





# INFORMATION



# WORLD MILITARY MODERN PENTATHLON CHAMPIONSHIPS



11 – 17 SEPTEMBER 2017, DRZONKÓW





#### **WELCOME GREETING**



Dear CISM friends, dear Guests,



International Military Sports Competition within the framework of the International Military Sport Council is one of the most important contributions

to the establishment of friendly relations between members of the Armed Forces of countries from different parts of the world.

Let the participation in the 45th CISM World Military Modern Pentathlon Championships will be our common contribution to spreading and popularizing the CISM motto "Friendship through

sport".

On behalf of the Minister of National Defense as a representative of the Polish Armed Forces, I welcome you in a beautiful and friendly Poland on the hospitable land of Zielona Góra and wish you the joyful experience of staying in our country.

Beat the best and beat all your sports records. I wish you good luck, a successful sporting competition in Drzonków.

General Commander of Polish Armed Forces

Maj Gen Jarosław Mika





Dear Guests, Comrades and Friends.

I have the honor and pleasure to warmly welcome all participants of the 45<sup>th</sup> World Military Championships in Modern Pentathlon. This international event will take place from 11 to 17 September in Drzonków.

As the Chief of the Polish Delegation to CISM who is responsible for organizing, I'm very proud that General Command of the Polish Armed Forces will be organizing this event with so much dedication and enthusiasm.



I would like to thank all the supporting units that have done their best together with the staff of our Sport Office to make this event into a great success. I am convinced that this event enjoys growing interest and recognition, will bring all participants and observers a lot of joy and satisfaction, and the competition will be held in an atmosphere of sportsmanship and mutual respect. I also hope that regardless of the outcome of sportsmanship, for a long time remain in the memory of the time spent in Drzonków, among old and new friends.

I hope you all will be enjoying this Championship and wish all of you GOOD LUCK!

Best Regards,
Chief of the Polish Delegation to CISM

Col Marek OLESZCZUK





# **PARTICIPATING NATIONS**









PROGRAMME							
DATA	GODZINA	PROGRAM DNIA	OBIEKT				
DATE	HOUR	PROGRAM OF DAY	OBJECT				
	September 11th (Monday)						
11.09.2017 poniedziałek Monday	do godz. before 14.00	Przyjazd reprezentacji, akredytacja. Arrival of representation, accreditation.	Budynek Transgranicznej Akademii Sportu. Academy sport Building.				
	12.00 -18.00	Pływanie Bieg & strzelanie. Swimming, Laser run	Dzień treningowy Trening day Pływalnia olimpijska 50 m., strzelnica, trasa biegu. Olympic swimming pool 50m., shooting range area, running course				
		September 12th (Tueso	lay)				
12.09.2017	9.00 -17.00	Dzień treningowy. Training day	Pływalnia 50 m, hala tenisowa, strzelnica laserowa, trasa biegu. Olympic swimming pool 50m., Fencing hall, shooting range area, Running course				
Wtorek	16.00	Ceremonia otwarcia. Opening Ceremony	Parkur (w razie niepogody – hala tenisowa). Riding course ( in case of bad weather – Fencing hall)				
Tuesday	20.00	Odprawa techniczna. Technical Meeting	Sala konferencyjno-sportowa (budynek pływalni krytej). Conference sports hall (building of indoor swimming pool)				
		September 13th (Wednes	sday)				
13.09.2017	09.00 -11.30	Szermierka: grupa 1. Fencing, group 1	Hala szermiercza. Fencing hall				
Sroda	11.45 -12.45	Pokaz koni. Jumping test	Parkur. Riding course				
Wednesday	13.00 -14.00	Pływanie, grupa 1. Swimming, group 1	Pływalnia olimpijska 50 m. Olympic swimming pool 50m.				
eliminacje mężczyzn	16.30 – 17.30	Konkurencja łączona bieg & strzelanie, grupa 1. Laser run, group 1	Strzelnica plenerowa, parkur, plac rekreacyjny. Shooting range area, pentathlon arena				
	10.00 – 11.00	Pływanie, grupa 2. Swimming, group 2	Pływalnia olimpijska 50 m. Olympic swimming pool 50m.				





Men's	13.00 – 15.30	Szermierka, grupa 2. Fencing, group 2	Hala Tenisowa. Fencing hall
Qualifications	17.30 – 18.30	Konkurencja łączona bieg & strzelanie, grupa 2.	Strzelnica plenerowa, parkur, plac rekreacyjny.
	20.00	Laser run, group 2 Odprawa techniczna. Technical Meeting	Shooting range area, pentathlon arena Sala konferencyjno-sportowa (budynek pływalni krytej). Conference sports hall (building of indoor
		September 14th (Thurs	swimming pool) day)
	09.00	Pływanie. Swimming	Pływalnia olimpijska 50 m. Olympic swimming pool 50m
	10.30	Szermierka. Fencing	Hala tenisowa. Tennis hall
14.09.2017	15.30	Jazda konna. Horse riding	Parkur. Riding course
Czwartek Thursday	18.00	Konkurencja łączona bieg & strzelanie. Laser run	Strzelnica plenerowa, parkur, plac rekreacyjny. Shooting range area, pentathlon arena
finał kobiet Women's Final	19.00	Ceremonia kwiatowa Indywidualnie kobiet Drużynowo kobiet. Flowers Ceremony Individual Women's Team's Women's	Parkur. Riding course
	20.00	Odprawa techniczna. Technical Meeting	Sala konferencyjno-sportowa (budynek pływalni krytej). Conference sports hall (building of hidden swimming pool)
	20.00	VIP Dinner – Gifts exchange	Winiarnia Górzykowo Wine – Vault Górzykowo
		September 15th (Frida	ay)
	09.00	Pływanie. Swimming	Pływalnia olimpijska 50 m. Olympic swimming pool 50m.
	10.30	Szermierka. Fencing	Hala tenisowa. Fencing hall
15.09.2017 Piątek	15.30	Jazda konna. Horse riding	Parkur. Riding course
15.09.2017	18.00	Konkurencja łączona bieg & strzelanie. Laser run	Strzelnica plenerowa, parkur, plac rekreacyjny. Shooting range area, pentathlon arena
Friday finał mężczyzn Men's Final	19.00	Ceremonia kwiatowa Indywidualnie mężczyzn Drużynowo mężczyzn. Flowers Ceremony Individual Men's Team's Men's	Parkur. Riding course
	20.00	Odprawa techniczna. Technical Meeting	Sala konferencyjno-sportowa (budynek pływalni krytej). Conference sports hall (building of hidden swimming pool)
		September 16th (Sature	day)
	09.00	Pływanie. Swimming	Pływalnia olimpijska 50 m. Olympic swimming pool 50m.
16.09.2017	10.30	Szermierka. Fencing	Hala tenisowa Fencing hall





sobota	13.00	Jazda konna. Horse riding	Parkur Riding course	
Saturday	16.00	Konkurencja łączona bieg & strzelanie. Laser run	Strzelnica plenerowa, parkur, plac rekreacyjny. Laser shooting, parkur, recreation square	
finał mix Mix Relay	17.00	Ceremonia kwiatowa, sztafeta MIX. Flowers Ceremony, Mix Relay	Parkur Riding course	
	18.00	Ceremonia zamknięcia zawodów. Closing Ceremony Wręczenie medali. Awards Ceremony 1. Indywidualnie Kobiet. Individual Women's 2. Drużynowo kobiet. Team's Women's 3. Indywidualnie mężczyzn. Individual Men's 4. Drużynowo mężczyzn. Team's Men's 5. Sztafeta MIX. Mix Relay	Hala tenisowa. Fencing hall	
	19.00	Uroczysta kolacja. Festive Dinner	Plac piknikowy. Picnic square	
September 17th (Sunday)				
17.09.2017	Wyjazd reprezentacji.			
niedziela Sunday	Departure of delegations			

TIME OF MEALS			
BREAKFAST	06.00 – 10.00		
LUNCH	12.00 – 16.30		
DINNER	18.00 – 22.00		





#### **INFORMATION ABOUT POLAND**

Poland (Polish: Polska), is one of the larger countries in Central Europe. It has a long Baltic Sea coastline and is bordered by Belarus, the Czech Republic, Germany, Lithuania, Russia (the Kaliningrad Oblast exclave), Slovakia, and Ukraine.

The first cities in today's Poland, Kalisz and Elbląg. located on the Amber Trail to the Baltic Sea, were mentioned by Roman writers in the first century AD, yet the first Polish settlement in Biskupin dates even further back to the 7th century BC.

Poland became a unified kingdom in the first half of the 10th

century, and officially adopted Catholicism in 966. The first major settlements were Poznań, Gniezno, Giecz, and Ostrów Lednicki. Gniezno was probably the most important city at that time, as the first king's coronation, of Bolesław the Brave, took place there in 1025. A decade later in 1038, the capital was moved to Kraków, where it remained for half a millennium.

Poland experienced its golden age from the 14th till the 16th century, under the reigns of King Casimir the Great and the Jagiellonian dynasty, whose rule extended from the Baltic to the Black and Adriatic



seas. By the 16th century, the Polish-Lithuanian Commonwealth was the largest country in Europe; the country attracted significant numbers of foreign migrants, including Germans, Jews, Armenians and the Dutch, thanks to the freedom of confession guaranteed by the state and the atmosphere of religious tolerance (rather exceptional in Europe at the time of the Holy Inquisition). Under the rule of the Vasa dynasty, the capital moved to Warsaw in 1596 where is till now. Poland was the first country in Europe (and the second in the world, after the United States) to pass a written constitution on 3<sup>rd</sup> May 1791.

In the end of 18th century the country was in political disarray, various sections of Poland were subsequently occupied by neighboring states, including Russia, Prussia and Austria, who coordinated three "partitions" of Poland in 1772, 1793, and 1795. After the last partition and a failed

uprising, Poland ceased to exist as a country for 123 years.

Poland returned to the European map with the end of World War I, officially regaining its independence on 11 November 1918. From the ashes of Europe's fallen empires, the Polish Second Republic became embroiled in violent territorial disputes with other new states, including Czechoslovakia on the south, and Soviet Russia to the east, which it fought a bloody war against between 1919-1921.

World War II officially began with an attack on Poland by Nazi Germany from the west and north, followed by an attack by the Soviet Union from the east. Only a few days prior to the start of WWII, the Soviet Union and Germany had signed a secret pact of non-aggression, which called for the redivision of the newly independent central and eastern European nations. Germany attacked Poland on 1 September 1939, and the Soviet Union invaded on 17 September, effectively starting the fourth partition, causing the Second Republic to cease to exist.

After World War II, Poland was forced to become a socialist republic, adopting a strong pro-Soviet stance. In 1989 in partially-free elections, the communists were finally removed from power. The election was the start of a domino effect of peaceful, anti-communist revolutions across the Eastern Bloc throughout that year.

Nowadays, Poland is a democratic parliamentary republic with a stable, robust economy, a member of NATO since 1999, and the European Union since 2004. Poland's dream of rejoining Europe as an independent nation at peace and in mutual respect of its neighbors' has finally been achieved.





#### INFORMATION ABOUT VOIVODESHIP

Lubusz Voivodeship, or Lubuskie Province (in Polish, województwo lubuskie; <u>German</u>: Woiwodschaft Lebus), is a voivodeship (province) in western Poland.

It was created on January 1, 1999, out of the former Gorzów Wielkopolski and Zielona Góra Voivodeships, pursuant to the Polish local government reforms adopted in 1998. The province's name recalls the historic Lubusz Land, although parts of the voivodeship belong to the historic regions of Silesia, Greater Poland and Lusatia. Until 1945, it mainly formed the Neumark within the Prussian Province of Brandenburg. he functions of regional capital are shared between two cities: Gorzów Wielkopolski and Zielona Góra. Gorzów serves as the seat of the centrally appointed voivode or governor, while Zielona Góra is the seat of the elected regional assembly (sejmik) and the executive elected by that assembly, headed by the marszałek the region is mainly flat, with many lakes and woodlands the south, around Zielona Góra, grapes are cultivated. Lubusz Voivodeship borders West Pomeranian Voivodeship to the north, Greater Poland Voivodeship to the east, Lower Silesian Voivodeship to the south, and Germany (Brandenburg and Saxony) to the west.







#### **NEARBY AIRPORTS**

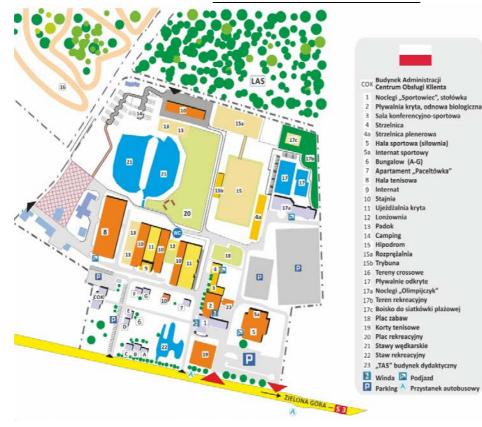
# www.drzonkow.pl







#### **PLAN OF THE RESORT**





- 1 "Sportowiec", catering 2 Swimming pool, Wellness 3 Conference & sport room
- Shooting range
- 4a Shooting range / Pentathlon 5 Sports hall / Power training gym
- 5a Dormitory
  6 Bungalow (A-G)
  7 "Paceltówka"
  8 Tennis hall
  9 Dormitory

- 10 Stable
- 11 Riding stables
- 12 Indoor riding arena 13 Paddock
- 14 Camping
- 15a Warm-up arena
- 15b Stand
- 16 Cross areas
- 17 Swimming pools 17a "Olimpijczyk"

- 17b Parkland 17c Beach volleyball co 18 Playground 19 Tennis court
- 20 Recreation & picnic square
- 21 Fishing pond 22 Pond
- 23 "TAS" building teaching
- E Lift
  - Drive









# **ACCOMODATION**

- HOTEL "SPORTOWIEC" - 57 beds





- HOTEL,,OLIMPIJCZYK" - 54 beds











#### **GENERAL INFORMATION**

One of the main goals of CISM is peace through sport the aim of which is to create friendly relations between members of the Armed Forces. It is a strong motive and a great opportunity to increase contacts among military sportsmen and sportswomen within CISM, due to the power of sport to bring about positive social change.

Sport has historically played an important role on peace building process. CISM is the sole organization able to bring together militaries from all nations to share experiences in sports fields, instead of battle. This underlines the importance of CISM's outreach to, and linking up with other international organizations.

The motto of CISM "Friendship through Sport" has always been the leading force of CISM, as the development of "friendly relations between the Armed Forces of member nations". In fact, the notion has a much wider meaning, as soldiers, who have lived through the experience of friendship with their "supposed opponents on the battle-field", are nurturing the best memories and are bringing along this experience in their future occupation, be it a military career or a civilian one.

Nowadays CISM is working towards several activities in behalf of peace and sport, like CISM Day Run for Peace, CISM Futsal Cup for Peace, CISM Judo East Tournament, and others.

Do you have a good idea for a Sport for Peace project? Let's talk about it!







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POLICE	997	112				
CISM BAR						
THE CISM-BAR OPENS DAILY BETWEEN	10.00 – 22.00					
NEARBY BANK						
BANK MILLENNIUM, WROCŁAWSKA 17, 65 - 427 ZIELONA GÓRA						
Local shops do not accept foreign currency, PLN only and credit card!						
WIFI						
NETWORK: CISM2017						
KEY:UIPM2017						
ADRESS						
REGIONAL SPORTS AND RECREATION CENTRE IN DRZONKÓW 66-004 Racula, ul. Olimpijska 20 tel. +48 (68) 321 43 12/77, fax +48 (68) 321 43 71						
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