



## SPECIFIC REGULATIONS FOR WRESTLING

### INTRODUCTION

The art of wrestling dates back to ancient times and it has been popular ever since it's beginning. For centuries in ancient Greece and Rome wrestling was honored, respected, admired and praised people were the followers of this noble sport.

Wrestling is a sport of which the existence dates back to the origin of civilization. In 1938 an archaeological expedition in Mesopotamia found a bronze figurine depicting two wrestlers in temple ruins at Kyafaji, near Baghdad.

At the beginning of the Christian era, wrestling was a sport that was reserved for kings, princes and their guests. Celebration established by the kings included wrestling matches. Many monarchs, who prided themselves on their powerful armies, were equally proud of having wrestling champions among their subjects.

The North American Indians made a sport of wrestling long before Christopher Columbus cast off in 1492. The first Spanish settlers wrestled, as well as, the English, the Dutch and the French in Canada.

The Olympic Games gave wide impetus to the sport of wrestling. The styles and rules of this sport vary from country to country depending upon culture and the athletic environments, which is why there are different wrestling styles.

The first CISM Wrestling Championship was organized by the Turkish delegation at Istanbul in 1961, followed by Iran in 1962 and the Arab Republic of Egypt in 1963. After an interruption that lasted until 1970, Greece organized a CISM championship in 1971, and they continued to be contested annually as military operations permit.



## 1. INTERNATIONAL FEDERATION REGULATIONS

**1.1.** The present regulation applies at all CISM wrestling championships. The official language used in these regulations is English. This version prevails in the event of a dispute.

Whenever a case is not stated in these present regulations, then the United World Wrestling Federation (UWW) regulations will apply.

**1.2.** For consideration as a CISM Wrestling Championship in each discipline, a minimum of:

- 8 countries for Freestyle (FS)
- 8 countries for Greco-Roman style (GR)
- 4 countries for Women's Wrestling (WW) must participate in the championship.

## 2. ORGANIZATION

**2.1.** As a general rule the CISM wrestling championships are organized each year, under the auspices of the Military Sports Council.

**2.2.** A country that has been appointed to organize a CISM World Military Wrestling Championship has to include at a minimum, men's Freestyle and Greco-Roman competitions.

**2.3.** Military World Championships usually take place between the 1st of September and the 15th of December, except in those years when the Olympic Games take place: in this case, the dates are arranged in agreement with the participating countries.

## 3. PARTICIPATION-COMPOSITION OF THE MISSION

### 3.1. WORLD MILITARY WRESTLING CHAMPIONSHIP

**3.1.1.** A country's delegation that is participating in the World Military Wrestling Championships may be composed of a maximum of 37 people. The breakdown for the composition of a participating country's delegation is as follows:

Number of Wrestlers	1-3	4-10	11-30
Chief of Mission	1	1	1
Team Captain	-	1	1
Coaches	1	2	3
Referees*	-	1*	1*
Extra/Doctor	1	1	1
<b>Total</b>	<b>4-6</b>	<b>10-16</b>	<b>18-37</b>

**3.1.2.** A country's delegation that is participating in the World Military Games Wrestling Championships may be composed of a maximum of 25 people. The breakdown for the composition of a participating country's delegation is as follows:

Number of Wrestlers	1-3	4-10	11-18
Chief of Mission	1	1	1
Team Captain	-	1	1
Coaches	1	2	3
Referees*	-	1*	1*
Extra/Doctor	1	1	1
<b>Total</b>	<b>4-6</b>	<b>10-16</b>	<b>18-25</b>

\*Referees according to UWW rules:

- \*Minimum number to avoid being penalized
- Each referee must present his/her valid UWW license for the current competition year.



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**3.1.3.** No additional members may be part of the official delegation without the permission of the host country.

### **3.2. CONTINENTAL CHAMPIONSHIP**

None stated.

### **3.3. REGIONAL CHAMPIONSHIP**

None stated.

### **3.4. QUALIFICATION TOURNAMENT**

None stated.

## **4. COMPETITIONS**

### **4.1. WEIGHT CATEGORIES**

Will be contested in the categories designated by UWW for the current year's World Championships.

Weight categories during single WMWC is 10 per each discipline and during Military World Games 6 olympic categories per each discipline.

### **4.2. TEAMS**

Each country is represented either by three teams (GR, FS, WW) at full strength or by one or several individuals. There will be a maximum entry of one athlete per weight category. The names of each of the competitors are confirmed during the preliminary meeting and are finalized at the weigh-ins.

### **4.3. PLACING**

#### **4.3.1. OVERALL TEAM PLACEMENT**

There will be competitions to determine a team champion for each wrestling discipline; GR, FS, and WW. Team placing will be according to the international UWW regulations.

#### **4.3.2. INDIVIDUAL PLACEMENT**

Each weight class will be contested and awards will be given according to UWW rules.

## **5. CALENDAR OF THE COMPETITIONS**

**5.1.** The maximum minimum duration of the championship is 8 days.

**5.2. EXAMPLE PROGRAM for single WMWC** (Host country may decide to adjust competition schedule based on preliminary number of athlete entries.)

1st day

- *Arrival of the missions*

2nd day

- *Training*
- *Preliminary meeting and CISM press conference*
- *At Large technical and referees meeting*



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- *Training*
  - *Medical control and weighting for FS (57kg, 61kg, 65kg ,70 kg & 74 kg); WW (50 kg, 53kg, 55kg, 57 kg & 59 kg)*
  - *Welcoming reception*

3rd day (1<sup>st</sup> competition day)

- *Medical control and weighting for FS (79 kg, 86kg, 92 kg, 97kg & 125kg); WW (62 kg, 65 kg, 68 kg, 72 kg & 76 kg)*
- *Competition for FS 57kg, 61kg, 65kg ,70 kg & 74 kg; WW 50 kg, 53kg, 55kg, 57 kg & 59 kg*
- *Opening ceremony before competition*

4th day (2<sup>nd</sup> competition day)

- *+ 2kg weighting for FS (57kg, 61kg, 65kg ,70 kg & 74 kg); WW (50 kg, 53kg, 55kg, 57 kg & 59 kg)*
- *10 FINALS: Repechage and finals for FS 57kg, 61kg, 65kg ,70 kg & 74 kg; WW 50 kg, 53kg, 55kg, 57 kg & 59 kg*
- *Competition for FS 79 kg, 86kg, 92 kg, 97kg & 125kg; WW 62 kg, 65 kg, 68 kg, 72 kg & 76 kg*
- *Awards ceremony*
- *Medical control and weighting for GR (55 kg, 60 kg, 63 kg, 67 kg & 72 kg)*

5th day (3<sup>rd</sup> competition day)

- *+ 2kg weighting for FS (79 kg, 86kg, 92 kg, 97kg & 125kg); WW (62 kg, 65 kg, 68 kg, 72 kg & 76 kg)*
- *10 FINALS Repechage and finals for FS 79 kg, 86kg, 92 kg, 97kg & 125kg; WW 62 kg, 65 kg, 68 kg, 72 kg & 76 kg*
- *Competition for GR 55 kg, 60 kg, 63 kg, 67 kg & 72 kg*
- *Medical control and weighting for GR (77 kg, 82 kg, 87 kg, 97 kg & 130kg)*
- *Awards ceremony (+ FS+WW Team Cups)*

6th day (4<sup>rd</sup> competition day)

- *+ 2kg weighting for GR 55 kg, 60 kg, 63 kg, 67 kg & 72 kg*
- *5 FINALS Repechage and finals for GR 55 kg, 60 kg, 63 kg, 67 kg & 72 kg*
- *Competition for GR 77 kg, 82 kg, 87 kg, 97 kg & 130kg*
- *Awards ceremony*

7th day (5<sup>th</sup> competition day)

- *+ 2kg weighting for GR 77 kg, 82 kg, 87 kg, 97 kg & 130kg*
- *5 FINALS Repechage and finals for GR 77 kg, 82 kg, 87 kg, 97 kg & 130kg*
- *Awards ceremony (+ GR Team Cup+Fair Play)*
- *Closing ceremony, banquet and exchange of gifts*

8th day

- *Cultural Tour*
- *Departure of missions*

**5.3. EXAMPLE PROGRAM for WMWC during MWG (Olympic Categories - Host country may decide to adjust competition schedule based on preliminary number of athlete entries.)**

D-day

- *Arrival of the missions*

D+1 day

- *Training*
- *Preliminary meeting and CISM press conference*
- *At Large technical and referees meeting*
- *Training*
- *Medical control and weighting for FS (57kg-65kg-74kg); WW (50 kg)*
- *Welcoming reception*

1<sup>st</sup> competition day



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- *Medical control and weighting for FS (86kg-97kg-125kg); WW (53kg-57kg)*
  - *Competition for FS 57kg-65kg-74kg; WW 50 kg*
  - *Opening ceremony before competition*

#### 2<sup>nd</sup> competition day

- *+ 2kg weighting for FS (57kg-65kg-74kg); WW (50 kg)*
- **4 FINALS: Repechage and finals for FS 57kg-65kg-74kg; WW 50 kg**
- *Competition for FS 86kg-97kg-125kg; WW 53kg-57kg*
- *Awards ceremony*
- *Medical control and weighting for GR (60kg-67kg-77kg); WW (62 kg-68 kg)*

#### 3<sup>rd</sup> competition day

- *+ 2kg weighting for FS (86kg-97kg-125kg); WW (53kg-57kg)*
- **5 FINALS: Repechage and finals for FS 86kg-97kg-125kg; WW 53kg-57kg**
- *Competition for GR 60kg-67kg-77kg; WW 62kg-68kg*
- *Medical control and weighting for GR (87kg-97kg-130kg); WW (76kg)*
- *Awards ceremony (+ FS Team Cup)*

#### 4<sup>rd</sup> competition day

- *+ 2kg weighting for GR (60kg-67kg-77kg); WW (62kg-68kg)*
- **5 FINALS: Repechage and finals for GR 60kg-67kg-77kg; WW 62kg-68kg**
- *Competition for GR 87kg-97kg-130kg; WW 76kg*
- *Awards ceremony*

#### 5<sup>th</sup> competition day

- *+ 2kg weighting for GR 87kg-97kg-130kg; WW 76kg*
- **4 FINALS: Repechage and finals for GR 87kg-97kg-130kg; WW 76kg**
- *Awards ceremony (+ GR+WW Team Cups+Fair Play)*
- *Closing ceremony, banquet and exchange of gifts*

... included women's wrestling categories for the 4<sup>rd</sup> and 5<sup>th</sup> competition days

#### 8th day

- *Cultural Tour*
- *Departure of missions*

#### 5.4. The following mandatory meetings must take place during the competition:

- Preliminary meeting
- Permanent Technical Committee meeting

## 6. TECHNICAL JURY

### 6.1. COMPOSITION

The Technical Jury is composed exclusively of active or retired military personal that are particularly skilled in matters pertaining to wrestling.

The President of CISM Sport Committee appoints the President and members of the Technical Jury during the preliminary meeting from the technicians attending the championship with a special knowledge of the appropriate sports matters and regulations. The President of the CISM Wrestling Committee serves as the chairman.

Under no circumstance may any member of the Technical Jury belong to the organizing committee.

The CISM Wrestling Committee shall add up to four (4) other members, chosen among the missions for the duration of the competition, who are skilled and knowledgeable in the sport of wrestling to serve as a Technical Jury.



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The Technical Jury controls and ratifies the results. It hands over to the Official CISM Representative for transmission to the General Secretariat all originals of the protests as well as the decisions taken.

## **6.2. FUNCTIONS**

The Technical Jury:

- Assures that competitors are currently active duty military members for their respective country by confirming a military ID card or an issued country passport which indicates that the competitor is in the military. If such documents are not available then the Chief of Mission for the respective country must sign a waiver stating that the individual is actively serving in their country's military. This document will then be sent to their country's CISM representative for confirmation.
- Assures, before the competition, that the facilities meet the requirements of the CISM and UWW regulations.
- Assures that the wrestlers are matched according the results of the lots that have been drawn;
- Assures that UWW and military regulations are strictly respected during the matches;
- Records the objections. All objections are written down and are signed by the Chief of Mission;
- Gives a ruling on all objections except those concerning decisions taken by the judges and the jury during matches.
- Checks and ratifies the results.

## **7. TITLES AND AWARDS**

### **7.1. TITLE OF THE CHAMPIONSHIP**

"X...th World Military Wrestling Championship"(Logo CISM)

### **7.2. PRIZES AND AWARDS**

The sponsoring country is responsible for and will present medals and awards to:

- To the winner of each weight category: the CISM gold medal and the champions' certificate
- To the wrestler who came second in each weight category; the CISM silver medal
- To the wrestler who came third in each weight category; the CISM bronze medal (2 bronze medals)
- To the top three countries in each wrestling discipline. (Ref 4.3.1)
- A "Fair Play," award will be given to the athlete who demonstrates the best sportsmanship.
- Other possible awards are given on the sponsoring country's initiative (cups, medals, memento)



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## 8. ANTI-DOPING CONTROL

**8.1** The anti-doping control will be conducted in accordance with CISM and UWW regulations.

**8.2** Doping is strictly forbidden in CISM and is defined as the occurrence of one or more of the anti-doping rule violations set forth in Article 2.1 through Article 2.10 of CISM Anti-Doping Rules.

**8.3** Not only athletes, but also the athlete's support personnel can have sanctions in case a doping violation.

**8.4** At least at each CISM World Military Wrestling Championship, if possible also at other major events, anti-doping tests will be carried out according to the latest CISM Anti-Doping Rules which is in full compliance with the WADA Anti-Doping Code.

**8.5** The operative responsibilities of the anti-doping testing will lie with the Anti-Doping Commission formed for the considered event. The composition and tasks of this commission are defined in the CISM Anti-Doping Rules, and in the CISM Anti-Doping Check List.

**8.6** At World Military Wrestling Championship, the number and type of tests to be carried out should be according the Test Distribution Planning (TDP) published in CISM website in [A-1](#).

**8.7** Organizers of World Wrestling Competitions are obliged to prepare and bear expenses for anti-doping control.

**8.7.1** The procedure to follow must be in conformity with and the WADA International Standards for Testing and Investigation (ISTI).

**8.7.2** The list of prohibited substances and methods used for the anti-doping testing in CISM events will always follow the current WADA list.

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