).
  - C. Dans le bain froid, effectuer des mouvements d'isométrie en éversion contre le bord du récipient (Fig. 11).
  - D. Prendre des bains contrastés 2-3 fois par jour ; suspendre lorsque le gonflement a disparu.
  - E. Réappliquer la compresse en fer à cheval immédiatement après les bains contrastés ; supprimer le fer à cheval et la compresse lorsque le gonflement a disparu.
2. Elever la cheville autant que possible et effectuer une série de mouvements (\*\*).
3. Rééducation active → peut être commencée lorsqu'il est possible de le faire sans douleur.
  - A. Série de mouvements (\*\*).
  - B. Estrade inclinée → étirement des muscles du mollet et du tendon d'Achille (Fig. 12-14).
  - C. Gaine élastique pour fortifier les muscles qui contrôlent les mouvements en inversion et en éversion de la cheville et pour soutenir la cheville en activité (Fig. 15-19).

### BUTS – LA REEDUCATION ACTIVE EST ACQUISE LORSQUE

- A. Série de mouvements actifs (\*\*) effectués aussi bien qu'avec la cheville non blessée.
- B. Estrade inclinée → être capable de tenir debout avec les talons contre le mur.
- C. Gaine élastique pour fortifier la musculature → être capable de rester en équilibre en station unipodale 20 secondes (Fig. 20).

## PHASE III – ACTIVITES QUI COMMENCENT LORSQUE LA PHASE II EST ENTIEREMENT TERMINEE

1. Marcher rapidement en ligne droite → petit trot → course.
2. Effectuer des mouvements de course en forme de 8 → commençant avec des 8 larges vers de plus étroits.
  - A. Vitesse 1/4 → vitesse 1/2 → vitesse normale → activités complètes

(\*) Exercices isométriques

→ cuisse tendue 8 secondes, repos 2 secondes = 1 mouvement

→ faire 20 mouvements 10 fois par jour = 200 mouvements par jour

(\*\*) Série de mouvements → en gardant le talon immobile, écrire l'alphabet en lettres capitales avec les orteils.

Adequate and appropriate treatment of an inversion sprain of the ankle requires recognition of two factors : (1) Soft tissue swelling is the primary factor in prolonging the time before the athlete can effectively start active rehabilitation (Stage II-3). Effective control of the soft tissue swelling can be achieved with the immediate application of adequate compression (compression wrap with horseshoes), elevation and ice (if available). (2) Lack of completing adequate and appropriate active rehabilitation, ie, accomplishing the goals of Stage II, is the primary cause of persistent ankle problems (pain, recurrent sprains, etc.) following an inversion sprain. Treatment of inversion sprains of the ankle must include **active participation** by the injured athlete in an adequate and appropriate rehabilitation program.

If an athlete experiences episodes of ankle pain with activity following completion of an adequate and appropriate rehabilitation program, the possibility of a talar dome fracture should be considered.

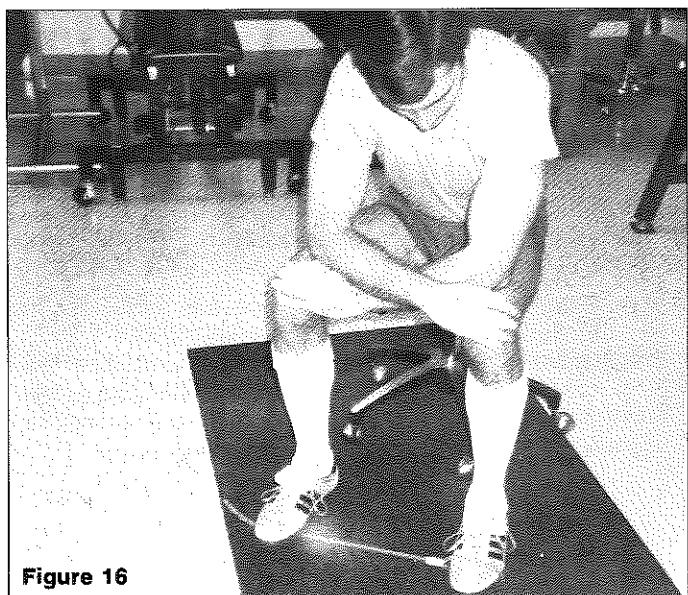


Figure 16

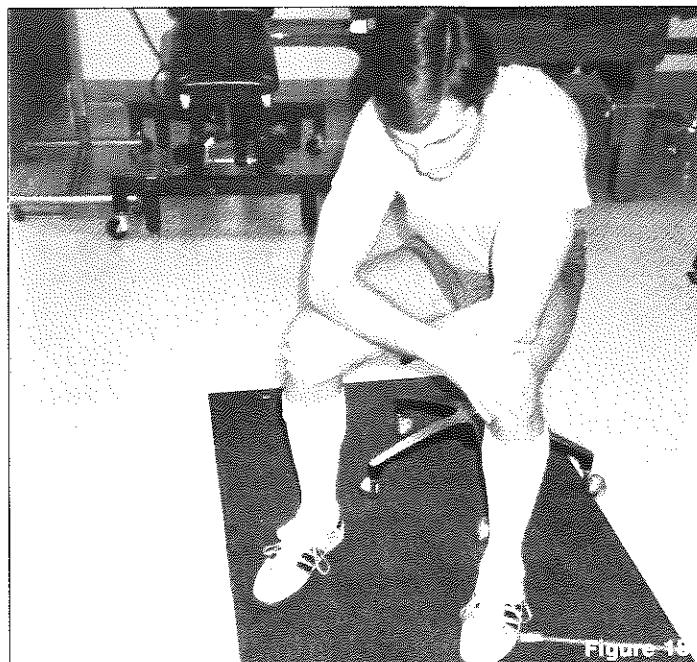


Figure 18

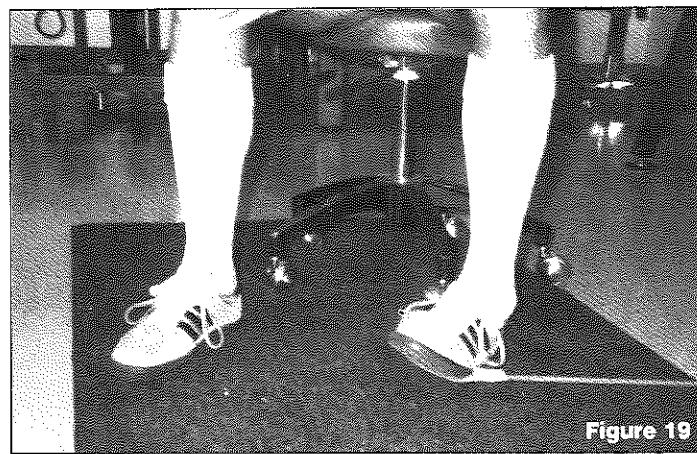


Figure 19

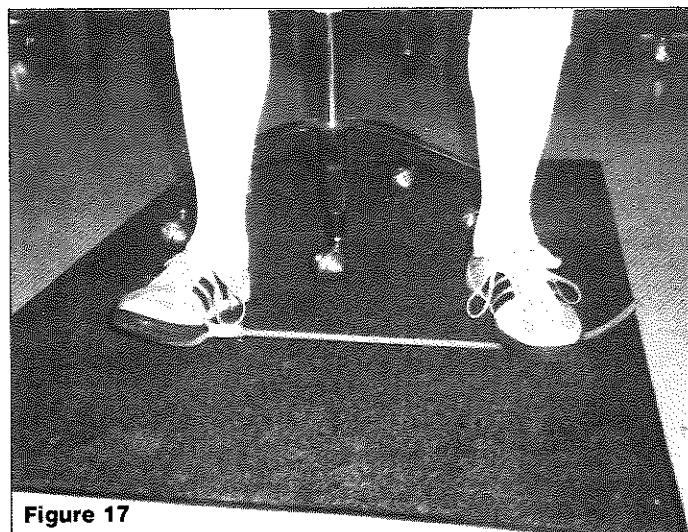


Figure 17

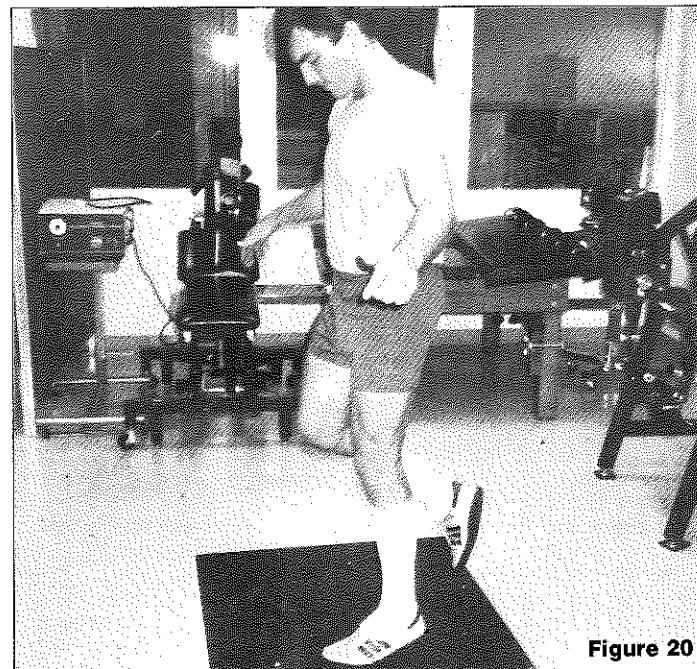


Figure 20

We would like to thank Ray Chronister, Head Athletic Trainer at the United States Naval Academy for his contribution in the development of the protocol for the treatment of ankle sprains in the publication featuring this article.